

**KENTUCKY LOCAL HEALTH DEPARTMENT TOBACCO CESSATION SURVEY
CUMBERLAND VALLEY DISTRICT HEALTH DEPARTMENT
JUNE-AUGUST 2000**

Do you or other health department staff provide smoking cessation programs?

Cumberland Valley	Kentucky (<u>n</u> =54)
Yes	29(53.7%)

If "yes," what programs do your health department provide?

	Cumberland Valley	Kentucky (<u>n</u> =29)
Fresh Start		15(51.7%)
Freedom from Smoking		1(3.4%)
Cooper-Clayton Method	✓	24(82.8%)
Nicotine Replacement Therapy		7(24.1%)

If "yes," how many smoking cessation programs were offered within the last year?

Cumberland Valley	Kentucky (<u>n</u> =26)
5	3.73±2.65, range=0-12

If "yes," how many clients/patients participated in smoking cessation programs within the last year?

Cumberland Valley	Kentucky (<u>n</u> =26)
0	33.27±47.23, range=0-227

If "yes," how many clients/patients completed smoking cessation programs within the last year?

Cumberland Valley	Kentucky (<u>n</u> =25)
0	18.08±23.93, range=0-105

If "yes," what is the job title of the health department staff providing smoking cessation?

	Cumberland Valley	Kentucky (<u>n</u> =29)
Health Educator	✓	26(89.7%)
Nurse		11(37.9%)
Other	TCC	6(20.7%)

On average, how many requests for smoking cessation does your health department receive per month?

Cumberland Valley	Kentucky (<u>n</u> =54)
1	4.63±8.51, range=0-50

Within the past year, have any 'Cooper-Clayton Method to Stop Smoking' programs been provided in your county?

Cumberland Valley	Kentucky (<u>n</u> =54)
Yes	23(42.6%)

If "yes," how many people are trained to provide Cooper-Clayton programs?

Cumberland Valley	Kentucky (<u>n</u> =21)
5	3.10±3.35, range=0-13

Within the past year, has your health department provided educational programs on smoking cessation for health care providers?

Cumberland Valley	Kentucky (<u>n</u> =53)
Yes	8(15.1%)

If "yes," about how many programs did you provide?

Cumberland Valley	Kentucky (<u>n</u> =6)
*	2.33±1.63, range=0-4

Does your health department use a tobacco-user identification system for every patient at every clinic visit?

Cumberland Valley	Kentucky (<u>n</u> =53)
Yes	44(83.0%)

What kinds of educational methods are used for tobacco use cessation in your health department?

	Cumberland Valley	Kentucky (n=54)
Formal group classes		19(35.2%)
Individual counseling	✓	50(92.6%)
Audiovisual materials	✓	25(46.3%)
Printed materials	✓	50(92.6%)
Posters	✓	45(83.3%)
Other	Display	

Does your clinic have self-help materials for tobacco use cessation available in every exam room?

Cumberland Valley	Kentucky (n=54)
Yes	20(37.0%)

Are materials on secondhand smoke available in every exam room?

Cumberland Valley	Kentucky (n=54)
Yes	21(39.0%)

Do your health care providers routinely:

	Cumberland Valley	Kentucky
Ask patients about secondhand smoke exposure in their homes?	Yes	43/53(81.1%)
Advise patients to ban smoking in their homes?	Yes	45/53(84.9%)
Advise patients to ban smoking in their cars?	Yes	35/50(70.0%)

Do your health care providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco use cessation treatment?

Cumberland Valley	Kentucky (n=54)
Yes	41(76.0%)

Does your employee health plan reimburse for tobacco use cessation treatment?

Cumberland Valley	Kentucky (n=43)
*	3(7.0%)

How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation? (those that prescribe often or very often)

	Cumberland Valley	Kentucky
Nicotine Gum		6/50(12%)
Nicotine Patch		11/50(22%)
Nicotine Nasal Spray		0/51(0%)
Nicotine Inhaler		0/51(0%)
Bupropion		8/51(15.7%)
Clonidine		0/51(0%)
Nortriptyline		1/51(2%)

What are the obstacles to providing smoking cessation services? (those that agree or strongly agree)

	Cumberland Valley	Kentucky
Not enough staff		25/54(46.3%)
Staff not trained		28/54(51.9%)
Too busy		12/54(22.2%)
Few requests		34/54(63.0%)
Too expensive	✓	24/51(47.1%)
Ineffective		16/53(30.2%)

Data compiled by Dr. Ellen J. Hahn and Dr. Mary Kay Rayens, University of Kentucky College of Nursing, Lexington, KY 40536-0232, (859) 257-2358, ejhahn00@pop.uky.edu

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