

The Kentucky Department for Public Health  
University of Kentucky College of Nursing  
**Lewis County Health Department Tobacco Cessation Survey, 2003**

|   | <u>Lewis</u> | <u>Kentucky (N=55)</u>  |
|---|--------------|---|
| 1. Are you or other health department staff involved in providing tobacco cessation programs?           | Yes          | 55 (100.0%) Yes   |
| 2. If "Yes," what programs do you provide?  |              |   |
| a. Fresh Start (American Cancer Society)  | No           | 6 (10.9%) Yes   |
| b. Freedom from Smoking (American Lung Association)   | No           | 0 (0%) Yes  |
| c. Cooper-Clayton Method to Stop Smoking  | Yes          | 51 (92.7%) Yes  |
| d. Make Yours a Fresh Start Family (American Cancer Society)  | Yes          | 51 (92.7%) Yes  |
| e. Quit and Win   | No           | 25 (45.5%) Yes  |
| f. TEG/TAP  | No           | 42 (76.4%) Yes  |
| g. NOT  | No           | 8 (14.5%) Yes   |
| 3. If "Yes," how many tobacco cessation programs were offered within the last year?                     | 1            | Total Programs = 504<br>Mean = 9.5 ( <u>SD</u> = 12.8)                                      |
| 4. If "Yes," how many clients/patients participated in tobacco cessation programs within the last year? | 7            | Total Clients/Patients = 4439<br>(5277 <sup>a</sup> )<br>Mean = 83.8 ( <u>SD</u> = 87.0)    |
| 5. If "Yes," how many clients/patients completed tobacco cessation programs within the last year?       | 4            | Total Clients/Patients = 2580<br>Mean = 49.6 ( <u>SD</u> = 50.4)<br>(58.1% Completion Rate) |
| 6. If "Yes," what is the job title of health department staff providing tobacco cessation?              |              |   |
| a. Health Educator  | No           | 37 (67.3%) Yes  |
| b. Nurse  | Yes          | 43 (78.2%) Yes  |
| c. Social Worker  | No           | 7 (12.7%) Yes   |
| d. Physician  | No           | 0 (0%) Yes  |

<sup>a</sup>Number of participants in LHD cessation programs + number of Quit and Win registrants - number enrolled in both (see Question 8).

The Kentucky Department for Public Health  
 University of Kentucky College of Nursing  
**Lewis County Health Department Tobacco Cessation Survey, 2003**

|  | <u>Lewis</u> | <u>Kentucky (N=55)</u>   |
|--|--------------|--|
| 7. On average, how many requests for tobacco cessation does your health department receive per month?  | 1            | Total Requests = 455<br>Mean = 9.10 ( <u>SD</u> = 16.5)                    |
| 8. According to our records, 0 person in your area participated in the Quit & Win Tobacco-Free Contest. To the best of your knowledge, about how many people involved in your cessation programs also participated in Quit and Win 2003? | N/A          | Total People =137<br>Mean = 5.07 ( <u>SD</u> = 10.9)                       |
| 9. Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area?   | Yes          | 47 (85.5%) Yes   |
| 10. If "Yes," how many people in your service area are trained to provide Cooper-Clayton programs?   | 2            | Total People = 290<br>Mean = 6.4 ( <u>SD</u> = 7.7)                        |
| 11. How are the tobacco cessation programs in your area promoted?  |              |  |
| a. Word of mouth   | Yes          | 55 (100%) Yes  |
| b. Flyers/Brochures  | Yes          | 53 (96.4%) Yes   |
| c. Newspapers  | Yes          | 52 (94.5%) Yes   |
| d. Radio   | Yes          | 35 (63.6%) Yes   |
| e. Television  | No           | 18 (32.7%) Yes   |
| f. Church or Community bulletins   | No           | 30 (54.5%) Yes   |
| g. No promotion  | No           | 0 (0%) Yes   |
| 12. Approximately how much money have you spent in the past year promoting your cessation programs through newspaper, radio or television?   | \$300.00     | Total Amount =\$163,854.00<br>Mean =\$3,486.30<br>( <u>SD</u> = \$9061.36) |
| 13. Within the past year, has your health department provided education programs on tobacco cessation for health care providers?   | No           | 19 (35.2%) Yes   |

The Kentucky Department for Public Health  
 University of Kentucky College of Nursing  
**Lewis County Health Department Tobacco Cessation Survey, 2003**

|  | <u>Lewis</u> | <u>Kentucky (N=55)</u> |
|--|--------------|------------------------|
| 14. Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)?                               | Yes          | 48 (87.3%) Yes         |
| 15. If "Yes," is the tobacco-user identification system used for every patient at every clinic visit?  | Yes          | 44 (91.7%) Yes         |
| 16. What kinds of educational methods are used for tobacco use cessation in your health department?  |              |                        |
| a. Formal group classes  | Yes          | 42 (76.4%) Yes         |
| b. Individual counseling   | Yes          | 54 (98.2%) Yes         |
| c. Audio-visual materials  | No           | 45 (81.8%) Yes         |
| d. Printed materials   | Yes          | 55 (100.0%) Yes        |
| e. Posters   | Yes          | 53 (96.4%) Yes         |
| 17. Does your clinic have self-help materials for tobacco use cessation available in every exam room?  | Yes          | 43 (78.2%) Yes         |
| 18. Are materials on secondhand smoke available in every exam room?  | Yes          | 37 (67.3%) Yes         |
| 19. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?  | Yes          | 50 (90.9%) Yes         |
| 20. Do your health care providers routinely advise patients to ban smoking in the home?  | Yes          | 51 (94.4%) Yes         |
| 21. Do you health care providers routinely advise patients to ban smoking in their cars?   | Yes          | 51 (94.4%) Yes         |
| 22. Do your health care providers routinely provide brief cessation interventions using the 5 A's (Ask, Advise, Assess, Assist, Arrange)?                        | Yes          | 35 (64.8%) Yes         |
| 23. Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco cessation treatment? | Yes          | 53 (98.1%) Yes         |

