### Local Health Department Tobacco Cessation Survey, 2005

**Fleming**

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
<th>Kentucky number</th>
<th>Kentucky %</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>Are you or other health department staff involved in providing tobacco cessation programs?</td>
<td>Yes</td>
<td>No</td>
<td>55</td>
<td>98.2</td>
<td>56</td>
</tr>
<tr>
<td>What cessation programs do you provide?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1) Fresh Start (American Cancer Society)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>How effective has this program been in helping smokers quit?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Very effective</td>
<td>0</td>
<td>0.0</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Somewhat effective</td>
<td>2</td>
<td>100.0</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Not at all effective</td>
<td>0</td>
<td>0.0</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>How effective has this program been in reaching or recruiting smokers to participate in the program?</td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Very effective</td>
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<td></td>
</tr>
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<td>100.0</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Not at all effective</td>
<td>0</td>
<td>0.0</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>How practical is it for your health department to administer the program?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Very practical</td>
<td>0</td>
<td>0.0</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Somewhat practical</td>
<td>1</td>
<td>50.0</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Not practical at all</td>
<td>1</td>
<td>50.0</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2) Freedom From Smoking (American Lung Association)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>How effective has this program been in helping smokers quit?</td>
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<td></td>
<td></td>
</tr>
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<td></td>
</tr>
<tr>
<td>Somewhat effective</td>
<td>0</td>
<td>0.0</td>
<td>0</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Not at all effective</td>
<td>0</td>
<td>0.0</td>
<td>0</td>
<td></td>
<td></td>
</tr>
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<td>How effective has this program been in reaching or recruiting smokers to participate in the program?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Very effective</td>
<td>0</td>
<td>0.0</td>
<td>0</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Somewhat effective</td>
<td>0</td>
<td>0.0</td>
<td>0</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Not at all effective</td>
<td>0</td>
<td>0.0</td>
<td>0</td>
<td></td>
<td></td>
</tr>
<tr>
<td>How practical is it for your health department to administer the program?</td>
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<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Very practical</td>
<td>0</td>
<td>0.0</td>
<td>0</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Somewhat practical</td>
<td>0</td>
<td>0.0</td>
<td>0</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Not practical at all</td>
<td>0</td>
<td>0.0</td>
<td>0</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*N represents the number of counties/districts that responded to the question.
<table>
<thead>
<tr>
<th>Program</th>
<th>Fleming</th>
<th>Kentucky</th>
</tr>
</thead>
<tbody>
<tr>
<td>3) Cooper Clayton Method to Stop Smoking</td>
<td>Yes</td>
<td>53</td>
</tr>
<tr>
<td>How effective has this program been in helping</td>
<td></td>
<td>96.4</td>
</tr>
<tr>
<td>smokers quit?</td>
<td></td>
<td>55</td>
</tr>
<tr>
<td>- Somewhat effective</td>
<td>22</td>
<td>42.3</td>
</tr>
<tr>
<td>- Not at all effective</td>
<td>1</td>
<td>1.9</td>
</tr>
<tr>
<td>How effective has this program been in reaching</td>
<td></td>
<td>52</td>
</tr>
<tr>
<td>or recruiting smokers to participate in the</td>
<td></td>
<td></td>
</tr>
<tr>
<td>program?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Very effective</td>
<td>22</td>
<td>42.3</td>
</tr>
<tr>
<td>- Not at all effective</td>
<td>1</td>
<td>1.9</td>
</tr>
<tr>
<td>How practical is it for your health department</td>
<td></td>
<td>52</td>
</tr>
<tr>
<td>to administer the program?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Very practical</td>
<td>33</td>
<td>63.5</td>
</tr>
<tr>
<td>- Not practical at all</td>
<td>0</td>
<td>0.0</td>
</tr>
</tbody>
</table>

