The Kentucky Department for Public Health
University of Kentucky College of Nursing
Local Health Department Tobacco Cessation Survey, 2006

Kentucky

Report prepared through a contract between the Kentucky Cabinet for Health and Family Services and the University of Kentucky College of Nursing

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2/14/2007
What cessation programs do you provide?

1) Cooper Clayton Method to Stop Smoking

<table>
<thead>
<tr>
<th>What</th>
<th>Kentucky*</th>
</tr>
</thead>
<tbody>
<tr>
<td>number</td>
<td>%</td>
</tr>
<tr>
<td>56</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

- How many programs were offered in the last fiscal year? Total = 339 | Mean = 6.3 | SD = 6.6 |
- How many individuals participated within the last fiscal year? Total = 3804 | Mean = 73.2 | SD = 88.3 |
- Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? Total = 1655 | Mean = 32.5 | SD = 46.7 |

2) Freedom From Smoking

<table>
<thead>
<tr>
<th>What</th>
<th>Kentucky*</th>
</tr>
</thead>
<tbody>
<tr>
<td>number</td>
<td>%</td>
</tr>
<tr>
<td>2</td>
<td>3.6%</td>
</tr>
</tbody>
</table>

- How many programs were offered in the last fiscal year? Total = 0 | Mean = 0.0 | SD = 0.0 |
- How many individuals participated within the last fiscal year? Total = 0 | Mean = 0.0 | SD = 0.0 |
- Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? Total = 0 | Mean = 0.0 | SD = 0.0 |

3) Fresh Start

<table>
<thead>
<tr>
<th>What</th>
<th>Kentucky*</th>
</tr>
</thead>
<tbody>
<tr>
<td>number</td>
<td>%</td>
</tr>
<tr>
<td>2</td>
<td>3.6%</td>
</tr>
</tbody>
</table>

- How many programs were offered in the last fiscal year? Total = 7 | Mean = 3.5 | SD = 2.1 |
- How many individuals participated within the last fiscal year? Total = 10 | Mean = 10.0 | SD = 0.0 |
- Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? Total = 5 | Mean = 5.0 | SD = 0.0 |

*number represents the number of counties / districts that answered "Yes" to the question;  
N represents the number of counties / districts that responded to the question
4) Make Yours a Fresh Start Family

How many individuals participated within the last fiscal year?  
Total = 18273  Mean = 913.7  SD = 2204.5

Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?  
Total = 260  Mean = 18.6  SD = 26.2

5) N.O.T. ON TOBACCO

How many programs were offered in the last fiscal year?  
Total = 11  Mean = 3.7  SD = 2.9

How many individuals participated within the last fiscal year?  
Total = 88  Mean = 44.0  SD = 25.5

Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?  
Total = 54  Mean = 27.0  SD = 29.7

6) Quit and Win

How many programs were offered in the last fiscal year?  
Total = 22  Mean = 7.3  SD = 7.1

How many individuals participated within the last fiscal year?  
Total = 115  Mean = 38.3  SD = 28.1

Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?  
Total = 38  Mean = 12.7  SD = 8.4

7) TEG / TAP

How many programs were offered in the last fiscal year?  
Total = 130  Mean = 4.2  SD = 5.7

How many individuals participated within the last fiscal year?  
Total = 996  Mean = 33.2  SD = 51.2

Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?  
Total = 115  Mean = 4.4  SD = 8.1
1B. What is the job classification of health department staff providing cessation programs?

1) Health Educator
2) Nurse
3) Social Worker
4) Physician
5) Other

<table>
<thead>
<tr>
<th></th>
<th>Kentucky*</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>number</td>
<td>%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1) Health Educator</td>
<td>45</td>
<td>80.4%</td>
<td>56</td>
</tr>
<tr>
<td>2) Nurse</td>
<td>45</td>
<td>80.4%</td>
<td>56</td>
</tr>
<tr>
<td>3) Social Worker</td>
<td>8</td>
<td>14.3%</td>
<td>56</td>
</tr>
<tr>
<td>4) Physician</td>
<td>4</td>
<td>7.1%</td>
<td>56</td>
</tr>
<tr>
<td>5) Other</td>
<td>28</td>
<td>50.0%</td>
<td>56</td>
</tr>
</tbody>
</table>

2. On average, how many requests for tobacco cessation does your health department receive per month?

Total = 856  Mean = 15.6  SD = 23.1

3. If Cooper-Clayton programs have been provided in your service area, how many people in your area are trained to provide Cooper-Clayton?