The Kentucky Department for Public Health  
 University of Kentucky College of Nursing  
**Lewis County Health Department Tobacco Cessation Survey, 2003**

|     |   | <u>Lewis</u> | <u>Kentucky (N=55)</u> |       |
|-----|---|--------------|------------------------|-------|
| 24. | Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling) | Yes          | 24 (47.1%) Yes         |       |
| 25. | How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?                                    |              |                        |       |
|     | a. Nicotine Gum   | 1= Never     | 1= Never               | 40.0% |
|     |   |              | 2=                     | 16.4% |
|     |   |              | 3=                     | 14.5% |
|     |   |              | 4=                     | 9.1%  |
|     |   |              | 5= Very Often          | 20.0% |
|     | b. Nicotine Patch   | 1= Never     | 1= Never               | 32.7% |
|     |   |              | 2=                     | 5.5%  |
|     |   |              | 3=                     | 9.1%  |
|     |   |              | 4=                     | 20.0% |
|     |   |              | 5= Very Often          | 32.7% |
|     | c. Nicotine Nasal Spray   | 1= Never     | 1= Never               | 64.8% |
|     |   |              | 2=                     | 22.2% |
|     |   |              | 3=                     | 11.1% |
|     |   |              | 4=                     | 0.0%  |
|     |   |              | 5= Very Often          | 1.9%  |
|     | d. Nicotine Inhaler   | 1= Never     | 1= Never               | 68.5% |
|     |   |              | 2=                     | 20.4% |
|     |   |              | 3=                     | 5.6%  |
|     |   |              | 4=                     | 1.9%  |
|     |   |              | 5= Very Often          | 3.7%  |
|     | e. Nicotine Lozenges  | 1= Never     | 1= Never               | 70.4% |
|     |   |              | 2=                     | 11.1% |
|     |   |              | 3=                     | 9.3%  |
|     |   |              | 4=                     | 3.7%  |
|     |   |              | 5= Very Often          | 5.6%  |

The Kentucky Department for Public Health  
 University of Kentucky College of Nursing  
**Lewis County Health Department Tobacco Cessation Survey, 2003**

|   | <u>Lewis</u>         | <u>Kentucky (N=55)</u>   |  |
|---|----------------------|--|--|
| f. Bupropion (Wellbutrin, Zyban)  | 1= Never             | 1= Never<br>2=<br>3=<br>4=<br>5= Very Often                          | 49.1%<br>12.7%<br>12.7%<br>16.4%<br>9.1% |
| g. Clonidine (suppresses opioid withdrawal symptoms; typically used to treat high blood pressure) | 1= Never             | 1= Never<br>2=<br>3=<br>4=<br>5= Very Often                          | 78.8%<br>9.6%<br>11.5%<br>0.0%<br>0.0%   |
| h. Nortriptyline (antidepressant)   | 1= Never             | 1= Never<br>2=<br>3=<br>4=<br>5= Very Often                          | 80.8%<br>9.6%<br>9.6%<br>0.0%<br>0.0%    |
| 26. We have enough staff to provide tobacco cessation programs.                                   | 3= Agree             | 1= Strongly Disagree<br>2= Disagree<br>3= Agree<br>4= Strongly Agree | 16.4%<br>21.8%<br>40.0%<br>21.8%         |
| 27. Our staff are not trained to provide tobacco cessation.                                       | 1= Strongly Disagree | 1= Strongly Disagree<br>2= Disagree<br>3= Agree<br>4= Strongly Agree | 36.4%<br>43.6%<br>14.5%<br>5.5%          |
| 28. We are too busy to provide tobacco cessation.   | 1= Strongly Disagree | 1= Strongly Disagree<br>2= Disagree<br>3= Agree<br>4= Strongly Agree | 30.9%<br>52.7%<br>16.4%<br>0.0%          |
| 29. We have few requests for tobacco cessation programs.  | 3= Agree             | 1= Strongly Disagree<br>2= Disagree<br>3= Agree<br>4= Strongly Agree | 24.1%<br>31.5%<br>29.6%<br>14.8%         |

The Kentucky Department for Public Health  
 University of Kentucky College of Nursing  
**Lewis County Health Department Tobacco Cessation Survey, 2003**

|     |   | <u>Lewis</u>         | <u>Kentucky (N=55)</u> |       |
|-----|---|----------------------|------------------------|-------|
| 30. | Tobacco cessation programs are too expensive. | 1= Strongly Disagree | 1= Strongly Disagree   | 38.2% |
|     |   |                      | 2= Disagree            | 41.8% |
|     |   |                      | 3= Agree               | 14.5% |
|     |   |                      | 4= Strongly Agree      | 5.5%  |
| 31. | Tobacco cessation programs are effective.     | 3= Agree             | 1= Strongly Disagree   | 0.0%  |
|     |   |                      | 2= Disagree            | 1.9%  |
|     |   |                      | 3= Agree               | 64.2% |
|     |   |                      | 4= Strongly Agree      | 34.0% |

*This report was prepared through a contract between the Kentucky Cabinet  
 for Health Services and the University of Kentucky College of Nursing*

**For more information, contact:**

**Dr. Ellen Hahn, DNS, RN**  
**Associate Professor**  
**University of Kentucky**  
**College of Nursing**  
**(859) 257-2358**  
[ejhahn00@pop.uky.edu](mailto:ejhahn00@pop.uky.edu)