Lincoln Trail District Health Department Tobacco Cessation Survey, 2003

1. Are you or other health department staff involved in providing tobacco cessation programs?  
   - Yes 55 (100.0%) Yes

2. If “Yes,” what programs do you provide?  
   a. Fresh Start (American Cancer Society)  
      - Yes 6 (10.9%) Yes
   b. Freedom from Smoking (American Lung Association)  
      - No 0 (0%) Yes
   c. Cooper-Clayton Method to Stop Smoking  
      - Yes 51 (92.7%) Yes
   d. Make Yours a Fresh Start Family (American Cancer Society)  
      - Yes 51 (92.7%) Yes
   e. Quit and Win  
      - No 25 (45.5%) Yes
   f. TEG/TAP  
      - No 42 (76.4%) Yes
   g. NOT  
      - No 8 (14.5%) Yes

3. If “Yes,” how many tobacco cessation programs were offered within the last year?  
   - 48 Total Programs = 504  
   - Mean = 9.5  (SD = 12.8)

4. If “Yes,” how many clients/patients participated in tobacco cessation programs within the last year?  
   - 380 Total Clients/Patients = 4439 (398)  
   - Mean = 83.8  (SD = 87.0)

5. If “Yes,” how many clients/patients completed tobacco cessation programs within the last year?  
   - 240 Total Clients/Patients = 2580  
   - Mean = 49.6  (SD = 50.4)  
   - (58.1% Completion Rate)

6. If “Yes,” what is the job title of health department staff providing tobacco cessation?  
   a. Health Educator  
      - Yes 37 (67.3%) Yes
   b. Nurse  
      - Yes 43 (78.2%) Yes
   c. Social Worker  
      - No 7 (12.7%) Yes
   d. Physician  
      - No 0 (0%) Yes

Number of participants in LHD cessation programs + number of Quit and Win registrants - number enrolled in both (see Question 8).
### Lincoln Trail District Health Department Tobacco Cessation Survey, 2003

<table>
<thead>
<tr>
<th>Question</th>
<th>Lincoln Trail</th>
<th>Kentucky (N=55)</th>
</tr>
</thead>
<tbody>
<tr>
<td>7. On average, how many requests for tobacco cessation does your health</td>
<td>*</td>
<td>Total Requests = 455</td>
</tr>
<tr>
<td>department receive per month?</td>
<td></td>
<td>Mean = 9.10 (SD = 16.5)</td>
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<tr>
<td>8. According to our records, 18 person in your area participated in the</td>
<td>*</td>
<td>Total People = 137</td>
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<tr>
<td>Quit &amp; Win Tobacco-Free Contest. To the best of your knowledge, about</td>
<td></td>
<td>Mean = 5.07 (SD = 10.9)</td>
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<tr>
<td>how many people involved in your cessation programs also participated</td>
<td></td>
<td></td>
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<tr>
<td>in Quit and Win 2003?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. Within the past year, have any Cooper-Clayton Method to Stop</td>
<td>Yes</td>
<td>47 (85.5%) Yes</td>
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<tr>
<td>Smoking programs been provided in your service area?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10. If “Yes,” how many people in your service area are trained to</td>
<td>22</td>
<td>Total People = 290</td>
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<tr>
<td>provide Cooper-Clayton programs?</td>
<td></td>
<td>Mean = 6.4 (SD = 7.7)</td>
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<tr>
<td>11. How are the tobacco cessation programs in your area promoted?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>a. Word of mouth</td>
<td>Yes</td>
<td>55 (100%) Yes</td>
</tr>
<tr>
<td>b. Flyers/Brochures</td>
<td>Yes</td>
<td>53 (96.4%) Yes</td>
</tr>
<tr>
<td>c. Newspapers</td>
<td>Yes</td>
<td>52 (94.5%) Yes</td>
</tr>
<tr>
<td>d. Radio</td>
<td>Yes</td>
<td>35 (63.6%) Yes</td>
</tr>
<tr>
<td>e. Television</td>
<td>Yes</td>
<td>18 (32.7%) Yes</td>
</tr>
<tr>
<td>f. Church or Community bulletins</td>
<td>Yes</td>
<td>30 (54.5%) Yes</td>
</tr>
<tr>
<td>g. No promotion</td>
<td>No</td>
<td>0 (0%) Yes</td>
</tr>
<tr>
<td>12. Approximately how much money have you spent in the past year</td>
<td>*</td>
<td>Total Amount =$163,854.00</td>
</tr>
<tr>
<td>promoting your cessation programs through newspaper, radio or</td>
<td></td>
<td>Mean =$3,486.30</td>
</tr>
<tr>
<td>television?</td>
<td></td>
<td>(SD = $9061.36)</td>
</tr>
<tr>
<td>13. Within the past year, has your health department provided</td>
<td>No</td>
<td>19 (35.2%) Yes</td>
</tr>
<tr>
<td>education programs on tobacco cessation for health care providers?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* = missing data
14. Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)?
   Lincoln Trail: Yes
   Kentucky (N=55): 48 (87.3%) Yes

