<table>
<thead>
<tr>
<th>Question</th>
<th>Purchase</th>
<th>Kentucky (N=54)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Are you or other health department staff involved in providing tobacco cessation programs?</td>
<td>Yes</td>
<td>54 (100.0%) Yes</td>
</tr>
<tr>
<td>2. If “Yes,” what programs do you provide?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>a. Fresh Start (American Cancer Society)</td>
<td>No</td>
<td>11 (20.4%) Yes</td>
</tr>
<tr>
<td>b. Freedom from Smoking (American Lung Association)</td>
<td>No</td>
<td>1 (1.9%) Yes</td>
</tr>
<tr>
<td>c. Cooper-Clayton Method to Stop Smoking</td>
<td>Yes</td>
<td>50 (92.6%) Yes</td>
</tr>
<tr>
<td>d. Make Yours a Fresh Start Family (American Cancer Society)</td>
<td>Yes</td>
<td>37 (68.5%) Yes</td>
</tr>
<tr>
<td>e. Quit and Win</td>
<td>No</td>
<td>31 (57.4%) Yes</td>
</tr>
<tr>
<td>3. If “Yes,” how many tobacco cessation programs were offered within the last year? (Entire programs, not individual classes)</td>
<td>9</td>
<td>Mean = 4.7 (SD = 3.5)</td>
</tr>
<tr>
<td>4. If “Yes,” how many clients/patients participated in tobacco cessation programs within the last year?</td>
<td>90</td>
<td>Mean = 72.4 (SD = 79.1)</td>
</tr>
<tr>
<td>5. If “Yes,” how many clients/patients completed tobacco cessation programs within the last year?</td>
<td>45</td>
<td>Mean = 41.5 (SD = 65.7)</td>
</tr>
<tr>
<td>6. If “Yes,” what is the job title of health department staff providing tobacco cessation (Check all that apply)?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>a. Health Educator</td>
<td>Yes</td>
<td>34 (63.0%) Yes</td>
</tr>
<tr>
<td>b. Nurse</td>
<td>Yes</td>
<td>36 (66.7%) Yes</td>
</tr>
<tr>
<td>c. Social Worker</td>
<td>No</td>
<td>5 (9.3%) Yes</td>
</tr>
<tr>
<td>d. Physician</td>
<td>No</td>
<td>3 (5.6%) Yes</td>
</tr>
<tr>
<td>7. On average, how many requests for tobacco cessation does your health department receive per month?</td>
<td>5</td>
<td>Mean = 8.0 (SD = 14.3)</td>
</tr>
</tbody>
</table>

* Participation rate = 98.2%
8. According to our records, 3 people in your area participated in the Quit & Win Tobacco-Free Contest. To the best of your knowledge, about how many people involved in your cessation programs also participated in Quit and Win?

<table>
<thead>
<tr>
<th>Purchase</th>
<th>Kentucky (N=54)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Don't Know</td>
<td>Mean = 4.4 (SD = 11.3)</td>
</tr>
</tbody>
</table>

9. Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area?

<table>
<thead>
<tr>
<th>Yes</th>
<th>50 (92.6%) Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>30 (57.7%) Yes</td>
</tr>
</tbody>
</table>

10. If “Yes,” how many people in your service area are trained to provide Cooper-Clayton programs?

<table>
<thead>
<tr>
<th>Yes</th>
<th>Mean = 5.1 (SD = 8.2)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>40</td>
</tr>
</tbody>
</table>

11. Within the past year, has your health department provided education programs on tobacco cessation for health care providers?

<table>
<thead>
<tr>
<th>No</th>
<th>30 (57.7%) Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>45 (84.9%) Yes</td>
</tr>
</tbody>
</table>

12. If “Yes,” about how many programs did you provide?

<table>
<thead>
<tr>
<th>Yes</th>
<th>Mean = 2.6 (SD = 2.8)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>52 (96.3%) Yes</td>
</tr>
</tbody>
</table>

13. Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)?

