

**The Kentucky Department for Public Health
University of Kentucky College of Nursing
Local Health Department Tobacco Cessation Survey, 2007**

**Knox County
Health Department**

*Report prepared through a contract between the Kentucky Cabinet for Health
and Family Services and the University of Kentucky College of Nursing*

For more information, contact:

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| | Knox | | number | Kentucky* % | N | | |
|---|-------------|---------|---------------|------------------------------|----------|------|-------|
| 1A. Are you or other health department staff involved in providing tobacco cessation programs? | Yes | | 56 | 100.0% | 56 | | |
| What cessation programs do you provide? | | | | | | | |
| 1A1. Cooper-Clayton Method to Stop Smoking | Yes | | 54 | 96.4% | 56 | | |
| a. How many programs were offered in the last year? | 10 | Total = | 316 | Mean = | 6.1 | SD = | 7.1 |
| b. How many individuals participated in the last fiscal year? | 15 | Total = | 4067 | Mean = | 79.7 | SD = | 150.7 |
| c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? | 3 | Total = | 1816 | Mean = | 35.6 | SD = | 82.4 |
| 1A2. Freedom From Smoking | No | | 2 | 3.6% | 56 | | |
| a. How many programs were offered in the last year? | | Total = | 4 | Mean = | 2.0 | SD = | 2.8 |
| b. How many individuals participated in the last fiscal year? | | Total = | 0 | Mean = | 0.0 | SD = | 0.0 |
| c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? | | Total = | 0 | Mean = | 0.0 | SD = | 0.0 |
| 1A3. Fresh Start | No | | 5 | 8.9% | 56 | | |
| a. How many programs were offered in the last year? | | Total = | 9 | Mean = | 2.3 | SD = | 1.9 |
| b. How many individuals participated in the last fiscal year? | | Total = | 80 | Mean = | 26.7 | SD = | 20.8 |
| c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? | | Total = | 35 | Mean = | 17.5 | SD = | 17.7 |

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|---|-------------|---------|---------------|------------------------------|----------|------|-------|
| 1A4. Make Yours a Fresh Start Family | Yes | | 45 | 80.4% | 56 | | |
| a. How many individuals participated in the last fiscal year? | 115 | Total = | 3005 | Mean = | 187.8 | SD = | 381.3 |
| b. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? | | Total = | 33 | Mean = | 8.3 | SD = | 4.8 |
| 1A5. Not on Tobacco (N.O.T.) | No | | 8 | 14.3% | 56 | | |
| a. How many programs were offered in the last year? | | Total = | 107 | Mean = | 13.4 | SD = | 35.0 |
| b. How many individuals participated in the last fiscal year? | | Total = | 1527 | Mean = | 254.5 | SD = | 610.3 |
| c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? | | Total = | 7 | Mean = | 1.4 | SD = | 3.1 |
| 1A6. Quit and Win | No | | 5 | 8.9% | 56 | | |
| a. How many programs were offered in the last year? | | Total = | 8 | Mean = | 1.6 | SD = | 0.9 |
| b. How many individuals participated in the last fiscal year? | | Total = | 222 | Mean = | 44.4 | SD = | 40.3 |
| c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? | | Total = | 12 | Mean = | 6 | SD = | 7.1 |
| 1A7. TEG/TAP | Yes | | 36 | 64.3% | 56 | | |
| a. How many programs were offered in the last year? | 1 | Total = | 162 | Mean = | 4.8 | SD = | 8.4 |
| b. How many individuals participated in the last fiscal year? | | Total = | 1149 | Mean = | 35.9 | SD = | 58.6 |
| c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? | | Total = | 242 | Mean = | 9.3 | SD = | 21.2 |

