

## Spring 2021 COVID-19 Housing Guidelines

Fraternity and Sorority Life  
University of Kentucky

### Community Living

- All residents and staff should understand that following these guidelines will help to reduce the spread of the virus but will not prevent the house from having a quarantine situation if COVID positive cases arise. The communal living setting can, and likely will, result in quarantine situations and will also depend on the behavior of the residents when they are outside of the facility.

### Housing Accommodations

- Residents should be surveyed before receiving room assignments to determine if special accommodations are needed for residents who might have a higher risk for severe illness. Individuals in these high-risk categories have been identified by the Centers for Disease Control and Prevention.
- Personal health information should not be shared except for those responsible for room accommodations.
- If special accommodations, such as a single room, cannot be provided, then consider releasing the resident from their housing contract.
- A plan should be created for residents who need to quarantine if they are exposed to COVID-19 that includes the following:
  - One room should be left vacant for every 20 residents in the facility to accommodate residents who need to self-isolate. If vacant rooms are not available, then other accommodations should be arranged in advance.
  - See guidelines below under Accommodations for Residents.

### Move-In

Move in may begin as soon as January 22 for residents.

- Communicate to members before move-in that they should not move in within 14 days of:
  - experiencing any symptoms of COVID-19;
  - having a suspected or diagnosed/confirmed case of COVID-19;
  - and/or being exposed to any person who has a suspected or diagnosed/confirmed case of COVID-19.
- House Directors should schedule no more than two in-house residents move in every two hours. Roommates should not be allowed to move in at the same time. This guideline is for proper physical distancing and for traffic control.
- Post [signage](#) throughout the facility
  - Signs should be posted at the entrances to building that no one with a fever or symptoms of COVID-19 may enter the facility.
  - Signs should be posted in common use areas (living rooms, meeting rooms, dining rooms, study areas and media rooms) that indicates the specific maximum occupant capacity for the specific room.
  - Signs should be posted by each elevator indicating single occupancy only.
- Prop interior doors open during move-in if weather permits, so members and guest do not have to touch handles.
- For chapters with an elevator or lift system, the elevator/lift should be limited to single

- occupancy. Include disinfection wipes in the elevator to wipe down buttons after each use.
- Supplies, including PPE for students, families and staff should be made available.

### **Move-Out**

If the University must close housing and for the end of the spring semester:

- House Directors should schedule no more than two in-house residents move out every two hours. This guideline is for proper physical distancing and for traffic control.

### **Physical (Social) Distancing Accommodations**

- Sleeping areas
  - See [Bed Positioning](#) for guidance for six-foot distancing arrangements.
  - After reserving rooms for residents to quarantine, review housing assignments to maximize the use of the facility while minimizing the occupancy in each bedroom.
    - For example, move two students from a four-person room into an empty double.
- Common Areas and Study Rooms
  - Arrange and/or move furniture in common spaces to allow for safe physical distance guidelines (at least 6 feet).
- Eating Areas
  - Restrict the number of people allowed in the dining room at one time so that everyone can stay at least 6 feet apart from one another.
  - The state guidelines as of October 30, 2020 are 50% of the maximum permitted occupancy of seating capacity.
  - We recommend removing additional furniture above this new maximum capacity.
  - Do not share dishes, drinking glasses, cups or eating utensils. Non-disposable food service items used should be handled with gloves and washed with dish soap and hot water or in a dishwasher. Wash hands after handling used food service items.
- Laundry
  - Maintain access and adequate supplies to laundry facilities to help prevent spread of COVID-19.
  - Restrict the number of people allowed in laundry rooms at one time to ensure everyone can stay at least 6 feet apart.
  - Provide disposable gloves, soap for washing hands and household cleaners and EPA registered disinfectants for residents and staff to clean and disinfect buttons, knobs and handles of laundry machines, laundry baskets and shared laundry items.
- Bathrooms
  - Implement physical distancing practices by allowing only enough residents in the room that allows for six-foot distancing in the space.
- In community style bathrooms:
  - Consider using every other toilet stall, sink or shower stall.
  - Assign each residents a toilet stall, sink and shower stall to limit exposure.
  - Schedule shower times to avoid waiting in the bathroom.
  - Consider installing Plexiglas barriers between sinks to reduce spatter.
  - Instruct residents to wipe down facilities before and after use. Chapters should provide cleaning materials in easily accessible locations for this purpose.
  - Provide [information](#) on how to wash hands properly. Hang signs in bathrooms.
  - Residents should be instructed that sinks could be an infection source and should avoid placing toothbrushes directly on counter surfaces. Totes could also be used

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for personal items to limit their contact with other surfaces in the bathroom.