| 4) Make Yours a Fresh Start Family (American     | No      | 44       |
| Cancer Society)                                  |         | 80.0     |
| How effective has this program been in helping   |         | 43       |
| smokers quit?                                    |         |          |
| - Very effective                                 | 3       | 7.0      |
| - Not at all effective                           | 10      | 23.3     |
| How effective has this program been in reaching  |         | 43       |
| or recruiting smokers to participate in the      |         |          |
| program?                                         |         |          |
| - Very effective                                 | 6       | 14.0     |
| - Not at all effective                           | 10      | 23.3     |
| How practical is it for your health department |         | 43       |
| to administer the program?                       |         |          |
| - Very practical                                 | 19      | 44.2     |
| - Not practical at all                           | 3       | 7.0      |

| 5) Quit and Win                                  | No      | 5        |
| How effective has this program been in helping   |         | 5        |
| smokers quit?                                    |         |          |
| - Very effective                                 | 1       | 20.0     |
| - Not at all effective                           | 1       | 20.0     |
| How effective has this program been in reaching  |         | 5        |
| or recruiting smokers to participate in the      |         |          |
| program?                                         |         |          |
| - Very effective                                 | 1       | 20.0     |
| - Not at all effective                           | 1       | 20.0     |
### How practical is it for your health department to administer the program?

<table>
<thead>
<tr>
<th>Fleming</th>
<th>Kentucky</th>
</tr>
</thead>
<tbody>
<tr>
<td>number</td>
<td>%</td>
</tr>
<tr>
<td>Very practical</td>
<td>1</td>
</tr>
<tr>
<td>Somewhat practical</td>
<td>3</td>
</tr>
<tr>
<td>Not practical at all</td>
<td>1</td>
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</tbody>
</table>

### 6) TEG / TAP

**No**

<table>
<thead>
<tr>
<th>Fleming</th>
<th>Kentucky</th>
</tr>
</thead>
<tbody>
<tr>
<td>number</td>
<td>%</td>
</tr>
<tr>
<td>Very effective</td>
<td>4</td>
</tr>
<tr>
<td>Somewhat effective</td>
<td>24</td>
</tr>
<tr>
<td>Not at all effective</td>
<td>5</td>
</tr>
</tbody>
</table>

**How effective has this program been in helping smokers quit?**

<table>
<thead>
<tr>
<th>Fleming</th>
<th>Kentucky</th>
</tr>
</thead>
<tbody>
<tr>
<td>number</td>
<td>%</td>
</tr>
<tr>
<td>Very effective</td>
<td>10</td>
</tr>
<tr>
<td>Somewhat effective</td>
<td>19</td>
</tr>
<tr>
<td>Not at all effective</td>
<td>3</td>
</tr>
</tbody>
</table>

**How effective has this program been in reaching or recruiting smokers to participate in the program?**

<table>
<thead>
<tr>
<th>Fleming</th>
<th>Kentucky</th>
</tr>
</thead>
<tbody>
<tr>
<td>number</td>
<td>%</td>
</tr>
<tr>
<td>Very effective</td>
<td>14</td>
</tr>
<tr>
<td>Somewhat practical</td>
<td>14</td>
</tr>
<tr>
<td>Not practical at all</td>
<td>4</td>
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</tbody>
</table>

### 7) N.O.T. / N.O.T. ATS

**No**

<table>
<thead>
<tr>
<th>Fleming</th>
<th>Kentucky</th>
</tr>
</thead>
<tbody>
<tr>
<td>number</td>
<td>%</td>
</tr>
<tr>
<td>Very effective</td>
<td>1</td>
</tr>
<tr>
<td>Somewhat effective</td>
<td>1</td>
</tr>
<tr>
<td>Not at all effective</td>
<td>1</td>
</tr>
</tbody>
</table>

**How effective has this program been in helping smokers quit?**

<table>
<thead>
<tr>
<th>Fleming</th>
<th>Kentucky</th>
</tr>
</thead>
<tbody>
<tr>
<td>number</td>
<td>%</td>
</tr>
<tr>
<td>Very effective</td>
<td>2</td>
</tr>
<tr>
<td>Somewhat effective</td>
<td>1</td>
</tr>
<tr>
<td>Not at all effective</td>
<td>0</td>
</tr>
</tbody>
</table>