<table>
<thead>
<tr>
<th>Yes</th>
<th>45 (84.9%) Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>52 (96.3%) Yes</td>
</tr>
</tbody>
</table>

14. If “Yes,” is the tobacco-user identification system used for every patient at every clinic visit?

<table>
<thead>
<tr>
<th>Yes</th>
<th>38 (82.6%) Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>30 (57.7%) Yes</td>
</tr>
</tbody>
</table>

15. What kinds of educational methods are used for tobacco use cessation in your health department?

<table>
<thead>
<tr>
<th>Method</th>
<th>Yes</th>
<th>Kentucky (N=54)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Formal group classes</td>
<td>Yes</td>
<td>45 (83.3%) Yes</td>
</tr>
<tr>
<td>b. Individual counseling</td>
<td>No</td>
<td>52 (96.3%) Yes</td>
</tr>
<tr>
<td>c. Audio-visual materials</td>
<td>Yes</td>
<td>47 (87.0%) Yes</td>
</tr>
<tr>
<td>d. Printed materials</td>
<td>Yes</td>
<td>54 (100.0%) Yes</td>
</tr>
<tr>
<td>e. Posters</td>
<td>Yes</td>
<td>48 (88.9%) Yes</td>
</tr>
</tbody>
</table>

16. Does your clinic have self-help materials for tobacco use cessation available in every exam room?

<table>
<thead>
<tr>
<th>Yes</th>
<th>38 (70.4%) Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>30 (57.7%) Yes</td>
</tr>
<tr>
<td>Question</td>
<td>Purchase</td>
</tr>
<tr>
<td>-------------------------------------------------------------------------</td>
<td>----------</td>
</tr>
<tr>
<td>17. Are materials on secondhand smoke available in every exam room?</td>
<td>Yes 32 (62.8%)</td>
</tr>
<tr>
<td>18. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?</td>
<td>Yes 46 (85.2%)</td>
</tr>
<tr>
<td>19. Do your health care providers routinely advise patients to ban smoking in the home?</td>
<td>Yes 44 (84.6%)</td>
</tr>
<tr>
<td>20. Do your health care providers routinely advise patients to ban smoking in their cars?</td>
<td>Yes 34 (69.4%)</td>
</tr>
<tr>
<td>21. Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco cessation treatment?</td>
<td>Yes 52 (98.1%)</td>
</tr>
<tr>
<td>22. Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling)</td>
<td>Yes 20 (42.6%)</td>
</tr>
<tr>
<td>23. How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?</td>
<td></td>
</tr>
<tr>
<td>a. Nicotine Gum</td>
<td></td>
</tr>
<tr>
<td>1= Never</td>
<td>13.2%</td>
</tr>
<tr>
<td>2=</td>
<td>32.1%</td>
</tr>
<tr>
<td>3=</td>
<td>37.7%</td>
</tr>
<tr>
<td>4=</td>
<td>9.4%</td>
</tr>
<tr>
<td>5= Very Often</td>
<td>7.5%</td>
</tr>
<tr>
<td>b. Nicotine Patch</td>
<td></td>
</tr>
<tr>
<td>1= Never</td>
<td>7.5%</td>
</tr>
<tr>
<td>2=</td>
<td>26.4%</td>
</tr>
<tr>
<td>3=</td>
<td>34.0%</td>
</tr>
<tr>
<td>4=</td>
<td>13.2%</td>
</tr>
<tr>
<td>5= Very Often</td>
<td>18.9%</td>
</tr>
<tr>
<td>c. Nicotine Nasal Spray</td>
<td></td>
</tr>
<tr>
<td>1= Never</td>
<td>62.3%</td>
</tr>
<tr>
<td>2=</td>
<td>20.8%</td>
</tr>
<tr>
<td>3=</td>
<td>17.0%</td>
</tr>
<tr>
<td>4=</td>
<td>0.0%</td>
</tr>
<tr>
<td>5= Very Often</td>
<td>0.0%</td>
</tr>
</tbody>
</table>

* Participation rate = 98.2%
d. Nicotine Inhaler

<table>
<thead>
<tr>
<th>Purchase</th>
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</tr>
</thead>
<tbody>
<tr>
<td>1= Never</td>
<td>1= Never, 60.4%</td>
</tr>
<tr>
<td>2=</td>
<td>2=, 28.3%</td>
</tr>
<tr>
<td>3=</td>
<td>3=, 11.3%</td>
</tr>
<tr>
<td>4=</td>
<td>4=, 0.0%</td>
</tr>
<tr>
<td>5= Very Often</td>
<td>5=, 0.0%</td>
</tr>
</tbody>
</table>

e. Bupropion (Wellbutrin, Zyban)

<table>
<thead>
<tr>
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<th>Kentucky (N=54)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>1= Never</td>
<td>1= Never, 35.8%</td>
</tr>
<tr>
<td>2=</td>
<td>2=, 26.4%</td>
</tr>
<tr>
<td>3=</td>
<td>3=, 22.6%</td>
</tr>
<tr>
<td>4=</td>
<td>4=, 11.3%</td>
</tr>
<tr>
<td>5= Very Often</td>
<td>5=, 3.8%</td>
</tr>
</tbody>
</table>

f. Clonidine (suppresses opioid withdrawal symptoms; typically used to treat high blood pressure)