- Gym/Exercise and Activity/Craft Rooms
  - Restrict the number of people allowed in activity/craft and exercise rooms to ensure everyone can stay at least 6 feet apart. If 6 feet of distancing can't be met, then the room must be closed.
  - Instruct residents to wipe down facilities before and after use. Chapters should provide cleaning materials in easily accessible locations for this purpose.
  - Activities and sports, e.g., basketball, that require close contact are not recommended.

## **Dining**

- Only food service professionals should have access to food preparation and food storage areas.
- Do not permit self-service of food or beverages. Servers should wear gloves and masks.
- Eliminate bulk leftover containers; late plates wrapped immediately after preparation by the food service professionals may be stored.

## **Cleaning**

- Responsibility:
  - Professional staff should be used to clean all common areas, kitchens, dining areas, laundry rooms, public restrooms, activity/craft rooms, gym/exercise rooms and community bathrooms.
  - If professional staff are not available for cleaning, then a cleaning schedule should be submitted to the Fraternity and Sorority Life office by January 15. The schedule should only include residents of the facility.
  - Residents should clean their bedroom and suite style bathrooms.
- Protocols:
  - Proactively deep clean and disinfect all high-touch areas at least two to three times daily using an EPA approved product with a one-minute kill time. Staff should wear proper PPE: mask, gloves, booties.
- Common Areas
  - Clean furniture, door handles, crash bars and elevator buttons.
  - Kitchen
  - Clean all appliances, tables and chairs.
  - Make sure trash cans are emptied regularly throughout the day.
- Dining Areas
  - Clean tables and chairs after each use.
  - Make sure trash cans are emptied regularly.
- Laundry Rooms
  - Clean washers/dryers, folding tables and door handles.
  - Make sure trash cans are emptied regularly.
- Public Restrooms
  - Clean regularly using an EPA approved product, at least twice per day (e.g., in the morning and evening or after times of heavy use).
  - Make sure bathrooms are continuously stocked with soap and paper towels or automated hand dryers.
  - Disinfection wipes should also be provided to for user to clean facilities before and after each use.
- Residents Bathrooms

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- Suite Style
  - Residents should clean their own bathrooms regularly using an EPA approved product.
  - Disinfection wipes should also be provided to for residents to clean facilities before and after each use.
  - Gloves should be provided to residents so they can make sure their trash cans are emptied regularly.
- Community Style
  - Shared bathrooms should be cleaned regularly using an EPA approved product, at least twice per day (e.g., in the morning and evening or after times of heavy use).
  - Make sure bathrooms are continuously stocked with soap and paper towels or automated hand dryers.
  - Disinfection wipes should also be provided to for residents to clean facilities before and after each use.
  - Make sure trash cans are emptied regularly.
- Gym/Exercise Room
  - Cleaned regularly using EPA approved product at least twice per day (e.g., in the morning and evening or after times of heavy use).
  - Disinfection wipes should also be provided to for residents to clean facilities before and after each use.
  - Make sure trash cans are emptied regularly.

## Visitation

- Resident Staff Visitation
  - Staff should limit their visitors to only their living quarters. Guests must wear a mask while on campus and until they are inside the staff member's room.
  - A record of all visitors that enter rooms should be maintained.
  - Staff must not invite anyone experiencing any symptoms of COVID-19; having a suspected or diagnosed/confirmed case of COVID-19; and/or being exposed to any person who has a suspected or diagnosed/confirmed case of COVID-19.
- Resident Visitation - **Visitation will only be allowed to all members and advisors if testing results and lack of community spread of the virus show that it is safe to proceed. If approved by the university, the below procedures must be followed:**
  - Chapter facilities may have a total of 10 guests at a time in the house.
  - Guests will be limited to active and new chapter members, house corporation officers and chapter advisors.
  - Guest must be actively participating in the university's daily screening program.
  - Guests would not be permitted in resident's rooms but can visit common areas of the home (i.e., dining, study rooms, media rooms, etc.).
  - Each organization will need to designate one entrance/exit for all incoming guest. Signs should be posted at all entrances /exits directing guest to the designated entrance.
  - The specified entry point should have a guest check-in/check-out log, hand sanitizer and masks.
  - The guest log will need to be collected each week by a designated point person.
  - Guests logs will be placed on a shared drive that can be accessed by Health Corps for contact tracing purposes.

