

**The Kentucky Department for Public Health  
University of Kentucky College of Nursing  
Local Health Department Tobacco Cessation Survey, 2005**

		<b>number</b>	<b>Kentucky %</b>	<b><sup>a</sup>N</b>
1A. Are you or other health department staff involved in providing tobacco cessation programs?		55	98.2	56
What cessation programs do you provide?				
1) Fresh Start (American Cancer Society)		2	3.6	55
How effective has this program been in helping smokers quit?	Very effective	0	0.0	2
	Somewhat effective	2	100.0	2
	Not at all effective	0	0.0	2
How effective has this program been in reaching or recruiting smokers to participate in the program?	Very effective	0	0.0	2
	Somewhat effective	2	100.0	2
	Not at all effective	0	0.0	2
How practical is it for your health department to administer the program?	Very practical	0	0.0	2
	Somewhat practical	1	50.0	2
	Not practical at all	1	50.0	2
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2) Freedom From Smoking (American Lung Association)		0	0.0	55
How effective has this program been in helping smokers quit?	Very effective	0	0.0	0
	Somewhat effective	0	0.0	0
	Not at all effective	0	0.0	0
How effective has this program been in reaching or recruiting smokers to participate in the program?	Very effective	0	0.0	0
	Somewhat effective	0	0.0	0
	Not at all effective	0	0.0	0
How practical is it for your health department to administer the program?	Very practical	0	0.0	0
	Somewhat practical	0	0.0	0
	Not practical at all	0	0.0	0

<sup>a</sup>N represents the number of counties/districts that responded to the question.

		<b>number</b>	<b>Kentucky %</b>	<b>"N"</b>
3) Cooper Clayton Method to Stop Smoking		53	96.4	55
How effective has this program been in helping smokers quit?	Very effective	22	42.3	52
	Somewhat effective	29	55.8	52
	Not at all effective	1	1.9	52
How effective has this program been in reaching or recruiting smokers to participate in the program?	Very effective	22	42.3	52
	Somewhat effective	29	55.8	52
	Not at all effective	1	1.9	52
How practical is it for your health department to administer the program?	Very practical	33	63.5	52
	Somewhat practical	19	36.5	52
	Not practical at all	0	0.0	52
4) Make Yours a Fresh Start Family (American Cancer Society)		44	80.0	55
How effective has this program been in helping smokers quit?	Very effective	3	7.0	43
	Somewhat effective	30	69.8	43
	Not at all effective	10	23.3	43
How effective has this program been in reaching or recruiting smokers to participate in the program?	Very effective	6	14.0	43
	Somewhat effective	27	62.8	43
	Not at all effective	10	23.3	43
How practical is it for your health department to administer the program?	Very practical	19	44.2	43
	Somewhat practical	21	48.8	43
	Not practical at all	3	7.0	43
5) Quit and Win		5	9.1	55
How effective has this program been in helping smokers quit?	Very effective	1	20.0	5
	Somewhat effective	3	60.0	5
	Not at all effective	1	20.0	5
How effective has this program been in reaching or recruiting smokers to participate in the program?	Very effective	1	20.0	5
	Somewhat effective	3	60.0	5
	Not at all effective	1	20.0	5

		<b>number</b>	<b>Kentucky %</b>	<b><sup>a</sup>N</b>
How practical is it for your health department to administer the program?	Very practical	1	20.0	5
	Somewhat practical	3	60.0	5
	Not practical at all	1	20.0	5
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6) TEG / TAP		34	61.8	55
How effective has this program been in helping smokers quit?	Very effective	4	12.1	33
	Somewhat effective	24	72.7	33
	Not at all effective	5	15.2	33
How effective has this program been in reaching or recruiting smokers to participate in the program?	Very effective	10	31.3	32
	Somewhat effective	19	59.4	32
	Not at all effective	3	9.4	32
How practical is it for your health department to administer the program?	Very practical	14	43.8	32
	Somewhat practical	14	43.8	32
	Not practical at all	4	12.5	32
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7) N.O.T. / N.O.T. ATS		4	7.3	55
How effective has this program been in helping smokers quit?	Very effective	1	33.3	3
	Somewhat effective	1	33.3	3
	Not at all effective	1	33.3	3
How effective has this program been in reaching or recruiting smokers to participate in the program?	Very effective	2	66.7	3
	Somewhat effective	1	33.3	3
	Not at all effective	0	0.0	3
How practical is it for your health department to administer the program?	Very practical	2	66.7	3
	Somewhat practical	1	33.3	3
	Not practical at all	0	0.0	3
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1B. How many tobacco cessation programs were offered in the last year?	Total =407.0	Mean =7.4	SD =8.3	
1C. How many patients / clients participated in the tobacco cessation programs within the last year?	Total =5436.0	Mean =98.8	SD =118.0	
1D. How many patients / clients completed the tobacco cessation programs within the last year?	Total =3376.0	Mean =61.4	SD =101.6	

		<b>number</b>	<b>Kentucky %</b>	<b>"N"</b>
1E. What is the title of health department staff providing cessation programs?				
a) Health Educator		38	69.1	55
b) Nurse		33	60.0	55
c) Social Worker		3	5.5	55
d) Physician		0	0.0	55
e) Other		9	16.4	55
2. On average how many requests for tobacco cessation does your health department receive per month?	Total =754.0	Mean =13.7	SD =22.2	
3. Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area?		55	100.0	55
If yes, how many people in your area are trained to provide Cooper-Clayton?	Total =359.0	Mean =6.6	SD =8.6	
4. How do you promote the tobacco cessation programs in your area?				
a) Word of mouth		53	96.4	55
b) Flyers / brochures		52	94.5	55
c) Newspaper		51	92.7	55
d) Radio		36	65.5	55
e) Television		16	29.1	55
f) Church or community bulletins		36	65.5	55
g) No promotions		0	0.0	55
h) Other		4	7.3	55