<table>
<thead>
<tr>
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<th>Kentucky (N=54)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>1= Never</td>
<td>1= Never, 82.7%</td>
</tr>
<tr>
<td>2=</td>
<td>2=, 9.6%</td>
</tr>
<tr>
<td>3=</td>
<td>3=, 7.7%</td>
</tr>
<tr>
<td>4=</td>
<td>4=, 0.0%</td>
</tr>
<tr>
<td>5= Very Often</td>
<td>5=, 0.0%</td>
</tr>
</tbody>
</table>

g. Nortriptyline (antidepressant)

<table>
<thead>
<tr>
<th>Purchase</th>
<th>Kentucky (N=54)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>1= Never</td>
<td>1= Never, 80.4%</td>
</tr>
<tr>
<td>2=</td>
<td>2=, 9.8%</td>
</tr>
<tr>
<td>3=</td>
<td>3=, 7.8%</td>
</tr>
<tr>
<td>4=</td>
<td>4=, 0.0%</td>
</tr>
<tr>
<td>5= Very Often</td>
<td>5=, 2.0%</td>
</tr>
</tbody>
</table>

24. We have enough staff to provide tobacco cessation programs.

<table>
<thead>
<tr>
<th>Purchase</th>
<th>Kentucky (N=54)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>1= StronglyDisagree</td>
<td>1= StronglyDisagree, 14.8%</td>
</tr>
<tr>
<td>2= Disagree</td>
<td>2= Disagree, 31.5%</td>
</tr>
<tr>
<td>3= Agree</td>
<td>3= Agree, 37.0%</td>
</tr>
<tr>
<td>4= StronglyAgree</td>
<td>4= StronglyAgree, 16.7%</td>
</tr>
</tbody>
</table>

25. Our staff are not trained to provide tobacco cessation.

<table>
<thead>
<tr>
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<th>Kentucky (N=54)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>1= StronglyDisagree</td>
<td>1= StronglyDisagree, 46.3%</td>
</tr>
<tr>
<td>2= Disagree</td>
<td>2= Disagree, 38.9%</td>
</tr>
<tr>
<td>3= Agree</td>
<td>3= Agree, 13.0%</td>
</tr>
<tr>
<td>4= StronglyAgree</td>
<td>4= StronglyAgree, 1.9%</td>
</tr>
</tbody>
</table>

26. We are too busy to provide tobacco cessation.

<table>
<thead>
<tr>
<th>Purchase</th>
<th>Kentucky (N=54)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>1= StronglyDisagree</td>
<td>1= StronglyDisagree, 42.6%</td>
</tr>
<tr>
<td>2= Disagree</td>
<td>2= Disagree, 44.4%</td>
</tr>
<tr>
<td>3= Agree</td>
<td>3= Agree, 11.1%</td>
</tr>
<tr>
<td>4= StronglyAgree</td>
<td>4= StronglyAgree, 1.9%</td>
</tr>
</tbody>
</table>

* Participation rate = 98.2%
The Kentucky Department for Public Health
University of Kentucky College of Nursing

Purchase District Health Department Tobacco Cessation Survey, 2002

<table>
<thead>
<tr>
<th>Purchase</th>
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</tr>
</thead>
<tbody>
<tr>
<td><strong>27</strong> We have few requests for tobacco cessation programs.</td>
<td>1= StronglyDisagree 2= Disagree 3= Agree 4= StronglyAgree</td>
</tr>
<tr>
<td></td>
<td>24.1% 29.6% 37.0% 9.3%</td>
</tr>
<tr>
<td><strong>28.</strong> Tobacco cessation programs are too expensive.</td>
<td>1= StronglyDisagree 2= Disagree 3= Agree 4= StronglyAgree</td>
</tr>
<tr>
<td></td>
<td>35.2% 44.4% 18.5% 1.9%</td>
</tr>
<tr>
<td><strong>29.</strong> Tobacco cessation programs are effective.</td>
<td>1= StronglyDisagree 2= Disagree 3= Agree 4= StronglyAgree</td>
</tr>
<tr>
<td></td>
<td>0.0% 1.9% 67.3% 30.8%</td>
</tr>
</tbody>
</table>

For more information, contact:
Dr. Ellen Hahn, DNS, RN
Associate Professor
University of Kentucky
College of Nursing
(859) 257-2358
ejhahn00@pop.uky.edu

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