KENTUCKY LOCAL HEALTH DEPARTMENT TOBACCO CESSATION SURVEY
CHRISTIAN COUNTY HEALTH DEPARTMENT
JUNE-AUGUST 2000

Do you or other health department staff provide smoking cessation programs?

<table>
<thead>
<tr>
<th>Christian</th>
<th>Kentucky (n=54)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>29(53.7%)</td>
</tr>
</tbody>
</table>

If "yes," what programs do your health department provide?

<table>
<thead>
<tr>
<th></th>
<th>Christian</th>
<th>Kentucky (n=29)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fresh Start</td>
<td></td>
<td>15(51.7%)</td>
</tr>
<tr>
<td>Freedom from Smoking</td>
<td></td>
<td>1(3.4%)</td>
</tr>
<tr>
<td>Cooper-Clayton Method</td>
<td></td>
<td>24(82.8%)</td>
</tr>
<tr>
<td>Nicotine Replacement Therapy</td>
<td></td>
<td>7(24.1%)</td>
</tr>
</tbody>
</table>

If "yes," how many smoking cessation programs were offered within the last year?

<table>
<thead>
<tr>
<th>Christian</th>
<th>Kentucky (n=26)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>3.73±2.65, range=0-12</td>
</tr>
</tbody>
</table>

If "yes," how many clients/patients participated in smoking cessation programs within the last year?

<table>
<thead>
<tr>
<th>Christian</th>
<th>Kentucky (n=26)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>33.27±47.23, range=0-227</td>
</tr>
</tbody>
</table>

If "yes," how many clients/patients completed smoking cessation programs within the last year?

<table>
<thead>
<tr>
<th>Christian</th>
<th>Kentucky (n=25)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>18.08±23.93, range=0-105</td>
</tr>
</tbody>
</table>

If "yes," what is the job title of the health department staff providing smoking cessation?

<table>
<thead>
<tr>
<th></th>
<th>Christian</th>
<th>Kentucky (n=29)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Educator</td>
<td></td>
<td>26(89.7%)</td>
</tr>
<tr>
<td>Nurse</td>
<td></td>
<td>11(37.9%)</td>
</tr>
<tr>
<td>Other</td>
<td></td>
<td>6(20.7%)</td>
</tr>
</tbody>
</table>
On average, how many requests for smoking cessation does your health department receive per month?

<table>
<thead>
<tr>
<th>Christian</th>
<th>Kentucky (n=54)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>4.63±8.51, range=0-50</td>
</tr>
</tbody>
</table>

Within the past year, have any 'Cooper-Clayton Method to Stop Smoking' programs been provided in your county?

<table>
<thead>
<tr>
<th>Christian</th>
<th>Kentucky (n=54)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>23(42.6%)</td>
</tr>
</tbody>
</table>

If "yes," how many people are trained to provide Cooper-Clayton programs?

<table>
<thead>
<tr>
<th>Christian</th>
<th>Kentucky (n=21)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>3.10±3.35, range=0-13</td>
</tr>
</tbody>
</table>

Within the past year, has your health department provided educational programs on smoking cessation for health care providers?

<table>
<thead>
<tr>
<th>Christian</th>
<th>Kentucky (n=53)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>8(15.1%)</td>
</tr>
</tbody>
</table>

If "yes," about how many programs did you provide?

<table>
<thead>
<tr>
<th>Christian</th>
<th>Kentucky (n=6)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2.33±1.63, range=0-4</td>
</tr>
</tbody>
</table>

Does your health department use a tobacco-user identification system for every patient at every clinic visit?

<table>
<thead>
<tr>
<th>Christian</th>
<th>Kentucky (n=53)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>44(83.0%)</td>
</tr>
</tbody>
</table>
What kinds of educational methods are used for tobacco use cessation in your health department?

