The Kentucky Department for Public Health  
University of Kentucky College of Nursing  
Local Health Department Tobacco Cessation Survey, 2005

Purchase District | Kentucky number | Kentucky % | *N
--- | --- | --- | ---

1A. Are you or other health department staff involved in providing tobacco cessation programs?  

|  | Yes | 55 | 98.2 | 56
--- | --- | --- | ---

What cessation programs do you provide?

1) Fresh Start (American Cancer Society)  

|  | No | 2 | 3.6 | 55
--- | --- | --- | ---

How effective has this program been in helping smokers quit?  

|  | Very effective | 0 | 0.0 | 2
|  | Somewhat effective | 2 | 100.0 | 2
|  | Not at all effective | 0 | 0.0 | 2

How effective has this program been in reaching or recruiting smokers to participate in the program?  

|  | Very effective | 0 | 0.0 | 2
|  | Somewhat effective | 2 | 100.0 | 2
|  | Not at all effective | 0 | 0.0 | 2

How practical is it for your health department to administer the program?  

|  | Very practical | 0 | 0.0 | 2
|  | Somewhat practical | 1 | 50.0 | 2
|  | Not practical at all | 1 | 50.0 | 2

2) Freedom From Smoking (American Lung Association)  

|  | 0 | 0.0 | 55
--- | --- | --- | ---

How effective has this program been in helping smokers quit?  

|  | Very effective | 0 | 0.0 | 0
|  | Somewhat effective | 0 | 0.0 | 0
|  | Not at all effective | 0 | 0.0 | 0

How effective has this program been in reaching or recruiting smokers to participate in the program?  

|  | Very effective | 0 | 0.0 | 0
|  | Somewhat effective | 0 | 0.0 | 0
|  | Not at all effective | 0 | 0.0 | 0

How practical is it for your health department to administer the program?  

|  | Very practical | 0 | 0.0 | 0
|  | Somewhat practical | 0 | 0.0 | 0
|  | Not practical at all | 0 | 0.0 | 0

