The Kentucky Department for Public Health  
University of Kentucky College of Nursing  
Local Health Department Tobacco Cessation Survey, 2001

1. Are you or other health department staff involved in providing tobacco cessation programs?

2. If “Yes”, what programs do you provide?
   a. Fresh Start (American Cancer Society)
   b. Freedom from Smoking (American Lung Association)
   c. Cooper-Clayton Method to Stop Smoking
   d. Make Yours a Fresh Start Family (American Cancer Society)

3. If “Yes”, how many tobacco cessation programs were offered within the last year? (Entire programs, not individual classes)

4. If “Yes”, how many clients/patients participated in tobacco cessation programs within the last year?

5. If “Yes”, how many clients/patients completed tobacco cessation programs within the last year?

6. If “Yes”, what is the job title of health department staff providing tobacco cessation (Check all that apply)?
   a. Health Educator
   b. Nurse
   c. Social Worker

7. On average, how many requests for tobacco cessation does your health department receive per month?

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**Kentucky (N = 55)**

40 (72.7%) Yes

7 (17.5%)  
0  
35 (87.5%)  
8 (20.0%)

Total Programs = 139  
Mean = 3.8 (SD = 4.0)

Total Clients/Patients = 1257  
Mean = 34.0 (SD = 44.5)

Total Clients/Patients =569  
Mean = 15.8 (SD = 24.2)  
(45.3% Completion Rate)

26 (65.0%)  
15 (37.5%)  
3 (7.5%)

Total Requests = 414  
Mean = 7.4 (SD = 14.6)

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8. Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area? 29 (53.7%) Yes

9. If “Yes”, how many people in your service area are trained to provide Cooper-Clayton programs? Total People = 156 Mean = 4.9 (SD = 5.3)

10. Within the past year, has your health department provided education programs on tobacco cessation for health care providers? 15 (27.3%) Yes

11. If “Yes”, about how many programs did you provide? Total Programs = 47 Mean = 3.1 (SD = 2.4)

12. Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)? 36 (65.5%) Yes

13. If “Yes”, is the tobacco-user identification system used for every patient at every clinic visit? 32 (88.9%) Yes

14. What kinds of educational methods are used for tobacco use cessation in your health department?
   a. Formal group classes 37 (67.3%) Yes
   b. Individual counseling 51 (92.7%) Yes
   c. Audio-visual materials 36 (65.5%) Yes
   d. Printed materials 54 (98.2%) Yes
   e. Posters 48 (87.3%) Yes

15. Does your clinic have self-help materials for tobacco use cessation available in every exam room? 32 (58.2%) Yes

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16. Are materials on secondhand smoke available in every exam room?  
27 (49.0%) Yes

17. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?  
41 (75.9%) Yes

18. Do your health care providers routinely advise patients to ban smoking in the home?  
39 (73.6%) Yes

19. Do you health care providers routinely advise patients to ban smoking in their cars?  
34 (64.2%) Yes

20. Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in you community for tobacco use cessation treatment?  
47 (85.5%) Yes

21. Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling)  
15 (27.8%) Yes

22. How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?

   a. Nicotine Gum
      1 = Never  40.0%
      2 = 32.7%
      3 = 18.2%
      4 = 7.3%
      5 = Very Often 5.5%
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<tr>
<th>b. Nicotine Patch</th>
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<tbody>
<tr>
<td>1 = Never</td>
<td>38.2%</td>
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<td>2 =</td>
<td>23.6%</td>
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<td>3 =</td>
<td>18.2%</td>
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<td>4 =</td>
<td>10.9%</td>
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<tr>
<td>5 = Very Often</td>
<td>9.1%</td>
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<th>c. Nicotine Nasal Spray</th>
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<tr>
<td>1 = Never</td>
<td>80.0%</td>
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<td>2 =</td>
<td>18.2%</td>
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<td>4 =</td>
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<td>5 = Very Often</td>
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<th>d. Nicotine Inhaler</th>
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<tr>
<td>1 = Never</td>
<td>76.4%</td>
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<td>2 =</td>
<td>21.8%</td>
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<td>3 =</td>
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<td>4 =</td>
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<td>5 = Very Often</td>
<td>0.0%</td>
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<th>e. Buproprion (Wellbutrin, Zyban)</th>
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<tr>
<td>1 = Never</td>
<td>42.6%</td>
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<td>2 =</td>
<td>27.8%</td>
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<tr>
<td>3 =</td>
<td>14.8%</td>
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<td>4 =</td>
<td>3.7%</td>
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<td>5 = Very Often</td>
<td>11.1%</td>
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f. Clonidine (suppresses opioid withdrawal symptoms; typically used to treat high blood pressure)
   1 = Never  92.6%
   2 = 7.4%
   3 = 0.0%
   4 = 0.0%
   5 = Very Often  0.0%

g. Nortiptyline (antidepressant)
   1 = Never  94.4%
   2 = 3.7%
   3 = 1.9%
   4 = 0.0%
   5 = Very Often  0.0%

23. We have enough staff to provide tobacco cessation programs.
   1 = Strongly Disagree  9.1%
   2 = Disagree  36.4%
   3 = Agree  40.0%
   4 = Strongly Agree  14.5%

24. Our staff are not trained to provide tobacco cessation.
   1 = Strongly Disagree  12.7%
   2 = Disagree  61.8%
   3 = Agree  18.2%
   4 = Strongly Agree  7.3%

25. We are too busy to provide tobacco cessation.
   1 = Strongly Disagree  21.8%
   2 = Disagree  72.7%
   3 = Agree  5.5%
   4 = Strongly Agree  0.0%
26. We have few requests for tobacco cessation programs.
1 = Strongly Disagree 10.9%
2 = Disagree 41.8%
3 = Agree 36.4%
4 = Strongly Agree 10.9%

27. Tobacco cessation programs are too expensive.
1 = Strongly Disagree 9.1%
2 = Disagree 67.3%
3 = Agree 20.0%
4 = Strongly Agree 3.6%

28. Tobacco cessation programs are effective.
1 = Strongly Disagree 0.0%
2 = Disagree 10.9%
3 = Agree 67.3%
4 = Strongly Agree 21.8%

For more information, contact:
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