

**The Kentucky Department for Public Health  
University of Kentucky College of Nursing  
Local Health Department Tobacco Cessation Survey, 2007**

**Kentucky**

*Report prepared through a contract between the Kentucky Cabinet for Health  
and Family Services and the University of Kentucky College of Nursing*

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			<b>number</b>	<b>Kentucky*</b> <b>%</b>	<b>N</b>		
1A.	Are you or other health department staff involved in providing tobacco cessation programs?		56	100.0%	56		
	What cessation programs do you provide?						
1A1.	Cooper-Clayton Method to Stop Smoking		54	96.4%	56		
a.	How many programs were offered in the last year?	Total =	316	Mean =	6.1	SD =	7.1
b.	How many individuals participated in the last fiscal year?	Total =	4067	Mean =	79.7	SD =	150.7
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	Total =	1816	Mean =	35.6	SD =	82.4
1A2.	Freedom From Smoking		2	3.6%	56		
a.	How many programs were offered in the last year?	Total =	4	Mean =	2.0	SD =	2.8
b.	How many individuals participated in the last fiscal year?	Total =	0	Mean =	0.0	SD =	0.0
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	Total =	0	Mean =	0.0	SD =	0.0
1A3.	Fresh Start		5	8.9%	56		
a.	How many programs were offered in the last year?	Total =	9	Mean =	2.3	SD =	1.9
b.	How many individuals participated in the last fiscal year?	Total =	80	Mean =	26.7	SD =	20.8
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	Total =	35	Mean =	17.5	SD =	17.7

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1A4.	Make Yours a Fresh Start Family		45	80.4%	56		
a.	How many individuals participated in the last fiscal year?	Total =	3005	Mean =	187.8	SD =	381.3
b.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	Total =	33	Mean =	8.3	SD =	4.8
1A5.	Not on Tobacco (N.O.T.)		8	14.3%	56		
a.	How many programs were offered in the last year?	Total =	107	Mean =	13.4	SD =	35.0
b.	How many individuals participated in the last fiscal year?	Total =	1527	Mean =	254.5	SD =	610.3
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	Total =	7	Mean =	1.4	SD =	3.1
1A6.	Quit and Win		5	8.9%	56		
a.	How many programs were offered in the last year?	Total =	8	Mean =	1.6	SD =	0.9
b.	How many individuals participated in the last fiscal year?	Total =	222	Mean =	44.4	SD =	40.3
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	Total =	12	Mean =	6	SD =	7.1
1A7.	TEG/TAP		36	64.3%	56		
a.	How many programs were offered in the last year?	Total =	162	Mean =	4.8	SD =	8.4
b.	How many individuals participated in the last fiscal year?	Total =	1149	Mean =	35.9	SD =	58.6
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	Total =	242	Mean =	9.3	SD =	21.2

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1A8.	Other Programs (Ascent, Free and Clear, Toborg, Baby Shower Programs, 1-1 Counseling Program, modified tobacco in-school suspension program, independent classes)		14	25.5%	55
a.	How many programs were offered in the last year?	Total =	225	Mean = 16.1	SD = 40.2
b.	How many individuals participated in the last fiscal year?	Total =	1747	Mean = 124.8	SD = 312.8
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	Total =	105	Mean = 10.5	SD = 16.0
1B.	What is the job classification of health department staff providing cessation programs?				
1B1.	Health Educator		47	83.9%	56
1B2.	Nurse		38	67.9%	56
1B3.	Social Worker		7	12.5%	56
1B4.	Physician		1	1.8%	56
1B5.	Program Coordinator/Specialist/Director		7	12.5%	56
1B6.	Dietician/Nutritionist		8	14.3%	56
1B7.	Other		10	17.9%	56
2.	On average, how many requests for tobacco cessation does your health department receive per month?	Total =	749	Mean = 13.6	SD = 17.5
3.	If Cooper-Clayton programs have been provided in your service area, how many people in your area are trained to provide Cooper-Clayton?	Total =	439	Mean = 8.3	SD = 15.3

