

The Kentucky Department for Public Health  
 University of Kentucky College of Nursing  
 Local Health Department Tobacco Cessation Survey, 2008

|   | Gateway |              | number      | Kentucky*<br>% | N  |
|---|---------|--------------|-------------|----------------|----|
| 1A. Are you or other health department staff involved in providing tobacco cessation programs?            | Yes     |              | 54          | 96.4%          | 56 |
| What cessation programs do you provide?   |         |              |             |                |    |
| 1A1. Cooper-Clayton Method to Stop Smoking  | Yes     |              | 53          | 98.1%          | 54 |
| a. How many programs were offered in the last year?   | 6       | Total = 281  | Mean = 5.4  | SD = 5.9       |    |
| b. How many individuals participated in the last fiscal year?   | 27      | Total = 2443 | Mean = 48.9 | SD = 48        |    |
| c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? | 0       | Total = 1069 | Mean = 21.4 | SD = 34.7      |    |
| 1A2. Freedom From Smoking   | No      |              | 0           | 0.0%           | 54 |
| a. How many programs were offered in the last year?   |         | Total = 0    | Mean = 0.0  | SD = 0.0       |    |
| b. How many individuals participated in the last fiscal year?   |         | Total = 0    | Mean = 0.0  | SD = 0.0       |    |
| c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? |         | Total = 0    | Mean = 0.0  | SD = 0.0       |    |
| 1A3. Fresh Start  | No      |              | 3           | 5.6%           | 54 |
| a. How many programs were offered in the last year?   |         | Total = 0    | Mean = 0    | SD = 0         |    |
| b. How many individuals participated in the last fiscal year?   |         | Total = 0    | Mean = 0    | SD = 0         |    |
| c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? |         | Total = 0    | Mean = 0    | SD = 0         |    |
| 1A4. Make Yours a Fresh Start Family  | Yes     |              | 36          | 66.7%          | 54 |
| a. How many individuals participated in the last fiscal year?   |         | Total = 3220 | Mean = 322  | SD = 636.9     |    |
| b. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? |         | Total = 223  | Mean = 31.9 | SD = 33.4      |    |

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| 1A5. Not on Tobacco (N.O.T.)  | No      |         | 4      | 7.7%           | 52        |
| a. How many programs were offered in the last year?   |         | Total = | 3      | Mean = 0.8     | SD = 1.0  |
| b. How many individuals participated in the last fiscal year?   |         | Total = | 22     | Mean = 5.5     | SD = 8    |
| c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? |         | Total = | 17     | Mean = 4.3     | SD = 5.7  |
| 1A6. Quit and Win   | No      |         | 1      | 1.9%           | 53        |
| a. How many programs were offered in the last year?   |         | Total = | 1      | Mean = 1       | SD = 0    |
| b. How many individuals participated in the last fiscal year?   |         | Total = | 20     | Mean = 20      | SD = 0    |
| c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? |         | Total = | 10     | Mean = 10      | SD = 0    |
| 1A7. TEG/TAP  | Yes     |         | 34     | 64.2%          | 53        |
| a. How many programs were offered in the last year?   | 1       | Total = | 221    | Mean = 7.4     | SD = 21   |
| b. How many individuals participated in the last fiscal year?   | 6       | Total = | 1152   | Mean = 42.7    | SD = 69.4 |
| c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? |         | Total = | 119    | Mean = 6       | SD = 11.4 |
| 1A8. Other Programs   | No      |         | 13     | 24.5%          | 53        |
| a. How many programs were offered in the last year?   |         | Total = | 186    | Mean = 18.6    | SD = 46.4 |
| b. How many individuals participated in the last fiscal year?   |         | Total = | 4303   | Mean = 478.1   | SD = 1230 |
| c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? |         | Total = | 77     | Mean = 12.8    | SD = 15.2 |