### How practical is it for your health department to administer the program?**

<table>
<thead>
<tr>
<th>Fleming</th>
<th>Kentucky</th>
</tr>
</thead>
<tbody>
<tr>
<td>number</td>
<td>%</td>
</tr>
<tr>
<td>Very practical</td>
<td>2</td>
</tr>
<tr>
<td>Somewhat practical</td>
<td>1</td>
</tr>
<tr>
<td>Not practical at all</td>
<td>0</td>
</tr>
</tbody>
</table>

#### 1B. How many tobacco cessation programs were offered in the last year?

<table>
<thead>
<tr>
<th>Fleming</th>
<th>Kentucky</th>
</tr>
</thead>
<tbody>
<tr>
<td>number</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>407.0</td>
</tr>
</tbody>
</table>

#### 1C. How many patients / clients participated in the tobacco cessation programs within the last year?

<table>
<thead>
<tr>
<th>Fleming</th>
<th>Kentucky</th>
</tr>
</thead>
<tbody>
<tr>
<td>number</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>5436.0</td>
</tr>
</tbody>
</table>

#### 1D. How many patients / clients completed the tobacco cessation programs within the last year?

<table>
<thead>
<tr>
<th>Fleming</th>
<th>Kentucky</th>
</tr>
</thead>
<tbody>
<tr>
<td>number</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>3376.0</td>
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</tbody>
</table>
1E. What is the title of health department staff providing cessation programs?

<table>
<thead>
<tr>
<th>Title</th>
<th>Fleming number</th>
<th>Kentucky %</th>
<th>*N</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) Health Educator</td>
<td>Yes 38</td>
<td>69.1</td>
<td>55</td>
</tr>
<tr>
<td>b) Nurse</td>
<td>No 33</td>
<td>60.0</td>
<td>55</td>
</tr>
<tr>
<td>c) Social Worker</td>
<td>No 3</td>
<td>5.5</td>
<td>55</td>
</tr>
<tr>
<td>d) Physician</td>
<td>No 0</td>
<td>0.0</td>
<td>55</td>
</tr>
<tr>
<td>e) Other</td>
<td>No 9</td>
<td>16.4</td>
<td>55</td>
</tr>
</tbody>
</table>

2. On average how many requests for tobacco cessation does your health department receive per month?

<table>
<thead>
<tr>
<th>Requests</th>
<th>Fleming total</th>
<th>Kentucky Mean</th>
<th>SD</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>5</td>
<td>13.7</td>
<td>22.2</td>
</tr>
</tbody>
</table>

3. Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area?

<table>
<thead>
<tr>
<th>Yes - Cooper-Clayton Method</th>
<th>Fleming total</th>
<th>Kentucky Mean</th>
<th>SD</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>55</td>
<td>100.0</td>
<td>55</td>
</tr>
</tbody>
</table>

If yes, how many people in your area are trained to provide Cooper-Clayton?

<table>
<thead>
<tr>
<th>People</th>
<th>Fleming total</th>
<th>Kentucky Mean</th>
<th>SD</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2</td>
<td>6.6</td>
<td>8.6</td>
</tr>
</tbody>
</table>

4. How do you promote the tobacco cessation programs in your area?

<table>
<thead>
<tr>
<th>Promotion Method</th>
<th>Fleming number</th>
<th>Kentucky %</th>
<th>*N</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) Word of mouth</td>
<td>Yes 53</td>
<td>96.4</td>
<td>55</td>
</tr>
<tr>
<td>b) Flyers / brochures</td>
<td>Yes 52</td>
<td>94.5</td>
<td>55</td>
</tr>
<tr>
<td>c) Newspaper</td>
<td>Yes 51</td>
<td>92.7</td>
<td>55</td>
</tr>
<tr>
<td>d) Radio</td>
<td>No 36</td>
<td>65.5</td>
<td>55</td>
</tr>
<tr>
<td>e) Television</td>
<td>No 16</td>
<td>29.1</td>
<td>55</td>
</tr>
<tr>
<td>f) Church or community bulletins</td>
<td>No 36</td>
<td>65.5</td>
<td>55</td>
</tr>
<tr>
<td>g) No promotions</td>
<td>No 0</td>
<td>0.0</td>
<td>55</td>
</tr>
<tr>
<td>h) Other</td>
<td>No 4</td>
<td>7.3</td>
<td>55</td>
</tr>
</tbody>
</table>
5. Approximately how much money have you spent in the past year promoting your cessation programs through the radio, newspaper, or television?

