

The Kentucky Department for Public Health
 University of Kentucky College of Nursing
Local Health Department Tobacco Cessation Survey, 2002

Kentucky (N=54)*

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| 1. | Are you or other health department staff involved in providing tobacco cessation programs? | 54 (100.0%) Yes |
| 2. | If "Yes," what programs do you provide? | |
| | a. Fresh Start (American Cancer Society) | 11 (20.4%) Yes |
| | b. Freedom from Smoking (American Lung Association) | 1 (1.9%) Yes |
| | c. Cooper-Clayton Method to Stop Smoking | 50 (92.6%) Yes |
| | d. Make Yours a Fresh Start Family (American Cancer Society) | 37 (68.5%) Yes |
| | e. Quit and Win | 31 (57.4%) Yes |
| 3. | If "Yes," how many tobacco cessation programs were offered within the last year? (Entire programs, not individual classes) | Total Programs = 250 Mean = 4.7 (<u>SD</u> = 3.5) |
| 4. | If "Yes," how many clients/patients participated in tobacco cessation programs within the last year? | Total Clients/Patients = 3540 Mean = 72.4 (<u>SD</u> = 79.1) |
| 5. | If "Yes," how many clients/patients completed tobacco cessation programs within the last year? | Total Clients/Patients = 2116 Mean = 41.5 (<u>SD</u> = 65.7) (59.8% Completion Rate) |
| 6. | If "Yes," what is the job title of health department staff providing tobacco cessation (Check all that apply)? | |
| | a. Health Educator | 34 (63.0%) Yes |
| | b. Nurse | 36 (66.7%) Yes |
| | c. Social Worker | 5 (9.3%) Yes |
| | d. Physician | 3 (5.6%) Yes |
| 7. | On average, how many requests for tobacco cessation does your health department receive per month? | Total Requests = 421 Mean = 8.0 (<u>SD</u> = 14.3) |

* Participation rate = 98.2%

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| 8. | According to our records, ___ people in your area participated in the Quit & Win Tobacco-Free Contest. To the best of your knowledge, about how many people involved in your cessation programs also participated in Quit and Win? | Total People = 114 Mean = 4.4 (<u>SD</u> = 11.3) |
| 9. | Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area? | 50 (92.6%) Yes |
| 10. | If “Yes,” how many people in your service area are trained to provide Cooper-Clayton programs? | Total People = 254 Mean = 5.1 (<u>SD</u> = 8.2) |
| 11. | Within the past year, has your health department provided education programs on tobacco cessation for health care providers? | 30 (57.7%) Yes |
| 12. | If “Yes,” about how many programs did you provide? | Total Programs = 76 Mean = 2.6 (<u>SD</u> = 2.8) |
| 13. | Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)? | 45 (84.9%) Yes |
| 14. | If “Yes,” is the tobacco-user identification system used for every patient at every clinic visit? | 38 (82.6%) Yes |
| 15. | What kinds of educational methods are used for tobacco use cessation in your health department? | |
| a. | Formal group classes | 45 (83.3%) Yes |
| b. | Individual counseling | 52 (96.3%) Yes |
| c. | Audio-visual materials | 47 (87.0%) Yes |
| d. | Printed materials | 54 (100.0%) Yes |
| e. | Posters | 48 (88.9%) Yes |
| 16. | Does your clinic have self-help materials for tobacco use cessation available in every exam room? | 38 (70.4%) Yes |

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| 17. | Are materials on secondhand smoke available in every exam room? | 32 (62.8%) | Yes |
| 18. | Do your health care providers routinely ask patients about secondhand smoke exposure in the home? | 46 (85.2%) | Yes |
| 19. | Do your health care providers routinely advise patients to ban smoking in the home? | 44 (84.6%) | Yes |
| 20. | Do you health care providers routinely advise patients to ban smoking in their cars? | 34 (69.4%) | Yes |
| 21. | Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco cessation treatment? | 52 (98.1%) | Yes |
| 22. | Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling) | 20 (42.6%) | Yes |
| 23. | How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation? | | |
| | a. Nicotine Gum | 1= Never | 13.2% |
| | | 2= | 32.1% |
| | | 3= | 37.7% |
| | | 4= | 9.4% |
| | | 5= Very Often | 7.5% |
| | b. Nicotine Patch | 1= Never | 7.5% |
| | | 2= | 26.4% |
| | | 3= | 34.0% |
| | | 4= | 13.2% |
| | | 5= Very Often | 18.9% |
| | c. Nicotine Nasal Spray | 1= Never | 62.3% |
| | | 2= | 20.8% |
| | | 3= | 17.0% |
| | | 4= | 0.0% |
| | | 5= Very Often | 0.0% |

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| d. Nicotine Inhaler | 1= Never | 60.4% |
| | 2= | 28.3% |
| | 3= | 11.3% |
| | 4= | 0.0% |
| | 5= Very Often | 0.0% |
| e. Bupropion (Wellbutrin, Zyban) | 1= Never | 35.8% |
| | 2= | 26.4% |
| | 3= | 22.6% |
| | 4= | 11.3% |
| | 5= Very Often | 3.8% |
| f. Clonidine (suppresses opioid withdrawal symptoms; typically used to treat high blood pressure) | 1= Never | 82.7% |
| | 2= | 9.6% |
| | 3= | 7.7% |
| | 4= | 0.0% |
| | 5= Very Often | 0.0% |
| g. Nortriptyline (antidepressant) | 1= Never | 80.4% |
| | 2= | 9.8% |
| | 3= | 7.8% |
| | 4= | 0.0% |
| | 5= Very Often | 2.0% |
| 24. We have enough staff to provide tobacco cessation programs. | 1= Strongly Disagree | 14.8% |
| | 2= Disagree | 31.5% |
| | 3= Agree | 37.0% |
| | 4= Strongly Agree | 16.7% |
| 25. Our staff are not trained to provide tobacco cessation. | 1= Strongly Disagree | 46.3% |
| | 2= Disagree | 38.9% |
| | 3= Agree | 13.0% |
| | 4= Strongly Agree | 1.9% |
| 26. We are too busy to provide tobacco cessation. | 1= Strongly Disagree | 42.6% |
| | 2= Disagree | 44.4% |
| | 3= Agree | 11.1% |
| | 4= Strongly Agree | 1.9% |

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| 27 | We have few requests for tobacco cessation programs. | 1= StronglyDisagree | 24.1% |
| | | 2= Disagree | 29.6% |
| | | 3= Agree | 37.0% |
| | | 4= StronglyAgree | 9.3% |
| 28. | Tobacco cessation programs are too expensive. | 1= StronglyDisagree | 35.2% |
| | | 2= Disagree | 44.4% |
| | | 3= Agree | 18.5% |
| | | 4= StronglyAgree | 1.9% |
| 29. | Tobacco cessation programs are effective. | 1= StronglyDisagree | 0.0% |
| | | 2= Disagree | 1.9% |
| | | 3= Agree | 67.3% |
| | | 4= StronglyAgree | 30.8% |

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