

**KENTUCKY LOCAL HEALTH DEPARTMENT TOBACCO CESSATION SURVEY  
LEWIS COUNTY HEALTH DEPARTMENT  
JUNE-AUGUST 2000**

**Do you or other health department staff provide smoking cessation programs?**

|       |                        |
|-------|------------------------|
| Lewis | <b>Kentucky (n=54)</b> |
| No    | <b>29(53.7%)</b>       |

**If "yes," what programs do your health department provide?**

|                              | Lewis | <b>Kentucky (n=29)</b> |
|------------------------------|-------|------------------------|
| Fresh Start                  |       | <b>15(51.7%)</b>       |
| Freedom from Smoking         |       | <b>1(3.4%)</b>         |
| Cooper-Clayton Method        |       | <b>24(82.8%)</b>       |
| Nicotine Replacement Therapy |       | <b>7(24.1%)</b>        |

**If "yes," how many smoking cessation programs were offered within the last year?**

|       |                              |
|-------|------------------------------|
| Lewis | <b>Kentucky (n=26)</b>       |
|       | <b>3.73±2.65, range=0-12</b> |

**If "yes," how many clients/patients participated in smoking cessation programs within the last year?**

|       |                                 |
|-------|---------------------------------|
| Lewis | <b>Kentucky (n=26)</b>          |
|       | <b>33.27±47.23, range=0-227</b> |

**If "yes," how many clients/patients completed smoking cessation programs within the last year?**

|       |                                 |
|-------|---------------------------------|
| Lewis | <b>Kentucky (n=25)</b>          |
|       | <b>18.08±23.93, range=0-105</b> |

**If "yes," what is the job title of the health department staff providing smoking cessation?**

|                 | Lewis | <b>Kentucky (n=29)</b> |
|-----------------|-------|------------------------|
| Health Educator |       | <b>26(89.7%)</b>       |
| Nurse           |       | <b>11(37.9%)</b>       |
| Other           |       | <b>6(20.7%)</b>        |

**On average, how many requests for smoking cessation does your health department receive per month?**

|       |                          |
|-------|--------------------------|
| Lewis | Kentucky ( <u>n</u> =54) |
| 5     | 4.63±8.51, range=0-50    |

**Within the past year, have any 'Cooper-Clayton Method to Stop Smoking' programs been provided in your county?**

|       |                          |
|-------|--------------------------|
| Lewis | Kentucky ( <u>n</u> =54) |
| No    | 23(42.6%)                |

**If "yes," how many people are trained to provide Cooper-Clayton programs?**

|       |                          |
|-------|--------------------------|
| Lewis | Kentucky ( <u>n</u> =21) |
|       | 3.10±3.35, range=0-13    |

**Within the past year, has your health department provided educational programs on smoking cessation for health care providers?**

|       |                          |
|-------|--------------------------|
| Lewis | Kentucky ( <u>n</u> =53) |
| No    | 8(15.1%)                 |

**If "yes," about how many programs did you provide?**

|       |                         |
|-------|-------------------------|
| Lewis | Kentucky ( <u>n</u> =6) |
|       | 2.33±1.63, range=0-4    |

**Does your health department use a tobacco-user identification system for every patient at every clinic visit?**

|       |                          |
|-------|--------------------------|
| Lewis | Kentucky ( <u>n</u> =53) |
| Yes   | 44(83.0%)                |

**What kinds of educational methods are used for tobacco use cessation in your health department?**

|                       | Lewis | Kentucky (n=54) |
|-----------------------|-------|-----------------|
| Formal group classes  |       | 19(35.2%)       |
| Individual counseling | ✓     | 50(92.6%)       |
| Audiovisual materials |       | 25(46.3%)       |
| Printed materials     | ✓     | 50(92.6%)       |
| Posters               | ✓     | 45(83.3%)       |
| Other                 |       |                 |

**Does your clinic have self-help materials for tobacco use cessation available in every exam room?**

| Lewis | Kentucky (n=54) |
|-------|-----------------|
| No    | 20(37.0%)       |

**Are materials on secondhand smoke available in every exam room?**

| Lewis | Kentucky (n=54) |
|-------|-----------------|
| No    | 21(39.0%)       |

**Do your health care providers routinely:**

|  | Lewis | Kentucky     |
|--|-------|--------------|
| Ask patients about secondhand smoke exposure in their homes? | Yes   | 43/53(81.1%) |
| Advise patients to ban smoking in their homes?               | Yes   | 45/53(84.9%) |
| Advise patients to ban smoking in their cars?                | No    | 35/50(70.0%) |

**Do your health care providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco use cessation treatment?**

| Lewis | Kentucky (n=54) |
|-------|-----------------|
| No    | 41(76.0%)       |

**Does your employee health plan reimburse for tobacco use cessation treatment?**

| Lewis | Kentucky (n=43) |
|-------|-----------------|
| No    | 3(7.0%)         |

**How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation? (those that prescribe often or very often)**

|                      | Lewis | Kentucky    |
|----------------------|-------|-------------|
| Nicotine Gum         |       | 6/50(12%)   |
| Nicotine Patch       |       | 11/50(22%)  |
| Nicotine Nasal Spray |       | 0/51(0%)    |
| Nicotine Inhaler     |       | 0/51(0%)    |
| Bupropion            |       | 8/51(15.7%) |
| Clonidine            |       | 0/51(0%)    |
| Nortriptyline        |       | 1/51(2%)    |

**What are the obstacles to providing smoking cessation services? (those that agree or strongly agree)**

|                   | Lewis | Kentucky     |
|-------------------|-------|--------------|
| Not enough staff  | ✓     | 25/54(46.3%) |
| Staff not trained | ✓     | 28/54(51.9%) |
| Too busy          | ✓     | 12/54(22.2%) |
| Few requests      | ✓     | 34/54(63.0%) |
| Too expensive     |       | 24/51(47.1%) |
| Ineffective       | ✓     | 16/53(30.2%) |

---

Data compiled by Dr. Ellen J. Hahn and Dr. Mary Kay Rayens, University of Kentucky College of Nursing, Lexington, KY 40536-0232, (859) 257-2358, ejhahn00@pop.uky.edu