

UNIVERSITY OF KENTUCKY RESEARCH



Female Runners Needed for Physical Therapy Study

Do you have knee pain? Does this knee pain bother you while running? Researchers at the University of Kentucky College of Health Sciences are inviting you to participate in a study that assesses how different physical therapy techniques affect your hip and knee strength, as well as your running form. This study involves 2 physical therapy visits per week for 10 weeks in the Biomotion Lab at the University of Kentucky. Participants will be compensated \$50 upon completion of the study.

You May Be Eligible To Participate If You:

- Are between ages 18-50 years
- Have knee pain around or behind the knee cap
- Have knee pain that is aggravated by running and either jumping, squatting, or going up/down stairs
- Have knee pain that has been present for at least 2 months
- Run at least 10 miles per week

For More Information, Please Contact:

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