

The Kentucky Department for Public Health
University of Kentucky College of Nursing
Local Health Department Tobacco Cessation Survey, 2003

Kentucky (N=55)

1.	Are you or other health department staff involved in providing tobacco cessation programs?	55 (100.0%) Yes
2.	If “Yes,” what programs do you provide?	
	a. Fresh Start (American Cancer Society)	6 (10.9%) Yes
	b. Freedom from Smoking (American Lung Association)	0 (0%) Yes
	c. Cooper-Clayton Method to Stop Smoking	51 (92.7%) Yes
	d. Make Yours a Fresh Start Family (American Cancer Society)	51 (92.7%) Yes
	e. Quit and Win	25 (45.5%) Yes
	f. TEG/TAP	42 (76.4%) Yes
	g. NOT	8 (14.5%) Yes
3.	If “Yes,” how many tobacco cessation programs were offered within the last year?	Total Programs = 504 Mean = 9.5 (<u>SD</u> = 12.8)
4.	If “Yes,” how many clients/patients participated in tobacco cessation programs within the last year?	Total Clients/Patients = 4439 (5277 ^a) Mean = 83.8 (<u>SD</u> = 87.0)
5.	If “Yes,” how many clients/patients completed tobacco cessation programs within the last year?	Total Clients/Patients = 2580 Mean = 49.6 (<u>SD</u> = 50.4) (58.1% Completion Rate)
6.	If “Yes,” what is the job title of health department staff providing tobacco cessation?	
	a. Health Educator	37 (67.3%) Yes
	b. Nurse	43 (78.2%) Yes
	c. Social Worker	7 (12.7%) Yes
	d. Physician	0 (0%) Yes

^aNumber of participants in LHD cessation programs + number of Quit and Win registrants - number enrolled in both (see question 8).

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7.	On average, how many requests for tobacco cessation does your health department receive per month?	Total Requests = 455 Mean = 9.1 (<u>SD</u> = 16.5)
8.	According to our records, 975 people in your area participated in the Quit & Win Tobacco-Free Contest. To the best of your knowledge, about how many people involved in your cessation programs also participated in Quit and Win 2003?	Total People =137 Mean = 5.1 (<u>SD</u> = 10.9)
9.	Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area?	47 (85.5%) Yes
10.	If “Yes,” how many people in your service area are trained to provide Cooper-Clayton programs?	Total People = 290 Mean = 6.4 (<u>SD</u> = 7.7)
11.	How are the tobacco cessation programs in your area promoted?	
	a. Word of mouth	55 (100%) Yes
	b. Flyers/Brochures	53 (96.4%) Yes
	c. Newspapers	52 (94.5%) Yes
	d. Radio	35 (63.6%) Yes
	e. Television	18 (32.7%) Yes
	f. Church or Community bulletins	30 (54.5%) Yes
	g. No promotion	0 (0%) Yes
12.	Approximately how much money have you spent in the past year promoting your cessation programs through newspaper, radio or television?	Total Amount =\$163,854.00 Mean =\$3,486.30 (<u>SD</u> = \$9061.36)
13.	Within the past year, has your health department provided education programs on tobacco cessation for health care providers?	19 (35.2%) Yes

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14.	If “Yes,” about how many programs did you provide?	Total Programs = 39 Mean = 2.1 (SD = 1.7)
15.	Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)?	48 (87.3%) Yes
16.	If “Yes,” is the tobacco-user identification system used for every patient at every clinic visit?	44 (91.7%) Yes
17.	What kinds of educational methods are used for tobacco use cessation in your health department?	
	a. Formal group classes	42 (76.4%) Yes
	b. Individual counseling	54 (98.2%) Yes
	c. Audio-visual materials	45 (81.8%) Yes
	d. Printed materials	55 (100.0%) Yes
	e. Posters	53 (96.4%) Yes
18.	Does your clinic have self-help materials for tobacco use cessation available in every exam room?	43 (78.2%) Yes
19.	Are materials on secondhand smoke available in every exam room?	37 (67.3%) Yes
20.	Do your health care providers routinely ask patients about secondhand smoke exposure in the home?	50 (90.9%) Yes
21.	Do your health care providers routinely advise patients to ban smoking in the home?	51 (94.4%) Yes
22.	Do you health care providers routinely advise patients to ban smoking in their cars?	51 (94.4%) Yes
23.	Do your health care providers routinely provide brief cessation interventions using the 5 A's (Ask, Advise, Assess, Assist, Arrange)?	35 (64.8%) Yes
24.	Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco cessation treatment?	53 (98.1%) Yes

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25.	Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling)	24 (47.1%) Yes	
26.	How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?		
	a. Nicotine Gum	1= Never 2= 3= 4= 5= Very Often	40.0% 16.4% 14.5% 9.1% 20.0%
	b. Nicotine Patch	1= Never 2= 3= 4= 5= Very Often	32.7% 5.5% 9.1% 20.0% 32.7%
	c. Nicotine Nasal Spray	1= Never 2= 3= 4= 5= Very Often	64.8% 22.2% 11.1% 0.0% 1.9%
	d. Nicotine Inhaler	1= Never 2= 3= 4= 5= Very Often	68.5% 20.4% 5.6% 1.9% 3.7%
	e. Nicotine Lozenges	1= Never 2= 3= 4= 5= Very Often	70.4% 11.1% 9.3% 3.7% 5.6%

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f. Bupropion (Wellbutrin, Zyban)	1= Never	49.1%
	2=	12.7%
	3=	12.7%
	4=	16.4%
	5= Very Often	9.1%
g. Clonidine (suppresses opioid withdrawal symptoms; typically used to treat high blood pressure)	1= Never	78.8%
	2=	9.6%
	3=	11.5%
	4=	0.0%
	5= Very Often	0.0%
h. Nortriptyline (antidepressant)	1= Never	80.8%
	2=	9.6%
	3=	9.6%
	4=	0.0%
	5= Very Often	0.0%
27. We have enough staff to provide tobacco cessation programs.	1= StronglyDisagree	16.4%
	2= Disagree	21.8%
	3= Agree	40.0%
	4= StronglyAgree	21.8%
28. Our staff are not trained to provide tobacco cessation.	1= StronglyDisagree	36.4%
	2= Disagree	43.6%
	3= Agree	14.5%
	4= StronglyAgree	5.5%
29. We are too busy to provide tobacco cessation.	1= StronglyDisagree	30.9%
	2= Disagree	52.7%
	3= Agree	16.4%
	4= StronglyAgree	0.0%

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30.	We have few requests for tobacco cessation programs.	1= StronglyDisagree	24.1%
		2= Disagree	31.5%
		3= Agree	29.6%
		4= StronglyAgree	14.8%
31.	Tobacco cessation programs are too expensive.	1= StronglyDisagree	38.2%
		2= Disagree	41.8%
		3= Agree	14.5%
		4= StronglyAgree	5.5%
32.	Tobacco cessation programs are effective.	1= StronglyDisagree	0.0%
		2= Disagree	1.9%
		3= Agree	64.2%
		4= StronglyAgree	34.0%

*This report was prepared through a contract between the Kentucky Cabinet
for Health Services and the University of Kentucky College of Nursing*

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