Total = 463  Mean = 8.6  SD = 14.9

4. How do you promote the tobacco cessation programs in your area?

1) Word of mouth
2) Flyers / Brochures
3) Newspaper
4) Radio
5) Television
6) Church or Community Bulletins
7) Billboards
8) Website

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Word of mouth</td>
<td>55</td>
<td>98.2%</td>
</tr>
<tr>
<td>2) Flyers / Brochures</td>
<td>55</td>
<td>98.2%</td>
</tr>
<tr>
<td>3) Newspaper</td>
<td>50</td>
<td>89.3%</td>
</tr>
<tr>
<td>4) Radio</td>
<td>38</td>
<td>67.9%</td>
</tr>
<tr>
<td>5) Television</td>
<td>18</td>
<td>32.1%</td>
</tr>
<tr>
<td>6) Church or Community Bulletins</td>
<td>36</td>
<td>64.3%</td>
</tr>
<tr>
<td>7) Billboards</td>
<td>8</td>
<td>21.0%</td>
</tr>
<tr>
<td>8) Website</td>
<td>8</td>
<td>21.0%</td>
</tr>
<tr>
<td>Question</td>
<td>Number</td>
<td>Kentucky*</td>
</tr>
<tr>
<td>-------------------------------------------------------------------------</td>
<td>--------</td>
<td>-----------</td>
</tr>
<tr>
<td>5. Approximately how much money have you spent in the past year</td>
<td></td>
<td></td>
</tr>
<tr>
<td>promoting your cessation programs through the radio, newspaper, or</td>
<td></td>
<td></td>
</tr>
<tr>
<td>television?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total = $61,138.00</td>
<td>Mean =$1,132.19</td>
<td>SD = $1,996.64</td>
</tr>
<tr>
<td>6. Within the past year has your health department provided education</td>
<td>18</td>
<td>32.1%</td>
</tr>
<tr>
<td>programs on tobacco cessation for health care providers?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A) If yes, how many programs were provided?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total = 36</td>
<td>Mean = 2.1</td>
<td>SD = 1.7</td>
</tr>
<tr>
<td>7. Does your health department have a tobacco user identification</td>
<td>49</td>
<td>87.5%</td>
</tr>
<tr>
<td>system?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A) If yes, is the tobacco user identification system used for every</td>
<td>46</td>
<td>93.9%</td>
</tr>
<tr>
<td>patient at every clinic visit?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. Does your health department provide individual counseling for</td>
<td>48</td>
<td>85.7%</td>
</tr>
<tr>
<td>tobacco users who want to quit?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. Are all indoor areas, including offices at your health department</td>
<td>56</td>
<td>100.0%</td>
</tr>
<tr>
<td>smoke free?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10. Are your health care providers aware that Medicaid reimburses</td>
<td>37</td>
<td>71.1%</td>
</tr>
<tr>
<td>smoking cessation counseling and support programs for pregnant women?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A) If yes, are you using diagnosis and CPT codes to bill Medicaid for</td>
<td>18</td>
<td>62.1%</td>
</tr>
<tr>
<td>smoking cessation?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

2/14/2007
11. Does your clinic have self-help materials for tobacco use cessation available in every exam room?  

   number | Kentucky* % | N  
   ------ | ----------- | ---  
   50 | 89.3% | 56  

12. Are materials on secondhand smoke available in every exam room?  

   number | Kentucky* % | N  
   ------ | ----------- | ---  
   43 | 76.8% | 56  

13. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?  