<table>
<thead>
<tr>
<th>Method</th>
<th>Christian</th>
<th>Kentucky (n=54)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Formal group classes</td>
<td>19 (35.2%)</td>
<td>50 (92.6%)</td>
</tr>
<tr>
<td>Individual counseling</td>
<td>✓</td>
<td>50 (92.6%)</td>
</tr>
<tr>
<td>Audiovisual materials</td>
<td>✓</td>
<td>25 (46.3%)</td>
</tr>
<tr>
<td>Printed materials</td>
<td>✓</td>
<td>50 (92.6%)</td>
</tr>
<tr>
<td>Posters</td>
<td>✓</td>
<td>45 (83.3%)</td>
</tr>
<tr>
<td>Other</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Does your clinic have self-help materials for tobacco use cessation available in every exam room?

<table>
<thead>
<tr>
<th></th>
<th>Christian</th>
<th>Kentucky (n=54)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td></td>
<td>20 (37.0%)</td>
</tr>
</tbody>
</table>

Are materials on secondhand smoke available in every exam room?

<table>
<thead>
<tr>
<th></th>
<th>Christian</th>
<th>Kentucky (n=54)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td></td>
<td>21 (39.0%)</td>
</tr>
</tbody>
</table>

Do your health care providers routinely:

<table>
<thead>
<tr>
<th>Question</th>
<th>Christian</th>
<th>Kentucky</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ask patients about secondhand smoke exposure in their homes?</td>
<td>Yes (43/53)</td>
<td>43 (81.1%)</td>
</tr>
<tr>
<td>Advise patients to ban smoking in their homes?</td>
<td>Yes (45/53)</td>
<td>45 (84.9%)</td>
</tr>
<tr>
<td>Advise patients to ban smoking in their cars?</td>
<td>Yes (35/50)</td>
<td>35 (70.0%)</td>
</tr>
</tbody>
</table>

Do your health care providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco use cessation treatment?

<table>
<thead>
<tr>
<th></th>
<th>Christian</th>
<th>Kentucky (n=54)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td></td>
<td>41 (76.0%)</td>
</tr>
</tbody>
</table>

Does your employee health plan reimburse for tobacco use cessation treatment?

<table>
<thead>
<tr>
<th></th>
<th>Christian</th>
<th>Kentucky (n=43)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td></td>
<td>3 (7.0%)</td>
</tr>
</tbody>
</table>
How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation? (those that prescribe often or very often)

<table>
<thead>
<tr>
<th></th>
<th>Christian</th>
<th>Kentucky</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nicotine Gum</td>
<td></td>
<td>6/50(12%)</td>
</tr>
<tr>
<td>Nicotine Patch</td>
<td></td>
<td>11/50(22%)</td>
</tr>
<tr>
<td>Nicotine Nasal Spray</td>
<td></td>
<td>0/51(0%)</td>
</tr>
<tr>
<td>Nicotine Inhaler</td>
<td></td>
<td>0/51(0%)</td>
</tr>
<tr>
<td>Bupropion</td>
<td></td>
<td>8/51(15.7%)</td>
</tr>
<tr>
<td>Clonidine</td>
<td></td>
<td>0/51(0%)</td>
</tr>
<tr>
<td>Nortriptyline</td>
<td></td>
<td>1/51(2%)</td>
</tr>
</tbody>
</table>

What are the obstacles to providing smoking cessation services? (those that agree or strongly agree)

<table>
<thead>
<tr>
<th></th>
<th>Christian</th>
<th>Kentucky</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not enough staff</td>
<td>✓</td>
<td>25/54(46.3%)</td>
</tr>
<tr>
<td>Staff not trained</td>
<td>✓</td>
<td>28/54(51.9%)</td>
</tr>
<tr>
<td>Too busy</td>
<td>✓</td>
<td>12/54(22.2%)</td>
</tr>
<tr>
<td>Few requests</td>
<td>✓</td>
<td>34/54(63.0%)</td>
</tr>
<tr>
<td>Too expensive</td>
<td>✓</td>
<td>24/51(47.1%)</td>
</tr>
<tr>
<td>Ineffective</td>
<td></td>
<td>16/53(30.2%)</td>
</tr>
</tbody>
</table>

Data compiled by Dr. Ellen J. Hahn and Dr. Mary Kay Rayens, University of Kentucky College of Nursing, Lexington, KY 40536-0232, (859) 257-2358, ejhahn00@pop.uky.edu