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|--|-------------|---------|---------------|------------------------------|------------|
| 1A8. Other Programs (Ascent, Free and Clear, Toborg, Baby Shower Programs, 1-1 Counseling Program, modified tobacco in-school suspension program, independent classes) | No | | 14 | 25.5% | 55 |
| a. How many programs were offered in the last year? | | Total = | 225 | Mean = 16.1 | SD = 40.2 |
| b. How many individuals participated in the last fiscal year? | | Total = | 1747 | Mean = 124.8 | SD = 312.8 |
| c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? | | Total = | 105 | Mean = 10.5 | SD = 16.0 |
| 1B. What is the job classification of health department staff providing cessation programs? | | | | | |
| 1B1. Health Educator | Yes | | 47 | 83.9% | 56 |
| 1B2. Nurse | Yes | | 38 | 67.9% | 56 |
| 1B3. Social Worker | No | | 7 | 12.5% | 56 |
| 1B4. Physician | No | | 1 | 1.8% | 56 |
| 1B5. Program Coordinator/Specialist/Director | No | | 7 | 12.5% | 56 |
| 1B6. Dietician/Nutritionist | No | | 8 | 14.3% | 56 |
| 1B7. Other | No | | 10 | 17.9% | 56 |
| 2. On average, how many requests for tobacco cessation does your health department receive per month? | 5 | Total = | 749 | Mean = 13.6 | SD = 17.5 |
| 3. If Cooper-Clayton programs have been provided in your service area, how many people in your area are trained to provide Cooper-Clayton? | 4 | Total = | 439 | Mean = 8.3 | SD = 15.3 |

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|---|-------------|---------------------|-------------------|------------------------------|----------|
| 4. How do you promote tobacco cessation programs in your area? | | | | | |
| 4a. Word of Mouth | Yes | | 55 | 98.2% | 56 |
| 4b. Flyers/Brochures | Yes | | 52 | 92.9% | 56 |
| 4c. Newspaper | Yes | | 52 | 92.9% | 56 |
| 4d. Radio | Yes | | 38 | 67.9% | 56 |
| 4e. Television | No | | 21 | 37.5% | 56 |
| 4f. Church or Community Bulletins | No | | 31 | 55.4% | 56 |
| 4g. Health Fairs/Career Fairs | Yes | | 6 | 10.7% | 56 |
| 4h. Website | No | | 5 | 8.9% | 56 |
| 4i. Billboards/Signs | Yes | | 9 | 16.1% | 56 |
| 4j. No promotions | No | | 1 | 1.8% | 56 |
| 4k. Other promotions | Yes | | 22 | 39.3% | 56 |
| 5. Approximately how much money have you spent in the past year promoting your cessation programs through the radio, newspaper and/or television? | \$0.00 | Total = \$87,818.00 | Mean = \$1,596.70 | SD = \$3,432.80 | |
| 6. Within the past year, how have you promoted the Kentucky Quit Line (1-800-QUIT-NOW)? | | | | | |
| 6a. Distributed brochures/fliers | Yes | | 53 | 94.6% | 56 |
| 6b. Distributed Quit Line prescription pads | Yes | | 50 | 89.3% | 56 |
| 6c. Paid advertising | Yes | | 15 | 26.8% | 56 |
| 6d. Earned (unpaid) media | Yes | | 39 | 69.6% | 56 |
| 6e. Cooper-Clayton or other program | Yes | | 53 | 94.6% | 56 |
| 6f. Hospitals/Clinic | Yes | | 47 | 83.9% | 56 |
| 6g. Health Fairs | No | | 11 | 19.6% | 56 |
| 6h. Other | No | | 23 | 41.1% | 56 |

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| 7. Within the past year, has your health department provided education programs on tobacco cessation for health care providers? | No | | 21 | 38.2% | 55 |
| 7a. If yes, how many programs were provided | | Total = 49 | Mean = 2.3 | | SD = 1.5 |
| 8. Does your health department have a tobacco user identification system? | Yes | | 49 | 89.1% | 55 |
| 8a. If yes, is the tobacco user identification system used for every patient at every clinic visit? | Yes | | 49 | 100.0% | 49 |
| 9. Does your health department provide individual counseling for tobacco users who want to quit? | Yes | | 47 | 87.0% | 54 |
| 9a. If yes, is the counseling typically: | | | | | |
| Brief intervention (3-5 minutes) | No | | 37 | 77.1% | 48 |
| Intermediate (6-10 minutes) | No | | 14 | 29.8% | 47 |
| Intensive (>10 minutes) | Yes | | 9 | 19.1% | 47 |
| 10. Are all indoor areas, including offices at your health department, smoke free? | Yes | | 55 | 100.0% | 55 |
| 11. Are your health care providers aware that Medicaid reimburses for smoking cessation counseling and support programs for pregnant women? | Yes | | 48 | 96.0% | 50 |
| 11a. If yes, are you using diagnosis and CPT codes to bill Medicaid for smoking cessation? | | | 25 | 64.1% | 39 |
| 12. Does your clinic have self-help materials for tobacco use cessation available in every exam room? | Yes | | 47 | 85.5% | 55 |
| 13. Are materials on secondhand smoke available in every exam room? | Yes | | 42 | 76.4% | 55 |
| 14. Do your health care providers routinely advise patients to ban smoking in the home? | Yes | | 55 | 100.0% | 55 |
| 15. Do your health care providers routinely advise patients to ban smoking in their cars? | Yes | | 46 | 83.6% | 55 |

