### Oldham County Health Department Tobacco Cessation Survey, 2003

1. Are you or other health department staff involved in providing tobacco cessation programs?  
   - Yes 55 (100.0%) Yes

2. If “Yes,” what programs do you provide?  
   - a. Fresh Start (American Cancer Society)  
     - Yes 6 (10.9%) Yes
   - b. Freedom from Smoking (American Lung Association)  
     - No 0 (0%) Yes
   - c. Cooper-Clayton Method to Stop Smoking  
     - No 51 (92.7%) Yes
   - d. Make Yours a Fresh Start Family (American Cancer Society)  
     - Yes 51 (92.7%) Yes
   - e. Quit and Win  
     - No 25 (45.5%) Yes
   - f. TEG/TAP  
     - No 42 (76.4%) Yes
   - g. NOT  
     - No 8 (14.5%) Yes

3. If “Yes,” how many tobacco cessation programs were offered within the last year?  
   - 3 Total Programs = 504
   - Mean = 9.5 (SD = 12.8)

4. If “Yes,” how many clients/patients participated in tobacco cessation programs within the last year?  
   - 20 Total Clients/Patients = 4439
   - (26) Mean = 83.8 (SD = 87.0)

5. If “Yes,” how many clients/patients completed tobacco cessation programs within the last year?  
   - 18 Total Clients/Patients = 2580
   - Mean = 49.6 (SD = 50.4)
   - (58.1% Completion Rate)

6. If “Yes,” what is the job title of health department staff providing tobacco cessation?  
   - a. Health Educator  
     - No 37 (67.3%) Yes
   - b. Nurse  
     - Yes 43 (78.2%) Yes
   - c. Social Worker  
     - No 7 (12.7%) Yes
   - d. Physician  
     - No 0 (0%) Yes

*Number of participants in LHD cessation programs + number of Quit and Win registrants - number enrolled in both (see Question 8).
7. On average, how many requests for tobacco cessation does your health department receive per month?  
   Oldham: *  
   Kentucky (N=55): Total Requests = 455  
                     Mean = 9.1 (SD = 16.5)

8. According to our records, 7 person in your area participated in the Quit & Win Tobacco-Free Contest. To the best of your knowledge, about how many people involved in your cessation programs also participated in Quit and Win 2003?  
   Oldham: 1  
   Kentucky (N=55): Total People = 137  
                    Mean = 5.1 (SD = 10.9)

9. Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area?  
   Oldham: No  
   Kentucky (N=55): 47 (85.5%) Yes

10. How are the tobacco cessation programs in your area promoted?  
    a. Word of mouth: Yes  
    b. Flyers/Brochures: Yes  
    c. Newspapers: Yes  
    d. Radio: No  
    e. Television: No  
    f. Church or Community bulletins: No  
    g. No promotion: No  
   Oldham: 55 (100%) Yes  
   Kentucky (N=55): 53 (96.4%) Yes  
                   52 (94.5%) Yes  
                   35 (63.6%) Yes  
                   18 (32.7%) Yes  
                   30 (54.5%) Yes  
                   0 (0%) Yes

11. Approximately how much money have you spent in the past year promoting your cessation programs through newspaper, radio or television?  
    Oldham: $100.00  
    Kentucky (N=55): Total Amount =$163,854.00  
                      Mean = $3,486.30  
                      (SD = $9061.36)

12. Within the past year, has your health department provided education programs on tobacco cessation for health care providers?  
    Oldham: Yes  
    Kentucky (N=55): 19 (35.2%) Yes

13. If “Yes,” about how many programs did you provide?  
    Oldham: *  
    Kentucky (N=55): Total Programs = 39  
                     Mean = 2.1 (SD = 1.7)

14. Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)?  
    Oldham: Yes  
    Kentucky (N=55): 48 (87.3%) Yes
<table>
<thead>
<tr>
<th>Question</th>
<th>Oldham</th>
<th>Kentucky (N=55)</th>
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<tbody>
<tr>
<td>15. If “Yes,” is the tobacco-user identification system used for every patient at every clinic visit?</td>
<td>Yes</td>
<td>44 (91.7%) Yes</td>
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<td>16. What kinds of educational methods are used for tobacco use cessation in your health department?</td>
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<tr>
<td>a. Formal group classes</td>
<td>Yes</td>
<td>42 (76.4%) Yes</td>
</tr>
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<td>b. Individual counseling</td>
<td>Yes</td>
<td>54 (98.2%) Yes</td>
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<tr>
<td>c. Audio-visual materials</td>
<td>Yes</td>
<td>45 (81.8%) Yes</td>
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<td>d. Printed materials</td>
<td>Yes</td>
<td>55 (100.0%) Yes</td>
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<td>e. Posters</td>
<td>Yes</td>
<td>53 (96.4%) Yes</td>
</tr>
<tr>
<td>17. Does your clinic have self-help materials for tobacco use cessation available in every exam room?</td>
<td>Yes</td>
<td>43 (78.2%) Yes</td>
</tr>
<tr>
<td>18. Are materials on secondhand smoke available in every exam room?</td>
<td>Yes</td>
<td>37 (67.3%) Yes</td>
</tr>
<tr>
<td>19. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?</td>
<td>Yes</td>
<td>50 (90.9%) Yes</td>
</tr>
<tr>
<td>20. Do your health care providers routinely advise patients to ban smoking in the home?</td>
<td>Yes</td>
<td>51 (94.4%) Yes</td>
</tr>
<tr>
<td>21. Do you health care providers routinely advise patients to ban smoking in their cars?</td>
<td>Yes</td>
<td>51 (94.4%) Yes</td>
</tr>
<tr>
<td>22. Do your health care providers routinely provide brief cessation interventions using the 5 A's (Ask, Advise, Assess, Assist, Arrange)?</td>
<td>No</td>
<td>35 (64.8%) Yes</td>
</tr>
<tr>
<td>23. Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco cessation treatment?</td>
<td>Yes</td>
<td>53 (98.1%) Yes</td>
</tr>
<tr>
<td>24. Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling)</td>
<td>No</td>
<td>24 (47.1%) Yes</td>
</tr>
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25. How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?