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4. How do you promote tobacco cessation programs in your area?			
4a. Word of Mouth	55	98.2%	56
4b. Flyers/Brochures	52	92.9%	56
4c. Newspaper	52	92.9%	56
4d. Radio	38	67.9%	56
4e. Television	21	37.5%	56
4f. Church or Community Bulletins	31	55.4%	56
4g. Health Fairs/Career Fairs	6	10.7%	56
4h. Website	5	8.9%	56
4i. Billboards/Signs	9	16.1%	56
4j. No promotions	1	1.8%	56
4k. Other promotions	22	39.3%	56
5. Approximately how much money have you spent in the past year promoting your cessation programs through the radio, newspaper and/or television?	Total = \$87,818.00	Mean = \$1,596.70	SD = \$3,432.80
6. Within the past year, how have you promoted the Kentucky Quit Line (1-800-QUIT-NOW)?			
6a. Distributed brochures/fliers	53	94.6%	56
6b. Distributed Quit Line prescription pads	50	89.3%	56
6c. Paid advertising	15	26.8%	56
6d. Earned (unpaid) media	39	69.6%	56
6e. Cooper-Clayton or other program	53	94.6%	56
6f. Hospitals/Clinic	47	83.9%	56
6g. Health Fairs	11	19.6%	56
6h. Other	23	41.1%	56

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7.	Within the past year, has your health department provided education programs on tobacco cessation for health care providers?	21	38.2%	55	
7a.	If yes, how many programs were provided	Total = 49	Mean = 2.3	SD = 1.5	
8.	Does your health department have a tobacco user identification system?	49	89.1%	55	
8a.	If yes, is the tobacco user identification system used for every patient at every clinic visit?	49	100.0%	49	
9.	Does your health department provide individual counseling for tobacco users who want to quit?	47	87.0%	54	
9a.	If yes, is the counseling typically:				
	Brief intervention (3-5 minutes)	37	77.1%	48	
	Intermediate (6-10 minutes)	14	29.8%	47	
	Intensive (>10 minutes)	9	19.1%	47	
10.	Are all indoor areas, including offices at your health department, smoke free?	55	100.0%	55	
11.	Are your health care providers aware that Medicaid reimburses for smoking cessation counseling and support programs for pregnant women?	48	96.0%	50	
11a.	If yes, are you using diagnosis and CPT codes to bill Medicaid for smoking cessation?	25	64.1%	39	
12.	Does your clinic have self-help materials for tobacco use cessation available in every exam room?	47	85.5%	55	
13.	Are materials on secondhand smoke available in every exam room?	42	76.4%	55	
14.	Do your health care providers routinely advise patients to ban smoking in the home?	55	100.0%	55	
15.	Do your health care providers routinely advise patients to ban smoking in their cars?	46	83.6%	55	

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16. Do your health care providers routine provide brief cessation interventions using the 5 A's?	41	74.5%	55
17. Do your providers routinely refer tobacco users who want to quit to a counselor or program available?	55	100.0%	55
17a. To what person or program do they refer?			
17a1. Kentucky's Tobacco Quit Line	54	98.2%	55
17a2. Cooper-Clayton Group Program	55	100.0%	55
17a3. Cooper-Clayton Self-Help Program	14	25.5%	55
17a4. Tobacco Control Center	3	5.5%	55
17a5. Health Educator	52	94.5%	55
17a6. Community Health Nurse	31	56.4%	55
17a7. Nutritionist	20	36.4%	55
17a8. Health Care Provider/Hospital	8	14.5%	55
17a9. Other	6	10.9%	55
18. Do your health care providers routinely discuss relapse with former smokers within 12 months after quitting?	33	60.0%	55
19. Does your employee health plan at your health department reimburse for tobacco use cessation treatment?	42	76.4%	55
19a. If yes, does the plan cover:			
19a1. Nicotine Replacement Therapy (NRT)	40	97.6%	41
19a2. Other medications	30	71.4%	42
19a3. Classes or counseling for cessation	24	58.5%	41

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How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?

	1 = Never		2		3		4		5 = Very often		N
	n	%	n	%	n	%	n	%	n	%	
20. Nicotine Gum	14	25.5	8	14.5	24	43.6	7	12.7	2	3.6	55
21. Nicotine Patch	8	14.5	3	5.5	3	5.5	14	25.5	27	49.1	55
22. Nicotine Nasal Spray	30	54.5	18	32.7	6	10.9	0	0.0	1	1.8	55
23. Nicotine Inhaler	30	54.5	16	29.1	6	10.9	1	1.8	2	3.6	55
24. Nicotine Lozenges	14	25.5	14	25.5	20	36.4	5	9.1	2	3.6	55
25. Bupropion (Wellbutrin, Zyban)	15	27.3	12	21.8	17	30.9	6	10.9	5	9.1	55
26. Varenicline (Chantix)	13	23.6	8	14.5	10	18.2	9	16.4	15	27.3	55
27. Other Medications	55	100.0	0	0.0	0	0.0	0	0.0	0	0.0	55

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