

Seeking Physically Active Healthy Adults



Researchers at the University of Kentucky are seeking healthy, physically active adults to take part in a study examining parameters of physical and mental performance as predictors for musculoskeletal injury. Participants will be asked to complete a series of strength, agility, and cognitive performance tasks.

Participants will be compensated for their time.

You may be eligible to participate if you:

- Are 18-45 years old
- Are NOT currently seeking medical treatment or physical therapy for a musculoskeletal injury
- Are physically active for at least 30-60 minutes per week
- Have NOT been diagnosed with any neurological or vestibular disorders
- Are NOT currently pregnant
- Have NOT been diagnosed with a head injury in the past 12 months

Interested in participating or want more information?

Contact our **research team**:

smri.research@uky.edu

859-323-9850