   a. Nicotine Gum
      1= Never
      2= 16.4%
      3= 14.5%
      4= 9.1%
      5= Very Often 20.0%

   b. Nicotine Patch
      1= Never
      2= 5.5%
      3= 9.1%
      4= 20.0%
      5= Very Often 32.7%

   c. Nicotine Nasal Spray
      1= Never
      2= 22.2%
      3= 11.1%
      4= 0.0%
      5= Very Often 1.9%

   d. Nicotine Inhaler
      1= Never
      2= 20.4%
      3= 5.6%
      4= 1.9%
      5= Very Often 3.7%

   e. Nicotine Lozenges
      1= Never
      2= 11.1%
      3= 9.3%
      4= 3.7%
      5= Very Often 5.6%

   f. Bupropriion (Wellbutrin, Zyban)
      1= Never
      2= 12.7%
      3= 12.7%
      4= 16.4%
      5= Very Often 9.1%

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<td><strong>g. Clonidine</strong> (suppresses opioid withdrawal symptoms; typically used to treat high blood pressure)</td>
<td>1= Never 78.8% 2= 9.6% 3= 11.5% 4= 0.0% 5= Very Often 0.0%</td>
</tr>
<tr>
<td>1= Never 78.8% 2= 9.6% 3= 11.5% 4= 0.0% 5= Very Often 0.0%</td>
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</tr>
<tr>
<td><strong>h. Nortriptyline</strong> (antidepressant)</td>
<td>1= Never 80.8% 2= 9.6% 3= 9.6% 4= 0.0% 5= Very Often 0.0%</td>
</tr>
<tr>
<td>1= Never 80.8% 2= 9.6% 3= 9.6% 4= 0.0% 5= Very Often 0.0%</td>
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<tr>
<td>26. We have enough staff to provide tobacco cessation programs.</td>
<td>2= Disagree 16.4% 2= Disagree 21.8% 3= Agree 40.0% 4= StronglyAgree 21.8%</td>
</tr>
<tr>
<td>2= Disagree 16.4% 2= Disagree 21.8% 3= Agree 40.0% 4= StronglyAgree 21.8%</td>
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<tr>
<td>27. Our staff are not trained to provide tobacco cessation.</td>
<td>2= Disagree 36.4% 2= Disagree 43.6% 3= Agree 14.5% 4= StronglyAgree 5.5%</td>
</tr>
<tr>
<td>2= Disagree 36.4% 2= Disagree 43.6% 3= Agree 14.5% 4= StronglyAgree 5.5%</td>
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<tr>
<td>28. We are too busy to provide tobacco cessation.</td>
<td>2= Disagree 30.9% 2= Disagree 52.7% 3= Agree 16.4% 4= StronglyAgree 0.0%</td>
</tr>
<tr>
<td>2= Disagree 30.9% 2= Disagree 52.7% 3= Agree 16.4% 4= StronglyAgree 0.0%</td>
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</tr>
<tr>
<td>29. We have few requests for tobacco cessation programs.</td>
<td>1= StronglyDisagree 24.1% 2= Disagree 31.5% 3= Agree 29.6% 4= StronglyAgree 14.8%</td>
</tr>
<tr>
<td>1= StronglyDisagree 24.1% 2= Disagree 31.5% 3= Agree 29.6% 4= StronglyAgree 14.8%</td>
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</tr>
<tr>
<td>30. Tobacco cessation programs are too expensive.</td>
<td>1= StronglyDisagree 38.2% 2= Disagree 41.8% 3= Agree 14.5% 4= StronglyAgree 5.5%</td>
</tr>
<tr>
<td>1= StronglyDisagree 38.2% 2= Disagree 41.8% 3= Agree 14.5% 4= StronglyAgree 5.5%</td>
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31. Tobacco cessation programs are effective.

Oldham

Kentucky (N=55)

4= Strongly Agree

1= Strongly Disagree 0.0%

2= Disagree 1.9%

3= Agree 64.2%

4= Strongly Agree 34.0%

This report was prepared through a contract between the Kentucky Cabinet for Health Services and the University of Kentucky College of Nursing

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