

## LOCAL COUNSELING RESOURCES/REFERRALS

### On-Campus/ UK Resources

#### **University Health Services- Behavioral Health Clinic**

830 S. Limestone  
(859) 323-5511

*Free to students who paid the university health fee*

#### **Adolescent Medicine** (up to age 24)

Kentucky Clinic, 4<sup>th</sup> floor, Wing D

740 S. Limestone  
(859) 323-5643

*Accepts medical cards/most insurances*

#### **Department of Psychiatry**

245 Fountain Court

(859) 323-6021

*Accepts medical cards/some insurances*

#### **The Family Center**

205 Scovell Hall

(859) 257-7755

*Accepts fees on a sliding scale basis*

#### **Harris Psychological Services Center**

644 Maxwellton Court

(859) 257-6853

*Accepts fees on sliding scale basis*

### Off-Campus Resources

#### **Beaumont Behavioral Health**

1030 Monarch Suites 100 & 200 Lexington

(859) 296-3141

161 Prosperous Place Suite 100 Lexington

(859) 368-0609

#### **Bluegrass.org**

1351 Newtown Pike, Bldg 1 Lexington

1-800-928-8000

*Sliding scale basis/accepts medical card*

#### **Catholic Charities**

1310 W. Main Street Lexington

(859) 253-1993, ask for counseling services

*Accepts fees on a sliding scale basis*

#### **Feinberg and Associates**

520 E. Maxwell St. Lexington

(859) 233-3390

*Accepts most insurances*

#### **Bluegrass Grief Care (Hospice)**

2312 Alexandria Dr. Lexington

(855) 492-0812

#### **Lexington Counseling and Psychiatry-The Offices of Paul D. Dalton**

Lexington

501 Darby Creek Road Suite 11

(859) 338-0466

1092 Duval St #250

(859) 523-7383

*Accepts most insurances*

#### **The Woodland Group**

535 West Second St. Suite 207 Lexington

(859) 255-4864

Toll Free: 1-800-350-6438

*Accepts most insurances*

### Crisis Lines

#### **Bluegrass.org Crisis Line**

1-800-928-8000

#### **Ampersand (Bluegrass Rape Crisis Center)**

Crisis Line: 1-800-656-HOPE (4673)

Business Line: (859) 253-2615

#### **Crisis Text Line**

Text "GO" to 741-741

#### **LGBTQ Crisis Line: TrevorLifeline**

1-866-488-7386 (24 hours/7 days)

Text: "trevor" to 1-202-304-1200 (M-F, 3-10 pm)

#### **Students of Color Crisis Text Line**

Text "STEVE" to 741-741

#### **Suicide Prevention Hotlines**

1-800-273-TALK (8255)

1-800-SUICIDE (1-800-784-2433)

#### **Veterans Crisis Line**

1-800-273-8255, press 1

Text to 838255