

The Kentucky Department for Public Health  
 University of Kentucky College of Nursing  
 Local Health Department Tobacco Cessation Survey, 2008

		Montgomery	Kentucky*		
			number	%	N
1A.	Are you or other health department staff involved in providing tobacco cessation programs?	Yes	54	96.4%	56
What cessation programs do you provide?					
1A1.	Cooper-Clayton Method to Stop Smoking	Yes	53	98.1%	54
a.	How many programs were offered in the last year?	6	Total = 281	Mean = 5.4	SD = 5.9
b.	How many individuals participated in the last fiscal year?	33	Total = 2443	Mean = 48.9	SD = 48
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	7	Total = 1069	Mean = 21.4	SD = 34.7
1A2.	Freedom From Smoking	No	0	0.0%	54
a.	How many programs were offered in the last year?		Total = 0	Mean = 0.0	SD = 0.0
b.	How many individuals participated in the last fiscal year?		Total = 0	Mean = 0.0	SD = 0.0
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?		Total = 0	Mean = 0.0	SD = 0.0
1A3.	Fresh Start	No	3	5.6%	54
a.	How many programs were offered in the last year?		Total = 0	Mean = 0	SD = 0
b.	How many individuals participated in the last fiscal year?		Total = 0	Mean = 0	SD = 0
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?		Total = 0	Mean = 0	SD = 0
1A4.	Make Yours a Fresh Start Family	Yes	36	66.7%	54
a.	How many individuals participated in the last fiscal year?		Total = 3220	Mean = 322	SD = 636.9
b.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?		Total = 223	Mean = 31.9	SD = 33.4

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1A5.	Not on Tobacco (N.O.T.)	No		4	7.7%	52
a.	How many programs were offered in the last year?		Total = 3	Mean = 0.8	SD = 1.0	
b.	How many individuals participated in the last fiscal year?		Total = 22	Mean = 5.5	SD = 8	
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?		Total = 17	Mean = 4.3	SD = 5.7	
1A6.	Quit and Win	No		1	1.9%	53
a.	How many programs were offered in the last year?		Total = 1	Mean = 1	SD = 0	
b.	How many individuals participated in the last fiscal year?		Total = 20	Mean = 20	SD = 0	
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?		Total = 10	Mean = 10	SD = 0	
1A7.	TEG/TAP	Yes		34	64.2%	53
a.	How many programs were offered in the last year?	0	Total = 221	Mean = 7.4	SD = 21	
b.	How many individuals participated in the last fiscal year?	0	Total = 1152	Mean = 42.7	SD = 69.4	
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	0	Total = 119	Mean = 6	SD = 11.4	
1A8.	Other Programs	No		13	24.5%	53
a.	How many programs were offered in the last year?		Total = 186	Mean = 18.6	SD = 46.4	
b.	How many individuals participated in the last fiscal year?		Total = 4303	Mean = 478.1	SD = 1230	
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?		Total = 77	Mean = 12.8	SD = 15.2	

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1B. What is the job classification of health department staff providing cessation programs?					
1B1. Health Educator	Yes		43	76.8%	56
1B2. Nurse	Yes		31	55.4%	56
1B3. Social Worker	No		9	16.1%	56
1B4. Physician	No		0	0.0%	56
1B5. Program Coordinator/Specialist/Director	No		20	35.7%	56
1B6. Dietician/Nutritionist	No		12	21.4%	56
1B7. Other	No		11	19.6%	56
2. On average, how many requests for tobacco cessation does your health department receive per month?	8	Total = 1179	Mean = 21.8	SD = 47.9	
3. If Cooper-Clayton programs have been provided in your service area, how many people in your area are trained to provide Cooper-Clayton?	8	Total = 402	Mean = 7.6	SD = 10.4	
4. How do you promote tobacco cessation programs in your area?					
4a. Word of Mouth	Yes		54	96.4%	56
4b. Flyers/Brochures	Yes		52	92.9%	56
4c. Newspaper	Yes		54	96.4%	56
4d. Radio	Yes		36	64.3%	56
4e. Television	No		17	30.4%	56
4f. Church or Community Bulletins	Yes		33	58.9%	56
4g. Health Fairs/Career Fairs	Yes		51	91.1%	56
4h. Website	Yes		32	57.1%	56
4i. Billboards/Signs	Yes		12	21.4%	56