15. If “Yes,” is the tobacco-user identification system used for every patient at every clinic visit?
   Lincoln Trail: Yes
   Kentucky (N=55): 44 (91.7%) Yes

16. What kinds of educational methods are used for tobacco use cessation in your health department?
   a. Formal group classes
      Lincoln Trail: No
      Kentucky (N=55): 42 (76.4%) Yes
   b. Individual counseling
      Lincoln Trail: Yes
      Kentucky (N=55): 54 (98.2%) Yes
   c. Audio-visual materials
      Lincoln Trail: Yes
      Kentucky (N=55): 45 (81.8%) Yes
   d. Printed materials
      Lincoln Trail: Yes
      Kentucky (N=55): 55 (100.0%) Yes
   e. Posters
      Lincoln Trail: Yes
      Kentucky (N=55): 53 (96.4%) Yes

17. Does your clinic have self-help materials for tobacco use cessation available in every exam room?
   Lincoln Trail: Yes
   Kentucky (N=55): 43 (78.2%) Yes

18. Are materials on secondhand smoke available in every exam room?
   Lincoln Trail: Yes
   Kentucky (N=55): 37 (67.3%) Yes

19. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?
   Lincoln Trail: Yes
   Kentucky (N=55): 50 (90.9%) Yes

20. Do your health care providers routinely advise patients to ban smoking in the home?
    Lincoln Trail: Yes
    Kentucky (N=55): 51 (94.4%) Yes

21. Do you health care providers routinely advise patients to ban smoking in their cars?
    Lincoln Trail: Yes
    Kentucky (N=55): 51 (94.4%) Yes

22. Do your health care providers routinely provide brief cessation interventions using the 5 A's (Ask, Advise, Assess, Assist, Arrange)?
    Lincoln Trail: Yes
    Kentucky (N=55): 35 (64.8%) Yes

23. Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco cessation treatment?
    Lincoln Trail: Yes
    Kentucky (N=55): 53 (98.1%) Yes

* = missing data

1/6/2004
24. Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling)

   Lincoln Trail   Kentucky (N=55)

   No                  24 (47.1%) Yes

25. How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?

   a. Nicotine Gum
      5= Very Often 1= Never 40.0%
      2= 16.4%
      3= 14.5%
      4= 9.1%
      5= Very Often 20.0%

   b. Nicotine Patch
      5= Very Often 1= Never 32.7%
      2= 5.5%
      3= 9.1%
      4= 20.0%
      5= Very Often 32.7%

   c. Nicotine Nasal Spray
      1= Never 1= Never 64.8%
      2= 22.2%
      3= 11.1%
      4= 0.0%
      5= Very Often 1.9%

   d. Nicotine Inhaler
      1= Never 1= Never 68.5%
      2= 20.4%
      3= 5.6%
      4= 1.9%
      5= Very Often 3.7%

   e. Nicotine Lozenges
      1= Never 1= Never 70.4%
      2= 11.1%
      3= 9.3%
      4= 3.7%
      5= Very Often 5.6%

* = missing data
Lincoln Trail District Health Department Tobacco Cessation Survey, 2003

f. Bupropion (Wellbutrin, Zyban)

1= Never 49.1%
2= 12.7%
3= 12.7%
4= 16.4%
5= Very Often 9.1%

Lincoln Trail
Kentucky (N=55)

1= Never 78.8%
2= 9.6%
3= 11.5%
4= 0.0%
5= Very Often 0.0%

g. Clonidine (suppresses opioid withdrawal symptoms; typically used to treat high blood pressure)

1= Never 80.8%
2= 9.6%
3= 9.6%
4= 0.0%
5= Very Often 0.0%

h. Nortriptyline (antidepressant)

1= Never 80.8%
2= 9.6%
3= 9.6%
4= 0.0%
5= Very Often 0.0%

26. We have enough staff to provide tobacco cessation programs.

3= Agree 16.4%
2= Disagree 21.8%
3= Agree 40.0%
4= Strongly Agree 21.8%

27. Our staff are not trained to provide tobacco cessation.

2= Disagree 36.4%
2= Disagree 43.6%
3= Agree 14.5%
4= Strongly Agree 5.5%

28. We are too busy to provide tobacco cessation.

2= Disagree 30.9%
2= Disagree 52.7%
3= Agree 16.4%
4= Strongly Agree 0.0%

29. We have few requests for tobacco cessation programs.

4= Strongly Agree 24.1%
2= Disagree 31.5%
3= Agree 29.6%
4= Strongly Agree 14.8%

*= missing data
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30. Tobacco cessation programs are too expensive.
   4= Strongly Agree 3= Agree 2= Disagree 1= Strongly Disagree
   38.2% 14.5% 41.8%

31. Tobacco cessation programs are effective.
   3= Agree 2= Disagree 1= Strongly Disagree
   64.2% 1.9% 0.0%