

The Kentucky Department for Public Health  
 University of Kentucky College of Nursing  
**Local Health Department Tobacco Cessation Survey, 2001**

	<b><u>Kentucky</u> (N = 55)</b>
1. Are you or other health department staff involved in providing tobacco cessation programs?	40 (72.7%) Yes
2. If “Yes”, what programs do you provide?	
a. Fresh Start (American Cancer Society)	7 (17.5%)
b. Freedom from Smoking (American Lung Association)	0
c. Cooper-Clayton Method to Stop Smoking	35 (87.5%)
d. Make Yours a Fresh Start Family (American Cancer Society)	8 (20.0%)
3. If “Yes”, how many tobacco cessation programs were offered within the last year? (Entire programs, not individual classes)	Total Programs = 139 Mean = 3.8 ( <u>SD</u> = 4.0)
4. If “Yes”, how many clients/patients participated in tobacco cessation programs within the last year?	Total Clients/Patients = 1257 Mean = 34.0 ( <u>SD</u> = 44.5)
5. If “Yes”, how many clients/patients completed tobacco cessation programs within the last year?	Total Clients/Patients = 569 Mean = 15.8 ( <u>SD</u> = 24.2) (45.3% Completion Rate)
6. If “Yes”, what is the job title of health department staff providing tobacco cessation (Check all that apply)?	
a. Health Educator	26 (65.0%)
b. Nurse	15 (37.5%)
c. Social Worker	3 (7.5%)
7. On average, how many requests for tobacco cessation does your health department receive per month?	Total Requests = 414 Mean = 7.4 ( <u>SD</u> = 14.6)

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| 8. Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area?               | 29 (53.7%) Yes                                       |
| 9. If “Yes”, how many people in your service area are trained to provide Cooper-Clayton programs?                                  | Total People =156<br>Mean = 4.9 ( <u>SD</u> = 5.3)   |
| 10. Within the past year, has your health department provided education programs on tobacco cessation for health care providers?   | 15 (27.3%) Yes                                       |
| 11. If “Yes”, about how many programs did you provide?   | Total Programs = 47<br>Mean = 3.1 ( <u>SD</u> = 2.4) |
| 12. Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)? | 36 (65.5%) Yes                                       |
| 13. If “Yes”, is the tobacco-user identification system used for every patient at every clinic visit?                              | 32 (88.9%) Yes                                       |
| 14. What kinds of educational methods are used for tobacco use cessation in your health department?                                |  |
| a. Formal group classes  | 37 (67.3%) Yes                                       |
| b. Individual counseling   | 51 (92.7%) Yes                                       |
| c. Audio-visual materials  | 36 (65.5%) Yes                                       |
| d. Printed materials   | 54 (98.2%) Yes                                       |
| e. Posters   | 48 (87.3%) Yes                                       |
| 15. Does your clinic have self-help materials for tobacco use cessation available in every exam room?                              | 32 (58.2%) Yes                                       |

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| 16. Are materials on secondhand smoke available in every exam room?   | 27 (49.0%) Yes |
| 17. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?   | 41 (75.9%) Yes |
| 18. Do your health care providers routinely advise patients to ban smoking in the home?   | 39 (73.6%) Yes |
| 19. Do you health care providers routinely advise patients to ban smoking in their cars?  | 34 (64.2%) Yes |
| 20. Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in you community for tobacco use cessation treatment? | 47 (85.5%) Yes |
| 21. Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling)     | 15 (27.8%) Yes |
| 22. How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?  |                |
| a. Nicotine Gum   |                |
| 1 = Never   | 40.0%          |
| 2 =   | 32.7%          |
| 3 =   | 18.2%          |
| 4 =   | 7.3%           |
| 5 = Very Often  | 5.5%           |

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b. Nicotine Patch	
1 = Never	38.2%
2 =	23.6%
3 =	18.2%
4 =	10.9%
5 = Very Often	9.1%
c. Nicotine Nasal Spray	
1 = Never	80.0%
2 =	18.2%
3 =	1.8%
4 =	0.0%
5 = Very Often	0.0%
d. Nicotine Inhaler	
1 = Never	76.4%
2 =	21.8%
3 =	1.8%
4 =	0.0%
5 = Very Often	0.0%
e. Bupropion (Wellbutrin, Zyban)	
1 = Never	42.6%
2 =	27.8%
3 =	14.8%
4 =	3.7%
5 = Very Often	11.1%

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f. Clonidine (suppresses opioid withdrawal symptoms; typically used to treat high blood pressure)

1 = Never	92.6%
2 =	7.4%
3 =	0.0%
4 =	0.0%
5 = Very Often	0.0%

g. Nortriptyline (antidepressant)

1 = Never	94.4%
2 =	3.7%
3 =	1.9%
4 =	0.0%
5 = Very Often	0.0%

23. We have enough staff to provide tobacco cessation programs.

1 = Strongly Disagree	9.1%
2 = Disagree	36.4%
3 = Agree	40.0%
4 = Strongly Agree	14.5%

24. Our staff are not trained to provide tobacco cessation.

1 = Strongly Disagree	12.7%
2 = Disagree	61.8%
3 = Agree	18.2%
4 = Strongly Agree	7.3%

25. We are too busy to provide tobacco cessation.

1 = Strongly Disagree	21.8%
2 = Disagree	72.7%
3 = Agree	5.5%
4 = Strongly Agree	0.0%

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26. We have few requests for tobacco cessation programs.

1 = Strongly Disagree	10.9%
2 = Disagree	41.8%
3 = Agree	36.4%
4 = Strongly Agree	10.9%

27. Tobacco cessation programs are too expensive.

1 = Strongly Disagree	9.1%
2 = Disagree	67.3%
3 = Agree	20.0%
4 = Strongly Agree	3.6%

28. Tobacco cessation programs are effective.

1 = Strongly Disagree	0.0%
2 = Disagree	10.9%
3 = Agree	67.3%
4 = Strongly Agree	21.8%

**For more information, contact:**

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