	Total	Kentucky number	Kentucky %	Kentucky N
5 . Approximately how much money have you spent in the past year promoting your cessation programs through the radio, newspaper, or television?	Total =\$73,100.00	Mean =\$1462.00	SD =\$4518.52	
6 . Within the past year has your health department provided educational programs on tobacco cessation for health care providers?		18	32.7	55
a) If yes, how many programs were provided?	Total =46.0	Mean =2.6	SD =2.2	
7 . Does your health department have a tobacco user identification system?		49	89.1	55
If yes, is the tobacco user identification system used for every patient at every clinic visit?		45	91.8	49
8 . What kind of educational methods are used for tobacco cessation in your health department?				
a) Formal group classes		53	96.4	55
b) Individual counseling		52	94.5	55
c) Audio-visual materials		44	80.0	55
d) Printed materials		55	100.0	55
e) Posters		54	98.2	55
f) Other		1	1.8	55
9 . Does your clinic have self-help materials for tobacco use cessation available in every exam room?		47	87.0	54
10 . Are materials on secondhand smoke available in every exam room?		48	88.9	54
11 . Do your health care providers routinely ask patients about secondhand smoke exposure in the home?		55	100.0	55
12 . Do your health care providers routinely advise patients to ban smoking in the home?		54	98.2	55

	<b>number</b>	<b>Kentucky %</b>	<b><i>N</i></b>
13 . Do your health care providers routinely advise patients to ban smoking in the cars?	53	96.4	55
14 . Do your health care providers routinely provide brief cessation interventions using the 5 A's?	44	80.0	55
15 . Do your providers routinely refer tobacco users who want to quit to a counselor or program available in the community for tobacco use cessation treatment?	55	100.0	55
To what person or program do they refer?			
a) National Cancer Institutes Cancer Information Service Smoking Cessation Call Center	5	9.1	55
b) Cooper Clayton Group Program	39	70.9	55
c) Cooper Clayton Self-Help Program	4	7.3	55
d) Tobacco Control Coordinator	20	36.4	55
e) Health Educator	12	21.8	55
f) Community Health Nurse	1	1.8	55
g) Nutritionist	0	0.0	55
h) Other	5	9.1	55
16 . Do your healthcare providers routinely discuss relapse with former smokers within 12 months after quitting?	38	70.4	54
17 . Does your employee health plan at your health department reimburse for tobacco use cessation treatment?	23	43.4	53

		<b>number</b>	<b>Kentucky %</b>	<b>"N</b>
How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?				
18 . Nicotine gum	1=Never	16	29.6	54
	2	15	27.8	54
	3	13	24.1	54
	4	2	3.7	54
	5=Very often	8	14.8	54
19 . Nicotine patch	1=Never	13	24.1	54
	2	4	7.4	54
	3	2	3.7	54
	4	11	20.4	54
	5=Very often	24	44.4	54
20 . Nicotine nasal spray	1=Never	44	81.5	54
	2	7	13.0	54
	3	2	3.7	54
	4	1	1.9	54
	5=Very often	0	0.0	54
21 . Nicotine inhaler	1=Never	40	74.1	54
	2	10	18.5	54
	3	2	3.7	54
	4	2	3.7	54
	5=Very often	0	0.0	54
22 . Nicotine lozenges	1=Never	23	42.6	54
	2	9	16.7	54
	3	11	20.4	54
	4	5	9.3	54
	5=Very often	6	11.1	54

		<b>number</b>	<b>Kentucky %</b>	<b>"N"</b>
23 . Bupropion (Wellbutrin, Zyban)	1=Never	23	42.6	54
	2	12	22.2	54
	3	12	22.2	54
	4	4	7.4	54
	5=Very often	3	5.6	54
24 . Clonidine	1=Never	52	96.3	54
	2	2	3.7	54
	3	0	0.0	54
	4	0	0.0	54
	5=Very often	0	0.0	54
25 . Nortriptyline	1=Never	52	96.3	54
	2	2	3.7	54
	3	0	0.0	54
	4	0	0.0	54
	5=Very often	0	0.0	54

Please indicate how strongly you agree or disagree with the following statements.

26 . We have enough staff to provide tobacco cessation programs.	Strongly disagree	6	10.9	55
	Disagree	12	21.8	55
	Agree	30	54.5	55
	Strongly agree	7	12.7	55
27 . Our staff is not trained to provide tobacco cessation.	Strongly disagree	22	40.0	55
	Disagree	28	50.9	55
	Agree	4	7.3	55
	Strongly agree	1	1.8	55
28 . We are too busy to provide tobacco cessation.	Strongly disagree	14	25.5	55
	Disagree	33	60.0	55
	Agree	8	14.5	55
	Strongly agree	0	0.0	55
29 . We have few requests for tobacco cessation programs.	Strongly disagree	14	25.5	55
	Disagree	25	45.5	55
	Agree	16	29.1	55
	Strongly agree	0	0.0	55

		<b>number</b>	<b>Kentucky %</b>	<b>"N"</b>
30 . Tobacco cessation programs are too expensive.	Strongly disagree	10	18.5	54
	Disagree	36	66.7	54
	Agree	6	11.1	54
	Strongly agree	2	3.7	54
31 . Tobacco cessation programs are effective.	Strongly disagree	0	0.0	55
	Disagree	2	3.6	55
	Agree	39	70.9	55
	Strongly agree	14	25.5	55

*This report was prepared through a contract between the Kentucky Cabinet for Health and Family Services and the University of Kentucky College of Nursing*

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