*N represents the number of counties/districts that responded to the question.
<table>
<thead>
<tr>
<th>Program</th>
<th>Response</th>
<th>Number</th>
<th>Kentucky (%)</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>3) Cooper Clayton Method to Stop Smoking</td>
<td>Yes</td>
<td>53</td>
<td>96.4</td>
<td>55</td>
</tr>
<tr>
<td>How effective has this program been in helping smokers quit?</td>
<td>Somewhat effective</td>
<td>22</td>
<td>42.3</td>
<td>52</td>
</tr>
<tr>
<td></td>
<td>Somewhat effective</td>
<td>29</td>
<td>55.8</td>
<td>52</td>
</tr>
<tr>
<td></td>
<td>Not at all effective</td>
<td>1</td>
<td>1.9</td>
<td>52</td>
</tr>
<tr>
<td>How effective has this program been in reaching or recruiting smokers to participate in the program?</td>
<td>Somewhat effective</td>
<td>22</td>
<td>42.3</td>
<td>52</td>
</tr>
<tr>
<td></td>
<td>Somewhat effective</td>
<td>29</td>
<td>55.8</td>
<td>52</td>
</tr>
<tr>
<td></td>
<td>Not at all effective</td>
<td>1</td>
<td>1.9</td>
<td>52</td>
</tr>
<tr>
<td>How practical is it for your health department to administer the program?</td>
<td>Very practical</td>
<td>33</td>
<td>63.5</td>
<td>52</td>
</tr>
<tr>
<td></td>
<td>Somewhat practical</td>
<td>19</td>
<td>36.5</td>
<td>52</td>
</tr>
<tr>
<td></td>
<td>Not practical at all</td>
<td>0</td>
<td>0.0</td>
<td>52</td>
</tr>
<tr>
<td>4) Make Yours a Fresh Start Family (American Cancer Society)</td>
<td>Yes</td>
<td>44</td>
<td>80.0</td>
<td>55</td>
</tr>
<tr>
<td>How effective has this program been in helping smokers quit?</td>
<td>Not at all effective</td>
<td>3</td>
<td>7.0</td>
<td>43</td>
</tr>
<tr>
<td></td>
<td>Somewhat effective</td>
<td>30</td>
<td>69.8</td>
<td>43</td>
</tr>
<tr>
<td></td>
<td>Not at all effective</td>
<td>10</td>
<td>23.3</td>
<td>43</td>
</tr>
<tr>
<td>How effective has this program been in reaching or recruiting smokers to participate in the program?</td>
<td>Not at all effective</td>
<td>6</td>
<td>14.0</td>
<td>43</td>
</tr>
<tr>
<td></td>
<td>Somewhat effective</td>
<td>27</td>
<td>62.8</td>
<td>43</td>
</tr>
<tr>
<td></td>
<td>Not at all effective</td>
<td>10</td>
<td>23.3</td>
<td>43</td>
</tr>
<tr>
<td>How practical is it for your health department to administer the program?</td>
<td>Somewhat practical</td>
<td>19</td>
<td>44.2</td>
<td>43</td>
</tr>
<tr>
<td></td>
<td>Somewhat practical</td>
<td>21</td>
<td>48.8</td>
<td>43</td>
</tr>
<tr>
<td></td>
<td>Not practical at all</td>
<td>3</td>
<td>7.0</td>
<td>43</td>
</tr>
<tr>
<td>5) Quit and Win</td>
<td>Yes</td>
<td>5</td>
<td>9.1</td>
<td>55</td>
</tr>
<tr>
<td>How effective has this program been in helping smokers quit?</td>
<td>Very effective</td>
<td>1</td>
<td>20.0</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td>Somewhat effective</td>
<td>3</td>
<td>60.0</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td>Not at all effective</td>
<td>1</td>
<td>20.0</td>
<td>5</td>
</tr>
<tr>
<td>How effective has this program been in reaching or recruiting smokers to participate in the program?</td>
<td>Not at all effective</td>
<td>1</td>
<td>20.0</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td>Somewhat effective</td>
<td>3</td>
<td>60.0</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td>Not at all effective</td>
<td>1</td>
<td>20.0</td>
<td>5</td>
</tr>
<tr>
<td><strong>How practical is it for your health department to administer the program?</strong></td>
<td><strong>Purchase District</strong></td>
<td><strong>Kentucky</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>---</td>
<td>---</td>
<td>---</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Very practical</td>
<td>number</td>
<td>%</td>
<td>*N</td>
</tr>
<tr>
<td></td>
<td>Somewhat practical</td>
<td>1</td>
<td>20.0</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td>Not practical at all</td>
<td>1</td>
<td>20.0</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td></td>
<td>3</td>
<td>60.0</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1</td>
<td>20.0</td>
<td>5</td>
</tr>
<tr>
<td>6) TEG / TAP</td>
<td>Yes</td>
<td>34</td>
<td>61.8</td>
<td>55</td>
</tr>
<tr>
<td>How effective has this program been in helping smokers quit?</td>
<td>Somewhat effective</td>
<td>Very effective</td>
<td>4</td>
<td>12.1</td>
</tr>
<tr>
<td></td>
<td>Somewhat effective</td>
<td>24</td>
<td>72.7</td>
<td>33</td>
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<tr>
<td></td>
<td>Not at all effective</td>
<td>5</td>
<td>15.2</td>
<td>33</td>
</tr>
<tr>
<td>How effective has this program been in reaching or recruiting smokers to participate in the program?</td>
<td>Somewhat effective</td>
<td>Very effective</td>
<td>10</td>
<td>31.3</td>
</tr>
<tr>
<td></td>
<td>Somewhat effective</td>
<td>19</td>
<td>59.4</td>
<td>32</td>
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<tr>
<td></td>
<td>Not at all effective</td>
<td>3</td>
<td>9.4</td>
<td>32</td>
</tr>
<tr>
<td>How practical is it for your health department to administer the program?</td>
<td>Not practical at all</td>
<td>Very practical</td>
<td>14</td>
<td>43.8</td>
</tr>
<tr>
<td></td>
<td>Somewhat practical</td>
<td>14</td>
<td>43.8</td>
<td>32</td>
</tr>
<tr>
<td></td>
<td>Not practical at all</td>
<td>4</td>
<td>12.5</td>
<td>32</td>
</tr>
<tr>
<td>7) N.O.T. / N.O.T. ATS</td>
<td>No</td>
<td>4</td>
<td>7.3</td>
<td>55</td>
</tr>
<tr>
<td>How effective has this program been in helping smokers quit?</td>
<td>Very effective</td>
<td>1</td>
<td>33.3</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Somewhat effective</td>
<td>1</td>
<td>33.3</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Not at all effective</td>
<td>1</td>
<td>33.3</td>
<td>3</td>
</tr>
<tr>
<td>How effective has this program been in reaching or recruiting smokers to participate in the program?</td>
<td>Very effective</td>
<td>2</td>
<td>66.7</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Somewhat effective</td>
<td>1</td>
<td>33.3</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Not at all effective</td>
<td>0</td>
<td>0.0</td>
<td>3</td>
</tr>
<tr>
<td>How practical is it for your health department to administer the program?</td>
<td>Very practical</td>
<td>2</td>
<td>66.7</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Somewhat practical</td>
<td>1</td>
<td>33.3</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Not practical at all</td>
<td>0</td>
<td>0.0</td>
<td>3</td>
</tr>
</tbody>
</table>