- Fleming: $600.00
- Kentucky: Total = $73,100.00, Mean = $1462.00, SD = $4518.52

6. Within the past year has your health department provided educational programs on tobacco cessation for health care providers?

- Fleming: No
- Kentucky: n = 18, % = 32.7, N = 55

   a) If yes, how many programs were provided?

   - Fleming: Total = 46.0
   - Kentucky: Mean = 2.6, SD = 2.2

7. Does your health department have a tobacco user identification system?

- Fleming: Yes
- Kentucky: n = 49, % = 89.1, N = 55

   If yes, is the tobacco user identification system used for every patient at every clinic visit?

- Fleming: Yes
- Kentucky: n = 45, % = 91.8, N = 49

8. What kind of educational methods are used for tobacco cessation in your health department?

   a) Formal group classes
   - Fleming: Yes
   - Kentucky: n = 53, % = 96.4, N = 55

   b) Individual counseling
   - Fleming: No
   - Kentucky: n = 52, % = 94.5, N = 55

   c) Audio-visual materials
   - Fleming: Yes
   - Kentucky: n = 44, % = 80.0, N = 55

   d) Printed materials
   - Fleming: Yes
   - Kentucky: n = 55, % = 100.0, N = 55

   e) Posters
   - Fleming: Yes
   - Kentucky: n = 54, % = 98.2, N = 55

   f) Other
   - Fleming: No
   - Kentucky: n = 1, % = 1.8, N = 55

9. Does your clinic have self-help materials for tobacco use cessation available in every exam room?

- Fleming: Yes
- Kentucky: n = 47, % = 87.0, N = 54

10. Are materials on secondhand smoke available in every exam room?

- Fleming: Yes
- Kentucky: n = 48, % = 88.9, N = 54

11. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?

- Fleming: Yes
- Kentucky: n = 55, % = 100.0, N = 55

12. Do your health care providers routinely advise patients to ban smoking in the home?

- Fleming: Yes
- Kentucky: n = 54, % = 98.2, N = 55

7/21/2006
<table>
<thead>
<tr>
<th>Question</th>
<th>Fleming</th>
<th>Kentucky</th>
<th>Number</th>
<th>%</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>13. Do your health care providers routinely advise patients to ban smoking in the cars?</td>
<td>Yes</td>
<td></td>
<td>53</td>
<td>96.4</td>
<td>55</td>
</tr>
<tr>
<td>14. Do your health care providers routinely provide brief cessation interventions using the 5 A’s?</td>
<td>Yes</td>
<td></td>
<td>44</td>
<td>80.0</td>
<td>55</td>
</tr>
<tr>
<td>15. Do your providers routinely refer tobacco users who want to quit to a counselor or program available in the community for tobacco use cessation treatment?</td>
<td>Yes</td>
<td></td>
<td>55</td>
<td>100.0</td>
<td>55</td>
</tr>
<tr>
<td>To what person or program do they refer?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>a) National Cancer Institutes Cancer Information Service Smoking Cessation Call Center</td>
<td>No</td>
<td></td>
<td>5</td>
<td>9.1</td>
<td>55</td>
</tr>
<tr>
<td>b) Cooper Clayton Group Program</td>
<td>Yes</td>
<td></td>
<td>39</td>
<td>70.9</td>
<td>55</td>
</tr>
<tr>
<td>c) Cooper Clayton Self-Help Program</td>
<td>No</td>
<td></td>
<td>4</td>
<td>7.3</td>
<td>55</td>
</tr>
<tr>
<td>d) Tobacco Control Coordinator</td>
<td>No</td>
<td></td>
<td>20</td>
<td>36.4</td>
<td>55</td>
</tr>
<tr>
<td>e) Health Educator</td>
<td>No</td>
<td></td>
<td>12</td>
<td>21.8</td>
<td>55</td>
</tr>
<tr>
<td>f) Community Health Nurse</td>
<td>No</td>
<td></td>
<td>1</td>
<td>1.8</td>
<td>55</td>
</tr>
<tr>
<td>g) Nutritionist</td>
<td>No</td>
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<td>0.0</td>
<td>55</td>
</tr>
<tr>
<td>h) Other</td>
<td>No</td>
<td></td>
<td>5</td>
<td>9.1</td>
<td>55</td>
</tr>
<tr>
<td>16. Do your healthcare providers routinely discuss relapse with former smokers within 12 months after quitting?</td>
<td>No</td>
<td></td>
<td>38</td>
<td>70.4</td>
<td>54</td>
</tr>
<tr>
<td>17. Does your employee health plan at your health department reimburse for tobacco use cessation treatment?</td>
<td>Yes</td>
<td></td>
<td>23</td>
<td>43.4</td>
<td>53</td>
</tr>
</tbody>
</table>
How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?