   number | Kentucky* % | N  
   ------ | ----------- | ---  
   50 | 89.3% | 56  

14. Do your health care providers routinely advise patients to ban smoking in the home?  

   number | Kentucky* % | N  
   ------ | ----------- | ---  
   45 | 80.4% | 56  

15. Do your health care providers routinely advise patients to ban smoking in the cars?  

   number | Kentucky* % | N  
   ------ | ----------- | ---  
   34 | 63.0% | 54  

16. Do your health care providers routinely provide brief cessation interventions using the 5 A’s?  

   number | Kentucky* % | N  
   ------ | ----------- | ---  
   44 | 78.6% | 56  

17. Do your providers routinely refer tobacco users who want to quit to a counselor or program available in the community for tobacco use cessation treatment?  

   A) To what person or program do they refer?  

   A1) Kentucky’s Tobacco Quit Line  

   number | Kentucky* % | N  
   ------ | ----------- | ---  
   47 | 83.9% | 56  

   A2) Cooper Clayton Group Program  

   number | Kentucky* % | N  
   ------ | ----------- | ---  
   53 | 94.6% | 56  

   A3) Cooper Clayton Self-Help Program  

   number | Kentucky* % | N  
   ------ | ----------- | ---  
   21 | 37.5% | 56  

   A4) Tobacco Control Coordinator  

   number | Kentucky* % | N  
   ------ | ----------- | ---  
   52 | 92.9% | 56  

2/14/2007
A5) Health Educator
   number
   44
   Kentucky %
   78.6%
   N
   56

A6) Community Health Nurse
   31
   56.4%
   55

A7) Nutritionist
   26
   46.4%
   56

A8) Health Care Provider / Hospital
   11
   19.6%
   56

A9) Other
   7
   12.5%
   56

18. Do your health care providers routinely discuss relapse with former smokers within 12 months after quitting?
   30
   53.6%
   56

19. Does your employee health plan at your health department reimburse for tobacco use cessation treatment?
   A) If yes, does the plan cover:
   A1) Nicotine Replacement Therapy (NRT)?
   45
   95.7%
   47

   A2) Other medications?
   13
   27.7%
   47

   A3) Classes or counseling for cessation?
   14
   29.8%
   47

2/14/2007
Kentucky*

How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?

<table>
<thead>
<tr>
<th>Medication</th>
<th>1 = Never</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5 = Very often</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>n</td>
<td>%</td>
<td>n</td>
<td>%</td>
<td>n</td>
</tr>
<tr>
<td>20. Nicotine Gum</td>
<td>16</td>
<td>28.6</td>
<td>13</td>
<td>23.2</td>
<td>18</td>
</tr>
<tr>
<td>21. Nicotine Patch</td>
<td>12</td>
<td>21.4</td>
<td>2</td>
<td>3.6</td>
<td>13</td>
</tr>
<tr>
<td>22. Nicotine Nasal Spray</td>
<td>39</td>
<td>69.6</td>
<td>11</td>
<td>19.6</td>
<td>5</td>
</tr>
<tr>
<td>23. Nicotine Inhaler</td>
<td>38</td>
<td>67.9</td>
<td>9</td>
<td>16.1</td>
<td>7</td>
</tr>
<tr>
<td>24. Nicotine Lozenges</td>
<td>21</td>
<td>37.5</td>
<td>7</td>
<td>12.5</td>
<td>17</td>
</tr>
<tr>
<td>25. Bupropion (Wellbutrin, Zyban)</td>
<td>28</td>
<td>50.0</td>
<td>10</td>
<td>17.9</td>
<td>8</td>
</tr>
<tr>
<td>26. Clonidine</td>
<td>47</td>
<td>83.9</td>
<td>5</td>
<td>8.9</td>
<td>4</td>
</tr>
<tr>
<td>27. Nortriptyline</td>
<td>49</td>
<td>87.5</td>
<td>3</td>
<td>5.4</td>
<td>4</td>
</tr>
<tr>
<td>28. Other Medications</td>
<td>50</td>
<td>90.9</td>
<td>3</td>
<td>5.5</td>
<td>1</td>
</tr>
</tbody>
</table>

2/14/2007