1B. How many tobacco cessation programs were offered in the last year? | 10 | Total =407.0 | Mean =7.4 | SD =8.3 |
1C. How many patients / clients participated in the tobacco cessation programs within the last year? | 144 | Total =5436.0 | Mean =98.8 | SD =118.0 |
1D. How many patients / clients completed the tobacco cessation programs within the last year? | 48 | Total =3376.0 | Mean =61.4 | SD =101.6 |
<table>
<thead>
<tr>
<th>Question</th>
<th>Purchase District</th>
<th>Kentucky</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>1E. What is the title of health department staff providing cessation programs?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>a) Health Educator</td>
<td>Yes</td>
<td>38</td>
<td>55</td>
</tr>
<tr>
<td>b) Nurse</td>
<td>Yes</td>
<td>33</td>
<td>55</td>
</tr>
<tr>
<td>c) Social Worker</td>
<td>No</td>
<td>3</td>
<td>55</td>
</tr>
<tr>
<td>d) Physician</td>
<td>No</td>
<td>0</td>
<td>55</td>
</tr>
<tr>
<td>e) Other</td>
<td>No</td>
<td>9</td>
<td>55</td>
</tr>
<tr>
<td>2. On average how many requests for tobacco cessation does your health department receive per month?</td>
<td></td>
<td>2</td>
<td>55</td>
</tr>
<tr>
<td>Total</td>
<td>754.0</td>
<td>Mean = 13.7</td>
<td>SD = 22.2</td>
</tr>
<tr>
<td>3. Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area?</td>
<td>Yes</td>
<td>55</td>
<td>55</td>
</tr>
<tr>
<td>If yes, how many people in your area are trained to provide Cooper-Clayton?</td>
<td>20</td>
<td>Total = 359.0</td>
<td>Mean = 6.6</td>
</tr>
<tr>
<td>4. How do you promote the tobacco cessation programs in your area?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>a) Word of mouth</td>
<td>Yes</td>
<td>53</td>
<td>55</td>
</tr>
<tr>
<td>b) Flyers / brochures</td>
<td>Yes</td>
<td>52</td>
<td>55</td>
</tr>
<tr>
<td>c) Newspaper</td>
<td>Yes</td>
<td>51</td>
<td>55</td>
</tr>
<tr>
<td>d) Radio</td>
<td>No</td>
<td>36</td>
<td>55</td>
</tr>
<tr>
<td>e) Television</td>
<td>Yes</td>
<td>16</td>
<td>55</td>
</tr>
<tr>
<td>f) Church or community bulletins</td>
<td>No</td>
<td>36</td>
<td>55</td>
</tr>
<tr>
<td>g) No promotions</td>
<td>No</td>
<td>0</td>
<td>55</td>
</tr>
<tr>
<td>h) Other</td>
<td>No</td>
<td>4</td>
<td>55</td>
</tr>
</tbody>
</table>
5. Approximately how much money have you spent in the past year promoting your cessation programs through the radio, newspaper, or television?

