# **Kentucky Appalachian Rural Rehabilitation Network**

#### 5th Annual KARRN Conference:

Issues Related to Spinal Cord Injury, Stroke and Brain Injury

The Perkins Conference Center, Eastern Kentucky University—Richmond, KY September 25th, 2013





www.karrn.org

# **5th Annual KARRN Conference Schedule**

# Eastern Kentucky University—Richmond, KY

Time	Activity
7:00-8:00	Registration, continental breakfast and poster setup
8:00-8:50	Connecting clients and clinicians with services and resources that will assist individuals with neurological conditions:  Speaker: Tonia Wells, MSW, CSW, CBIS. Kentucky Cabinet for Health and Family Services
9:00-9:50	Treatment options related to aging in spinal cord injury.  Speaker: Sara Shahid Salles, DO. University of Kentucky and Cardinal Hill Rehabilitation Hospital
9:50-10:10	BREAK
10:15-11:00	Spinal cord injury panel discussion
11:00-11:50	Evidence based care for individuals with stroke.  Speaker: Michael Dobbs, MD. University of Kentucky
12:00-1:10	Lunch, poster session and meet with vendors
1:15-2:00	Stroke panel discussion
2:00-2:50	Best practices to facilitate community integration following TBI. <b>Speaker: Stacy Grider,</b> OTR/L. Cardinal Hill Rehabilitation Hospital
2:50-3:10	BREAK
3:15-4:00	Traumatic brain injury panel discussion
4:00-4:50	Polypharmacy management for individuals with neurological conditions.  Speaker: Jimmi Hatton-Kolpek, PHARM.D, FCCM, FCCP. University of Kentucky

### **About the Speakers:**

- 1. Tonia A. Wells, MSW, CSW, CBIS: Ms. Wells has a Masters of Social Work from University of Kentucky; she is a State Certified Social Worker, and Certified Brain Injury Specialist. After 10 years working directly with individuals with brain injury at Cardinal Hill Rehabilitative Hospital as a Case Manager and Case Management Supervisor, Ms. Wells joined the Kentucky Department for Aging and Independent Living (DAIL) in 2008 as the Director of the Traumatic Brain Injury (TBI) Programs. Ms. Wells not only oversees the TBI Trust Fund, but developed and provided oversight for the TBI Behavioral Program. Ms. Wells is directly responsible for reorganizing and administrating the TBI Trust Fund to more efficiently and effectively provided rehabilitative and environmental services to individuals with brain injury who have no other funding options. In 2010, Ms. Wells was asked to manage the Community Options Branch for DAIL. In addition to the TBI Programs, Ms. Wells also oversees, provides technical assistance for, and ensures monitoring of the Medicaid Waivers' Consumer Directed Option (CDO); Personal Care Attendant (PCAP) Program; and Hart Supported Living Program (HSL).
- 2. Sara Salles, DO: Dr. Salles received a B.A. in Biology with a certificate in French from St. Louis University in St. Louis, Missouri and received her D.O. from the University of Health Sciences College of Osteopathic Medicine in Kansas City, Missouri. She completed a residency in Physical Medicine and Rehabilitation at the University of Kentucky and is board certified in Physical Medicine and Rehabilitation with subspecialty training in Spinal Cord Injury Medicine. Dr. Salles re-joined the faculty in July 2004. Dr. Salles is the Medical Director of the Spinal Cord Injury Unit at Cardinal Hill Rehabilitation Hospital. She is the co-director of the spasticity and musculoskeletal clinics at the University of Kentucky Physical Medicine and Rehabilitation clinics. Her clinical interests include spinal cord injury medicine, burn rehabilitation, movement disorders to include management of Deep Brain Stimulators and spasticity management
- 3. Michael R. Dobbs, MD, MHC: Dr. Dobbs is a vascular neurologist, interim chair of the department of neurology, and medical director of ambulatory services for the Kentucky Neuroscience Institute. He is also associate faculty of the Sanders Brown Center on Aging. He completed medical school and neurology residency training at the University of Kentucky after which he spent several years as a teaching neurologist in the United States Air Force. On his return to Kentucky after finishing active duty, Dobbs recognized that there was an urgent need for improved access to acute stroke care throughout Kentucky. He therefore became heavily involved in creating and directing the University of Kentucky Stroke Care Affiliate Network. This is a collaborative project between UK and community medical centers with the over arching goal of improved stroke care and prevention for all of the citizens of Kentucky. The network, now jointly sponsored by UK and Norton Health Care, consists of 24 medical centers as of January 2013 and Dr. Dobbs continues as the network director. He has a master's degree in health care management from Harvard University.

### **About the Speakers:**

**4. Stacy Grider, MS, OTR/L, CBIS, CDRS, C/NDT:** Ms. Grider is and Occupational therapist at Cardinal Hill Rehabilitation Hospital with 13 years of experience in evaluating and treating children, adults, and geriatric inpatients and outpatients with acquired traumatic brain injuries. She is responsibilities include level II student supervision, participation in bedside dysphagia evaluations, assessment, advanced clinical skill sets and various program development projects. Ms. Grider holds multiple certifications including: NBCOT certified Occupational Therapist Registered, certified Brain Injury Specialist Certification, certified NDT trained therapist with the Adult Hemiplegic Patient, certified in Deep Physical Agent Modalities (DPAM), and certified Driving Rehabilitation Specialist.

5. Jimmi Hatton-Kolpek, PHARM.D, FCCM, FCCP: Dr. Hatton became Chair of Pharmacy Practice and Science in 2008. Her transition into administrative leadership continues as the College of Pharmacy aligns programs and academic missions to meet the future demands of the profession. Dr. Hatton's research focus area is critical care therapeutics, specifically in the traumatic brain injured patient. She served as Director of the Neurosurgery Clinical Research program and as a collaborative scientist secured federal funding with colleagues in the College of Medicine. Dr. Hatton was elected to the American College of Clinical Pharmacy Research Institute Board of Trustees in 2008 and has served the Board as Treasurer (2010) and Chair (2011). She provides instruction to professional students, residents and graduate students in the College of Pharmacy and College of Medicine in the areas of Evidence Based Medicine, Pharmacy Practice, Traumatic Brain Injury and Clinical Research Ethics.

### **Continuing Education Credit**

**Physicians:** CME credit is pending approval.

**Physical Therapy:** Physical Therapy credit pending approval.

Nursing: Nursing credit pending approval.

Occupational Therapy: Occupational Therapy credit pending approval.

Social Work: Social Work credit is pending approval.

Physician Assistant: Physician assistant credit is pending approval.

**Speech and Language Pathology:** Speech and Language Pathology credit is pending approval.

### **Sponsors**

- University of Kentucky Division of Physical Therapy Program and The College of Health Science
- The National Center of Minority Health and Health Disparities (grant # 1RC4MD005760)

## Registration

You can register for this free conference on line at <a href="http://tinyurl.com/5th-Annual-KARRN-conference">http://tinyurl.com/5th-Annual-KARRN-conference</a> or you can mail this form to the address below.

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Please mail this registration form to the following address by **September 12th, 2013.**Please include check for \$35 written to the University of Kentucky if you wish to receive CEUs.

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