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4j. No promotions	No		1	1.8%	56
4k. Other promotions	Yes		20	35.7%	56
5. Approximately how much money have you spent in the past year promoting your cessation programs through the radio, newspaper and/or television?	\$3,500.00	Total = \$68,819.00	Mean = \$1,298.50	SD = \$2,571.10	
6. Within the past year, how have you promoted the Kentucky Quit Line (1-800-QUIT-NOW)?					
6a. Distributed brochures/fliers	Yes		53	94.6%	56
6b. Distributed Quit Line prescription pads	Yes		44	78.6%	56
6c. Paid advertising	Yes		12	21.4%	56
6d. Earned (unpaid) media	Yes		27	48.2%	56
6e. Cooper-Clayton or other program	Yes		42	75.0%	56
6f. Hospitals/Clinic	Yes		44	78.6%	56
6g. Health Fairs	Yes		46	82.1%	56
6h. Other	Yes		22	39.3%	56
7. Within the past year, has your health department provided education programs on tobacco cessation for health care providers?	No		18	32.1%	56
7a. If yes, how many programs were provided		Total = 33	Mean = 1.8	SD = 1.1	
8. Does your health department have a tobacco user identification system?	Yes		47	83.9%	56
8a. If yes, is the tobacco user identification system used for every patient at every clinic visit?	Yes		46	97.9%	47

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9. Does your health department provide individual counseling for tobacco users who want to quit?	Yes	49	87.5%	56
9a. If yes, is the counseling typically:				
Brief intervention (3-5 minutes)	Yes	30	61.2%	49
Intermediate (6-10 minutes)	No	9	18.4%	49
Intensive (>10 minutes)	No	10	20.4%	49
Don't know	No	1	2.0%	49
10. Are all indoor areas, including offices at your health department, smoke free?	Yes	56	100.0%	56
11. Are your health care providers aware that Medicaid reimburses for smoking cessation counseling and support programs for pregnant women?	Yes	45	80.4%	56
11a. If yes, are you using diagnosis and CPT codes to bill Medicaid for smoking cessation?	No	28	63.6%	44
12. Does your clinic have self-help materials for tobacco use cessation available in every exam room?	Yes	51	91.1%	56
13. Are materials on secondhand smoke available in every exam room?	Yes	49	87.5%	56
14. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?	Yes	55	98.2%	56
15. Do your health care providers routinely advise patients to ban smoking in the home?	Yes	54	96.4%	56
16. Do your health care providers routinely advise patients to ban smoking in their cars?	Yes	51	91.1%	56

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17. Do your health care providers routine provide brief cessation interventions using the 5 A's?	Yes	46	82.1%	56
18. Do your providers routinely refer tobacco users who want to quit to a counselor or program available?	Yes	56	100.0%	56
18a. To what person or program do they refer?				
18a1. Kentucky's Tobacco Quit Line	Yes	50	89.3%	56
18a2. Cooper-Clayton Group Program	Yes	51	91.1%	56
18a3. Cooper-Clayton Self-Help Program	No	14	25.0%	56
18a4. Tobacco Control Coordinator or Specialist	Yes	49	87.5%	56
18a5. Health Educator	Yes	47	83.9%	56
18a6. Community Health Nurse	Yes	25	44.6%	56
18a7. Nutritionist	No	17	30.4%	56
18a8. Health Care Provider/Hospital	Yes	22	39.3%	56
18a9. Other	No	6	10.7%	56
19. Do your health care providers routinely discuss relapse with former smokers within 12 months after quitting?	Yes	37	66.1%	56
20. Does your employee health plan at your health department reimburse for tobacco use cessation treatment?	Yes	43	78.2%	55
20a. If yes, does the plan cover:				
20a1. Nicotine Replacement Therapy (NRT)	Yes	41	93.2%	44
20a2. Other medications	Yes	31	70.5%	44
20a3. Classes or counseling for cessation	No	11	25.0%	44

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How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?

		1 = Never		2		3		4		5 = Very often		N
		n	%	n	%	n	%	n	%	n	%	
21. Nicotine Gum	2	30.4	17	26.8	15	26.8	15	8.9	5	7.1	4	56
22. Nicotine Patch	5	16.1	9	7.1	4	1.8	1	25	14	50	28	56
23. Nicotine Spray	1	69.6	39	17.9	10	8.9	5	1.8	1.0	1.8	1	56
24. Nicotine Inhaler	1	66.1	37	25	14	5.4	3	0	0	3.6	2	56
25. Nicotine Lozenges	3	35.7	20	23.2	13	23.2	13	12.5	7	5.4	3	56
26. Bupropion (Wellbutrin, Zyban)	2	33.9	19	23.2	13	26.8	15	10.7	6	5.4	3	56
27. Varenicline (Chantix)	5	23.2	13	14.3	8	17.9	10	23.2	13	21.4	12	56
28. Other Medications	1	96.3	52	1.9	1.0	1.9	1.0	0	0.0	0	0.0	54

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