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| 1B. What is the job classification of health department staff providing cessation programs?  |         |         |        |                |           |
| 1B1. Health Educator   | No      |         | 43     | 76.8%          | 56        |
| 1B2. Nurse   | Yes     |         | 31     | 55.4%          | 56        |
| 1B3. Social Worker   | No      |         | 9      | 16.1%          | 56        |
| 1B4. Physician   | No      |         | 0      | 0.0%           | 56        |
| 1B5. Program Coordinator/Specialist/Director   | No      |         | 20     | 35.7%          | 56        |
| 1B6. Dietician/Nutritionist  | No      |         | 12     | 21.4%          | 56        |
| 1B7. Other   | Yes     |         | 11     | 19.6%          | 56        |
| 2. On average, how many requests for tobacco cessation does your health department receive per month?                                      | 15      | Total = | 1179   | Mean = 21.8    | SD = 47.9 |
| 3. If Cooper-Clayton programs have been provided in your service area, how many people in your area are trained to provide Cooper-Clayton? | 30      | Total = | 402    | Mean = 7.6     | SD = 10.4 |
| 4. How do you promote tobacco cessation programs in your area?   |         |         |        |                |           |
| 4a. Word of Mouth  | Yes     |         | 54     | 96.4%          | 56        |
| 4b. Flyers/Brochures   | Yes     |         | 52     | 92.9%          | 56        |
| 4c. Newspaper  | Yes     |         | 54     | 96.4%          | 56        |
| 4d. Radio  | Yes     |         | 36     | 64.3%          | 56        |
| 4e. Television   | No      |         | 17     | 30.4%          | 56        |
| 4f. Church or Community Bulletins  | No      |         | 33     | 58.9%          | 56        |
| 4g. Health Fairs/Career Fairs  | Yes     |         | 51     | 91.1%          | 56        |
| 4h. Website  | No      |         | 32     | 57.1%          | 56        |
| 4i. Billboards/Signs   | No      |         | 12     | 21.4%          | 56        |

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| 4j. No promotions   | No      |                     | 1                 | 1.8%            | 56 |
| 4k. Other promotions  | No      |                     | 20                | 35.7%           | 56 |
| 5. Approximately how much money have you spent in the past year promoting your cessation programs through the radio, newspaper and/or television? | \$0.00  | Total = \$68,819.00 | Mean = \$1,298.50 | SD = \$2,571.10 |    |
| 6. Within the past year, how have you promoted the Kentucky Quit Line (1-800-QUIT-NOW)?   |         |                     |                   |                 |    |
| 6a. Distributed brochures/fliers  | Yes     |                     | 53                | 94.6%           | 56 |
| 6b. Distributed Quit Line prescription pads   | Yes     |                     | 44                | 78.6%           | 56 |
| 6c. Paid advertising  | No      |                     | 12                | 21.4%           | 56 |
| 6d. Earned (unpaid) media   | Yes     |                     | 27                | 48.2%           | 56 |
| 6e. Cooper-Clayton or other program   | Yes     |                     | 42                | 75.0%           | 56 |
| 6f. Hospitals/Clinic  | No      |                     | 44                | 78.6%           | 56 |
| 6g. Health Fairs  | Yes     |                     | 46                | 82.1%           | 56 |
| 6h. Other   | No      |                     | 22                | 39.3%           | 56 |
| 7. Within the past year, has your health department provided education programs on tobacco cessation for health care providers?                   | No      |                     | 18                | 32.1%           | 56 |
| 7a. If yes, how many programs were provided   |         | Total = 33          | Mean = 1.8        | SD = 1.1        |    |
| 8. Does your health department have a tobacco user identification system?   | No      |                     | 47                | 83.9%           | 56 |
| 8a. If yes, is the tobacco user identification system used for every patient at every clinic visit?   |         |                     | 46                | 97.9%           | 47 |

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| 9. Does your health department provide individual counseling for tobacco users who want to quit?  | Yes     | 49     | 87.5%          | 56 |
| 9a. If yes, is the counseling typically:  |         |        |                |    |
| Brief intervention (3-5 minutes)  | Yes     | 30     | 61.2%          | 49 |
| Intermediate (6-10 minutes)   | No      | 9      | 18.4%          | 49 |
| Intensive (>10 minutes)   | No      | 10     | 20.4%          | 49 |
| Don't know  | No      | 1      | 2.0%           | 49 |
| 10. Are all indoor areas, including offices at your health department, smoke free?  | Yes     | 56     | 100.0%         | 56 |
| 11. Are your health care providers aware that Medicaid reimburses for smoking cessation counseling and support programs for pregnant women? | Yes     | 45     | 80.4%          | 56 |
| 11a. If yes, are you using diagnosis and CPT codes to bill Medicaid for smoking cessation?  | No      | 28     | 63.6%          | 44 |
| 12. Does your clinic have self-help materials for tobacco use cessation available in every exam room?                                       | Yes     | 51     | 91.1%          | 56 |
| 13. Are materials on secondhand smoke available in every exam room?   | Yes     | 49     | 87.5%          | 56 |
| 14. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?                                       | Yes     | 55     | 98.2%          | 56 |
| 15. Do your health care providers routinely advise patients to ban smoking in the home?   | Yes     | 54     | 96.4%          | 56 |
| 16. Do your health care providers routinely advise patients to ban smoking in their cars?   | Yes     | 51     | 91.1%          | 56 |