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| 16. Do your health care providers routine provide brief cessation interventions using the 5 A's? | No | 41 | 74.5% | 55 |
| 17. Do your providers routinely refer tobacco users who want to quit to a counselor or program available? | Yes | 55 | 100.0% | 55 |
| 17a. To what person or program do they refer? | | | | |
| 17a1. Kentucky's Tobacco Quit Line | Yes | 54 | 98.2% | 55 |
| 17a2. Cooper-Clayton Group Program | Yes | 55 | 100.0% | 55 |
| 17a3. Cooper-Clayton Self-Help Program | Yes | 14 | 25.5% | 55 |
| 17a4. Tobacco Control Center | No | 3 | 5.5% | 55 |
| 17a5. Health Educator | Yes | 52 | 94.5% | 55 |
| 17a6. Community Health Nurse | Yes | 31 | 56.4% | 55 |
| 17a7. Nutritionist | No | 20 | 36.4% | 55 |
| 17a8. Health Care Provider/Hospital | No | 8 | 14.5% | 55 |
| 17a9. Other | No | 6 | 10.9% | 55 |
| 18. Do your health care providers routinely discuss relapse with former smokers within 12 months after quitting? | Yes | 33 | 60.0% | 55 |
| 19. Does your employee health plan at your health department reimburse for tobacco use cessation treatment? | No | 42 | 76.4% | 55 |
| 19a. If yes, does the plan cover: | | | | |
| 19a1. Nicotine Replacement Therapy (NRT) | | 40 | 97.6% | 41 |
| 19a2. Other medications | | 30 | 71.4% | 42 |
| 19a3. Classes or counseling for cessation | | 24 | 58.5% | 41 |

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|--|-------------------------------|---|-----------|-------|----|------|----|------|----|------|----------------|------|----|
| Knox | | | | | | | | | | | | | |
| How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation? | | | 1 = Never | | 2 | | 3 | | 4 | | 5 = Very often | | N |
| | | | n | % | n | % | n | % | n | % | n | % | |
| 20. | Nicotine Gum | 3 | 14 | 25.5 | 8 | 14.5 | 24 | 43.6 | 7 | 12.7 | 2 | 3.6 | 55 |
| 21. | Nicotine Patch | 3 | 8 | 14.5 | 3 | 5.5 | 3 | 5.5 | 14 | 25.5 | 27 | 49.1 | 55 |
| 22. | Nicotine Nasal Spray | 1 | 30 | 54.5 | 18 | 32.7 | 6 | 10.9 | 0 | 0.0 | 1 | 1.8 | 55 |
| 23. | Nicotine Inhaler | 1 | 30 | 54.5 | 16 | 29.1 | 6 | 10.9 | 1 | 1.8 | 2 | 3.6 | 55 |
| 24. | Nicotine Lozenges | 3 | 14 | 25.5 | 14 | 25.5 | 20 | 36.4 | 5 | 9.1 | 2 | 3.6 | 55 |
| 25. | Bupropion (Wellbutrin, Zyban) | 3 | 15 | 27.3 | 12 | 21.8 | 17 | 30.9 | 6 | 10.9 | 5 | 9.1 | 55 |
| 26. | Varenicline (Chantix) | 3 | 13 | 23.6 | 8 | 14.5 | 10 | 18.2 | 9 | 16.4 | 15 | 27.3 | 55 |
| 27. | Other Medications | 1 | 55 | 100.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 55 |

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