<table>
<thead>
<tr>
<th>Medication</th>
<th>Fleming</th>
<th>Kentucky</th>
</tr>
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<tbody>
<tr>
<td>18. Nicotine gum</td>
<td>1\n1=Never 16 29.6 54</td>
<td>2 15 27.8 54</td>
</tr>
<tr>
<td></td>
<td>3 13 24.1 54</td>
<td>4 2 3.7 54</td>
</tr>
<tr>
<td></td>
<td>5=Very often 8 14.8 54</td>
<td>1=Never 13 24.1 54</td>
</tr>
<tr>
<td></td>
<td>2 4 7.4 54</td>
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<td>Kentucky</td>
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<td><strong>23. Bupropion (Wellbutrin, Zyban)</strong></td>
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<td><strong>24. Clonidine</strong></td>
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<td><strong>25. Nortriptyline</strong></td>
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<tr>
<td>5=Very often</td>
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Please indicate how strongly you agree or disagree with the following statements.

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<th>Statement</th>
<th>Fleming</th>
<th>Kentucky</th>
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<tr>
<td><strong>26. We have enough staff to provide tobacco cessation programs.</strong></td>
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<td>Disagree</td>
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<td>Agree</td>
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<td>54.5</td>
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<tr>
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<tr>
<td><strong>27. Our staff is not trained to provide tobacco cessation.</strong></td>
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<td>50.9</td>
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<tr>
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<tr>
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<td><strong>28. We are too busy to provide tobacco cessation.</strong></td>
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<tr>
<td>Disagree</td>
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<tr>
<td>Agree</td>
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<td><strong>29. We have few requests for tobacco cessation programs.</strong></td>
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<tr>
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<td>45.5</td>
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<tr>
<td>Agree</td>
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<tr>
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30. Tobacco cessation programs are too expensive.

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<th>Kentucky</th>
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<tr>
<td>Strongly disagree</td>
<td>10  18.5  54</td>
</tr>
<tr>
<td>Disagree</td>
<td>36  66.7  54</td>
</tr>
<tr>
<td>Agree</td>
<td>6   11.1  54</td>
</tr>
<tr>
<td>Strongly agree</td>
<td>2   3.7   54</td>
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</tbody>
</table>

31. Tobacco cessation programs are effective.

<table>
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<th>Fleming</th>
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<tr>
<td>Disagree</td>
<td>2   3.6   55</td>
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<tr>
<td>Agree</td>
<td>39  70.9  55</td>
</tr>
<tr>
<td>Strongly agree</td>
<td>14  25.5  55</td>
</tr>
</tbody>
</table>

*This report was prepared through a contract between the Kentucky Cabinet for Health and Family Services and the University of Kentucky College of Nursing*

For more information, contact:
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Professor
University of Kentucky
College of Nursing
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