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| 17. Do your health care providers routine provide brief cessation interventions using the 5 A's?                 | Yes     | 46     | 82.1%          | 56 |
| 18. Do your providers routinely refer tobacco users who want to quit to a counselor or program available?        | Yes     | 56     | 100.0%         | 56 |
| 18a. To what person or program do they refer?  |         |        |                |    |
| 18a1. Kentucky's Tobacco Quit Line   | Yes     | 50     | 89.3%          | 56 |
| 18a2. Cooper-Clayton Group Program   | Yes     | 51     | 91.1%          | 56 |
| 18a3. Cooper-Clayton Self-Help Program   | Yes     | 14     | 25.0%          | 56 |
| 18a4. Tobacco Control Coordinator or Specialist  | Yes     | 49     | 87.5%          | 56 |
| 18a5. Health Educator  | No      | 47     | 83.9%          | 56 |
| 18a6. Community Health Nurse   | Yes     | 25     | 44.6%          | 56 |
| 18a7. Nutritionist   | No      | 17     | 30.4%          | 56 |
| 18a8. Health Care Provider/Hospital  | Yes     | 22     | 39.3%          | 56 |
| 18a9. Other  | No      | 6      | 10.7%          | 56 |
| 19. Do your health care providers routinely discuss relapse with former smokers within 12 months after quitting? | No      | 37     | 66.1%          | 56 |
| 20. Does your employee health plan at your health department reimburse for tobacco use cessation treatment?      | Yes     | 43     | 78.2%          | 55 |
| 20a. If yes, does the plan cover:  |         |        |                |    |
| 20a1. Nicotine Replacement Therapy (NRT)   | Yes     | 41     | 93.2%          | 44 |
| 20a2. Other medications  | Yes     | 31     | 70.5%          | 44 |
| 20a3. Classes or counseling for cessation  | No      | 11     | 25.0%          | 44 |

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Kentucky\*

How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?

|                                      |   | 1 = Never |    | 2    |     | 3    |     | 4    |     | 5 = Very often |     | N  |
|--------------------------------------|---|-----------|----|------|-----|------|-----|------|-----|----------------|-----|----|
|                                      |   | n         | %  | n    | %   | n    | %   | n    | %   | n              | %   |    |
| 21. Nicotine Gum                     | 4 | 30.4      | 17 | 26.8 | 15  | 26.8 | 15  | 8.9  | 5   | 7.1            | 4   | 56 |
| 22. Nicotine Patch                   | 5 | 16.1      | 9  | 7.1  | 4   | 1.8  | 1   | 25   | 14  | 50             | 28  | 56 |
| 23. Nicotine Spray                   | 1 | 69.6      | 39 | 17.9 | 10  | 8.9  | 5   | 1.8  | 1.0 | 1.8            | 1   | 56 |
| 24. Nicotine Inhaler                 | 1 | 66.1      | 37 | 25   | 14  | 5.4  | 3   | 0    | 0   | 3.6            | 2   | 56 |
| 25. Nicotine Lozenges                | 4 | 35.7      | 20 | 23.2 | 13  | 23.2 | 13  | 12.5 | 7   | 5.4            | 3   | 56 |
| 26. Bupropion<br>(Wellbutrin, Zyban) | 3 | 33.9      | 19 | 23.2 | 13  | 26.8 | 15  | 10.7 | 6   | 5.4            | 3   | 56 |
| 27. Varenicline (Chantix)            | 4 | 23.2      | 13 | 14.3 | 8   | 17.9 | 10  | 23.2 | 13  | 21.4           | 12  | 56 |
| 28. Other Medications                | 1 | 96.3      | 52 | 1.9  | 1.0 | 1.9  | 1.0 | 0    | 0.0 | 0              | 0.0 | 54 |

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