<table>
<thead>
<tr>
<th>Purchase District</th>
<th>Kentucky</th>
</tr>
</thead>
<tbody>
<tr>
<td>$6,000.00</td>
<td>number</td>
</tr>
<tr>
<td></td>
<td>Total = $73,100.00</td>
</tr>
</tbody>
</table>

6. Within the past year has your health department provided educational programs on tobacco cessation for health care providers?

<table>
<thead>
<tr>
<th></th>
<th>number</th>
<th>%</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>18</td>
<td>32.7</td>
<td>55</td>
</tr>
<tr>
<td>a) If yes, how many programs were provided?</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total = 46.0</td>
<td>Mean = 2.6</td>
<td>SD = 2.2</td>
<td></td>
</tr>
</tbody>
</table>

7. Does your health department have a tobacco user identification system?

<table>
<thead>
<tr>
<th></th>
<th>number</th>
<th>%</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>49</td>
<td>89.1</td>
<td>55</td>
</tr>
<tr>
<td>If yes, is the tobacco user identification system used for every patient at every clinic visit?</td>
<td>No</td>
<td>45</td>
<td>91.8</td>
</tr>
</tbody>
</table>

8. What kind of educational methods are used for tobacco cessation in your health department?

<table>
<thead>
<tr>
<th></th>
<th>number</th>
<th>%</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) Formal group classes</td>
<td>Yes</td>
<td>53</td>
<td>96.4</td>
</tr>
<tr>
<td>b) Individual counseling</td>
<td>Yes</td>
<td>52</td>
<td>94.5</td>
</tr>
<tr>
<td>c) Audio-visual materials</td>
<td>Yes</td>
<td>44</td>
<td>80.0</td>
</tr>
<tr>
<td>d) Printed materials</td>
<td>Yes</td>
<td>55</td>
<td>100.0</td>
</tr>
<tr>
<td>e) Posters</td>
<td>Yes</td>
<td>54</td>
<td>98.2</td>
</tr>
<tr>
<td>f) Other</td>
<td>No</td>
<td>1</td>
<td>1.8</td>
</tr>
</tbody>
</table>

9. Does your clinic have self-help materials for tobacco use cessation available in every exam room?

<table>
<thead>
<tr>
<th></th>
<th>number</th>
<th>%</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>47</td>
<td>87.0</td>
<td>54</td>
</tr>
</tbody>
</table>

10. Are materials on secondhand smoke available in every exam room?

<table>
<thead>
<tr>
<th></th>
<th>number</th>
<th>%</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>48</td>
<td>88.9</td>
<td>54</td>
</tr>
</tbody>
</table>

11. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?

<table>
<thead>
<tr>
<th></th>
<th>number</th>
<th>%</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>55</td>
<td>100.0</td>
<td>55</td>
</tr>
</tbody>
</table>

12. Do your health care providers routinely advise patients to ban smoking in the home?

<table>
<thead>
<tr>
<th></th>
<th>number</th>
<th>%</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>54</td>
<td>98.2</td>
<td>55</td>
</tr>
</tbody>
</table>
13. Do your health care providers routinely advise patients to ban smoking in the cars?

