

The Kentucky Department for Public Health  
 University of Kentucky College of Nursing  
**Madison County Health Department Tobacco Cessation Survey, 2001**

|  | <u>Madison</u> | <u>Kentucky (N=55)</u>                                     |
|--|----------------|--|
| 1. Are you or other health department staff involved in providing tobacco cessation programs?                                    | Yes            | 40 (72.7%) Yes   |
| 2. If "Yes", what programs do you provide?   |                |  |
| a. Fresh Start (American Cancer Society)   | Yes            | 7 (17.5%)  |
| b. Freedom from Smoking (American Lung Association)  | No             | 0  |
| c. Cooper-Clayton Method to Stop Smoking   | Yes            | 35 (87.5%)   |
| d. Make Yours a Fresh Start Family (American Cancer Society)   | Yes            | 8 (20.0%)  |
| 3. If "Yes", how many tobacco cessation programs were offered within the last year?<br>(Entire programs, not individual classes) | 4              | Mean = 3.8 ( <u>SD</u> = 4.0)                              |
| 4. If "Yes", how many clients/patients participated in tobacco cessation programs within the last year?                          | 40             | Mean = 34.0 ( <u>SD</u> = 44.5)                            |
| 5. If "Yes", how many clients/patients completed tobacco cessation programs within the last year?                                | 20             | Mean = 15.8 ( <u>SD</u> = 24.2)<br>(45.3% Completion Rate) |
| 6. If "Yes", what is the job title of health department staff providing tobacco cessation<br>(Check all that apply)?             |                |  |
| a. Health Educator   | Yes            | 26 (65.0%)   |
| b. Nurse   | No             | 15 (37.5%)   |
| c. Social Worker   | No             | 3 (12.5%)  |
| 7. On average, how many requests for tobacco cessation does your health department receive per month?                            | 100            | Mean = 7.4 ( <u>SD</u> = 14.6)                             |

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| 8. Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area?               | Yes            | 29 (53.7%) Yes                |
| 9. If “Yes”, how many people in your service area are trained to provide Cooper-Clayton programs?                                  | 8              | Mean = 4.9 ( <u>SD</u> = 5.3) |
| 10. Within the past year, has your health department provided education programs on tobacco cessation for health care providers?   | Yes            | 15 (27.3%) Yes                |
| 11. If “Yes”, about how many programs did you provide?   | 2              | Mean = 3.1 ( <u>SD</u> = 2.4) |
| 12. Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)? | Yes            | 36 (65.5%) Yes                |
| 13. If “Yes”, is the tobacco-user identification system used for every patient at every clinic visit?                              | Yes            | 32 (88.9%) Yes                |
| 14. What kinds of educational methods are used for tobacco use cessation in your health department?                                |                |                               |
| a. Formal group classes  | Yes            | 37 (67.3%)                    |
| b. Individual counseling   | Yes            | 51 (92.7%)                    |
| c. Audio-visual materials  | Yes            | 36 (65.5%)                    |
| d. Printed materials   | Yes            | 54 (98.2%)                    |
| e. Posters   | Yes            | 48 (87.3%)                    |
| 15. Does your clinic have self-help materials for tobacco use cessation available in every exam room?                              | Yes            | 32 (58.2%) Yes                |

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| 16. Are materials on secondhand smoke available in every exam room?   | Yes            | 27 (49.0%) Yes         |
| 17. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?   | Yes            | 41 (75.9%) Yes         |
| 18. Do your health care providers routinely advise patients to ban smoking in the home?   | Yes            | 39 (73.6%) Yes         |
| 19. Do you health care providers routinely advise patients to ban smoking in their cars?  | Yes            | 34 (64.2%) Yes         |
| 20. Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in you community for tobacco use cessation treatment? | Yes            | 47 (85.5%) Yes         |
| 21. Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling)     | Yes            | 15 (27.8%) Yes         |
| 22. How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?  |                |                        |

a. Nicotine Gum

Madison

Kentucky

|                |                |       |
|----------------|----------------|-------|
|                | 1 = Never      | 40.0% |
|                | 2 =            | 32.7% |
|                | 3 =            | 18.2% |
|                | 4 =            | 7.3%  |
| 5 = Very Often | 5 = Very Often | 5.5%  |

b. Nicotine Patch

Madison

Kentucky

|                |                |       |
|----------------|----------------|-------|
|                | 1 = Never      | 38.2% |
|                | 2 =            | 23.6% |
|                | 3 =            | 18.2% |
|                | 4 =            | 10.9% |
| 5 = Very Often | 5 = Very Often | 9.1%  |