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- All guests must actively participate in the university's screening process.
- Recruitment events involving potential new members will not be allowed due to the potential high exposure.
- Guests will not be allowed when meals are being served in the eating areas of the facility.
- Masks and physical distancing practices must still be observed in the common areas.
- Chapters not in good standing with the university for COVID-19 violations will not be allowed guests.
- UK reserves the right to adapt/change/restrict visitation based on guidance from CDC or the level of risk associated with the pandemic and community spread.

### **Accommodations for Residents or Employees**

- Difference between isolation and quarantine:
  - Isolation separates sick people with a contagious disease from people who are not sick.
  - Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.
- Students who test positive for COVID-19:
  - Instruct any members who share with you they have received a positive COVID test result to report their results directly to the Health Corps at [healthcorps@uky.edu](mailto:healthcorps@uky.edu) or (859) 218-7233.
  - A negative test is not required for re-entry. Individuals can test positive for up to 90 days after infection and should not retest for 90 days after the original diagnosis.
  - Students diagnosed with COVID-19 should return home if possible, for treatment and recovery time. If this is not possible, the chapter should work with the University to find a suitable arrangement.
  - Students should follow the most current [CDC guidelines](#) in conjunction with UK Health Corps to determine when to return to campus. When released from self-isolation, the student should send documentation directly to UK Health Corps ([healthcorps@uky.edu](mailto:healthcorps@uky.edu)).
  - House Directors can ask for documentation of the release from self-isolation from the student, but the student is not required to provide it.
- Students who have been exposed, but not tested positive for COVID-19:
  - Roommates of a student who tested positive for COVID-19 should also be quarantined for 14 days and should follow the most current [CDC guidelines](#) in conjunction with UK Health Corps to determine when to return to class or work.
  - Roommates receiving negative test results for COVID-19 will not be released from the quarantine requirement.
  - The roommate should leave their room as soon as the student who tests positive for COVID-19 is notified and placed in room that has not been used by others. Once the student who tested positive for COVID-19 has left, wait 24 hours before you clean or disinfect and follow procedures outlined by the [CDC](#). If 24 hours is not feasible, wait as long as possible.
  - Students may quarantine in their bedrooms 30 minutes after the room has been cleaned.
  - The student should be provided a private bathroom if possible. If a private bathroom is not possible then the person who is quarantined should clean and disinfect the frequently touched surfaces in the bathroom after each use. Open

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- windows to increase air circulation in the area.
- Quarantined students should be provided with meals by the chapter in their private rooms.
- The quarantine rooms should be labeled externally with appropriate signage that states restricted access (e.g., “Private Quarters” or “Authorized Personnel Only”) but does not state the reason for the restricted access due to concerns about potential for stigma and FERPA/HIPAA violations.
- The House Director should work with chapter leadership and the quarantined student to identify a plan to provide other necessary items, such as medications or toiletries.
- Employees who test positive for COVID-19:
  - Employees who are residents of the facility can self-isolate in their apartments within the facility.
  - Employees should not end isolation until instructed to do so by the Fayette County Health Department.

## **Acknowledgement and Resources**

- [COVID Signage for Campus from UKPD](#)
- [Kentucky Healthy at Work Requirements for Restaurants](#)
- [Centers for Disease Control and Prevention](#)
- [CDC Guides for Cleaning and Disinfecting Your Facility](#)
- [EPA-Registered Disinfectants](#)
- [American College Health Association \(ACHA\)](#)
- [CSL Management](#)
- [MJ Sorority Insurance](#)
- [Holmes Murphy Insurance](#)
- [Upper Crust](#)
- [Campus Cooks](#)
- [National Panhellenic Conference](#)
- [North American Interfraternity Conference](#)

## **Resources on Testing, Tracing and Self-Isolation/Quarantine**

- [UK Exposure Notification Protocol](#)
- [Kentucky Public Health Confirmed or Suspected COVID-19 Disease Clearance](#)
- [Kentucky’s Healthy at Work Testing Plan Guidance](#)
- [CDC’s Discontinuation of Isolation for Persons with COVID-19](#)
- [CDC’s When to Start and End Quarantine for Persons exposed to COVID-19](#)