

Please read before accessing the following information:

The following resources are provided to assist University of Kentucky students and staff in gathering major and career information on the Internet. The University of Kentucky and the Counseling Center are not associated with, nor do they endorse, any of the sources listed.

The University of Kentucky Counseling Center and the brochure author assume no responsibility for the use of this information or the sources. Please do not use/access any of the following sources/links if you do not agree with this policy.

For more assistance with career decision-making, please attend a Career Decision-Making workshop offered at the Counseling Center. The schedule of workshops is available at our website: www.uky.edu/studentaffairs/counseling. You may also call or walk-in for an individual appointment to discuss your career related concerns 859-257-8701.

UK Career Center

Career and major exploration, internships, resume and cover letter advice, mentoring and shadowing opportunities, and help finding a job.

<http://www.uky.edu/CareerCenter>

Undergraduate Major Sheets

Part of the University of Kentucky Office of the Registrar. Major sheets are listed alphabetically and by college. Learn about the course requirements for each available major/degree program.

<http://www.uky.edu/Registrar/Major-Sheets>

Academic Programs at UK

Links to each college at UK. College websites link to departmental websites which provide more information about each major.

<http://www.uky.edu/provost/unitsdepartments/colleges>

Occupational Information Network (O*NET)

Provides information on jobs and careers including required tasks, knowledge, skills, abilities, work activities, work context, interests, and work values. You can complete an interest assessment on this site.

<http://www.mynextmove.org/>

America's Career InfoNet

Links to exploring careers and resources. Includes wages, trends, and job market information.

<http://www.acinet.org>

Guides for Specific Careers

Guides for specific careers including training, education, earnings, and personal stories/advice from people working in the field. Conventional occupations plus unusual areas such as computer game development, motion pictures, biotechnology, zoological parks, and marine science.

<http://www.jobstar.org/tools/career/spec-car.php>

Career and Job Resources for Women and Minorities

General diversity resources as well as resources for women, Hispanic Americans, Native Americans, African Americans, Asian Americans, and persons with disabilities. Also has military career/job sites (for veterans as well as those looking to enlist) and global job resources for international careers/employment.

<http://www.rileyguide.com/diverse.html>

What's it like to be a...?

Career stories are real-world career descriptions and highlights gathered from interviews from more than 1900 individuals working in over 200 careers. Each interview includes descriptions of their jobs, discusses the best and worst aspects of their work, and offer suggestions for those considering entering into their profession.

<http://www.citytowninfo.com/career-stories>

What can I do with this major?

Convenient web site that links majors with careers. Handouts on each major with lists of work areas, usual employers and strategies for getting jobs.

<http://whatcanidowiththismajor.com/major/majors/>

Occupational Outlook Handbook

Describes what workers do, education required, advancement opportunities, earnings, and employment outlook in 225 career areas. Also lists addresses and web sites for professional associations.

<http://www.bls.gov/ooh/home.htm>

Revised July 2015