<table>
<thead>
<tr>
<th>Purchase District</th>
<th>Yes</th>
<th>Kentucky</th>
<th>#N</th>
</tr>
</thead>
<tbody>
<tr>
<td>number</td>
<td>53</td>
<td>96.4</td>
<td>55</td>
</tr>
</tbody>
</table>

14. Do your health care providers routinely provide brief cessation interventions using the 5 A’s?

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>53</td>
<td>44</td>
</tr>
<tr>
<td>96.4</td>
<td>80.0</td>
</tr>
<tr>
<td>55</td>
<td>55</td>
</tr>
</tbody>
</table>

15. Do your providers routinely refer tobacco users who want to quit to a counselor or program available in the community for tobacco use cessation treatment?

<table>
<thead>
<tr>
<th>To what person or program do they refer?</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) National Cancer Institutes Cancer Information Service Smoking Cessation Call Center</td>
</tr>
<tr>
<td>b) Cooper Clayton Group Program</td>
</tr>
<tr>
<td>c) Cooper Clayton Self-Help Program</td>
</tr>
<tr>
<td>d) Tobacco Control Coordinator</td>
</tr>
<tr>
<td>e) Health Educator</td>
</tr>
<tr>
<td>f) Community Health Nurse</td>
</tr>
<tr>
<td>g) Nutritionist</td>
</tr>
<tr>
<td>h) Other</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>a) National Cancer Institutes Cancer Information Service Smoking Cessation Call Center</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>b) Cooper Clayton Group Program</td>
<td>39</td>
</tr>
<tr>
<td>c) Cooper Clayton Self-Help Program</td>
<td>4</td>
</tr>
<tr>
<td>d) Tobacco Control Coordinator</td>
<td>20</td>
</tr>
<tr>
<td>e) Health Educator</td>
<td>12</td>
</tr>
<tr>
<td>f) Community Health Nurse</td>
<td>1</td>
</tr>
<tr>
<td>g) Nutritionist</td>
<td>0</td>
</tr>
<tr>
<td>h) Other</td>
<td>5</td>
</tr>
</tbody>
</table>

16. Do your healthcare providers routinely discuss relapse with former smokers within 12 months after quitting?

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>38</td>
<td>55</td>
</tr>
<tr>
<td>70.4</td>
<td>54</td>
</tr>
</tbody>
</table>

17. Does your employee health plan at your health department reimburse for tobacco use cessation treatment?

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>23</td>
<td>53</td>
</tr>
<tr>
<td>43.4</td>
<td>53</td>
</tr>
</tbody>
</table>
How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?

<table>
<thead>
<tr>
<th>Medication</th>
<th>Purchase District</th>
<th>Kentucky</th>
<th>n</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nicotine gum</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1=Never</td>
<td>16</td>
<td>29.6</td>
<td>54</td>
</tr>
<tr>
<td>2</td>
<td>15</td>
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Please indicate how strongly you agree or disagree with the following statements.

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<tr>
<th>Statement</th>
<th>number</th>
<th>Strongly disagree</th>
<th>Disagree</th>
<th>Agree</th>
<th>Strongly agree</th>
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<td>26. We have enough staff to provide tobacco cessation programs.</td>
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<td>28. We are too busy to provide tobacco cessation.</td>
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<td>Agree</td>
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<td>Strongly agree</td>
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7/21/2006
30. Tobacco cessation programs are too expensive.

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31. Tobacco cessation programs are effective.

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<tr>
<td>Agree</td>
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<tr>
<td>Strongly agree</td>
<td>14</td>
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</table>

This report was prepared through a contract between the Kentucky Cabinet for Health and Family Services and the University of Kentucky College of Nursing.

For more information, contact:
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Professor
University of Kentucky
College of Nursing
(859) 257-2358
ejhahn00@email.uky.edu