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c. Nicotine Nasal Spray

| <u>Madison</u> | <u>Kentucky</u> |       |
|----------------|-----------------|-------|
| 1 = Never      | 1 = Never       | 80.0% |
|                | 2 =             | 18.2% |
|                | 3 =             | 1.8%  |
|                | 4 =             | 0.0%  |
|                | 5 = Very Often  | 0.0%  |

d. Nicotine Inhaler

| <u>Madison</u> | <u>Kentucky</u> |       |
|----------------|-----------------|-------|
| 1 = Never      | 1 = Never       | 76.4% |
|                | 2 =             | 21.8% |
|                | 3 =             | 1.8%  |
|                | 4 =             | 0.0%  |
|                | 5 = Very Often  | 0.0%  |

e. Bupropion (Wellbutrin, Zyban)

| <u>Madison</u> | <u>Kentucky</u> |       |
|----------------|-----------------|-------|
|                | 1 = Never       | 42.6% |
|                | 2 =             | 27.8% |
|                | 3 =             | 14.8% |
|                | 4 =             | 3.7%  |
| 5 = Very Often | 5 = Very Often  | 11.1% |

f. Clonidine (suppresses opioid withdrawal symptoms; typically used to treat high blood pressure)

| <u>Madison</u> | <u>Kentucky</u> |       |
|----------------|-----------------|-------|
|                | 1 = Never       | 92.6% |
| 2 =            | 2 =             | 7.4%  |
|                | 3 =             | 0.0%  |
|                | 4 =             | 0.0%  |
|                | 5 = Very Often  | 0.0%  |

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g. Nortiptyline (antidepressant)

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|----------------|-----------------|-------|
|                | 1 = Never       | 94.4% |
| 2 =            | 2 =             | 3.7%  |
|                | 3 =             | 1.9%  |
|                | 4 =             | 0.0%  |
|                | 5 = Very Often  | 0.0%  |

23. We have enough staff to provide tobacco cessation programs.

| <u>Madison</u>     | <u>Kentucky</u>       |       |
|--------------------|-----------------------|-------|
|                    | 1 = Strongly Disagree | 9.1%  |
|                    | 2 = Disagree          | 36.4% |
|                    | 3 = Agree             | 40.0% |
| 4 = Strongly Agree | 4 = Strongly Agree    | 14.5% |

24. Our staff are not trained to provide tobacco cessation.

| <u>Madison</u> | <u>Kentucky</u>       |       |
|----------------|-----------------------|-------|
|                | 1 = Strongly Disagree | 12.7% |
| 2 = Disagree   | 2 = Disagree          | 61.8% |
|                | 3 = Agree             | 18.2% |
|                | 4 = Strongly Agree    | 7.3%  |

25. We are too busy to provide tobacco cessation.

| <u>Madison</u> | <u>Kentucky</u>       |       |
|----------------|-----------------------|-------|
|                | 1 = Strongly Disagree | 21.8% |
| 2 = Disagree   | 2 = Disagree          | 72.7% |
|                | 3 = Agree             | 5.5%  |
|                | 4 = Strongly Agree    | 0.0%  |

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26. We have few requests for tobacco cessation programs.

| <u>Madison</u> | <u>Kentucky</u>             |
|----------------|-----------------------------|
|                | 1 = Strongly Disagree 10.9% |
| 2 = Disagree   | 2 = Disagree 41.8%          |
|                | 3 = Agree 36.4%             |
|                | 4 = Strongly Agree 10.9%    |

27. Tobacco cessation programs are too expensive.

| <u>Madison</u> | <u>Kentucky</u>            |
|----------------|----------------------------|
|                | 1 = Strongly Disagree 9.1% |
| 2 = Disagree   | 2 = Disagree 67.3%         |
|                | 3 = Agree 20.0%            |
|                | 4 = Strongly Agree 3.6%    |

28. Tobacco cessation programs are effective.

| <u>Madison</u>     | <u>Kentucky</u>            |
|--------------------|----------------------------|
|                    | 1 = Strongly Disagree 0.0% |
|                    | 2 = Disagree 10.9%         |
|                    | 3 = Agree 67.3%            |
| 4 = Strongly Agree | 4 = Strongly Agree 21.8%   |

**For more information, contact:**

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