AND VIRTUAL RESOURCE FAIR

Friday, November 6, 2020

Conference: 1-3 p.m.
featuring nationally recognized
occupational therapist, consultant, speaker,
caregiving advocate and founder of
Positive Approach, LLC,
Teepa Snow

Virtual resource fair: 3-4 p.m.
featuring over 40 online exhibitors

For more information, visit www.uky.edu/hr/work-life
WHO WE ARE

About UK Work-Life

The University of Kentucky wants employees to succeed both professionally and personally. UK Work-Life is here to help employees meet their personal and professional goals through programs, services and events.

How we can help

Elder Care is a free employee benefit to support regular full- and part-time UK faculty, staff, retirees and their spouses who provide caregiving services to their parents, spouses and older family members. We can assist by providing information, consultation, guidance, referrals and help with planning ahead. We offer monthly Lunch and Learn sessions on topics ranging from “Elder Law and Caregiving” to “Caring for Someone with Dementia.”

Counseling, a voluntary, confidential benefit provides free and reduced-fee services with licensed therapists for faculty, staff and their families. All faculty, regular employees (FTE .5 or greater), spouses, sponsored dependents, unmarried children up to age 26 and UK retirees are eligible for up to five free sessions. We also offer workshops for supervisors and departments on topics such as managing stress, processing grief and helping prevent suicide.

Work-life effectiveness, or managing one’s work and personal life responsibilities, is an ongoing process. Work-life effectiveness means different things to different people. It may mean flexibility in a work schedule to better meet department needs, or finding child care resources to help a new parent return to work after leave. Whatever stage of life, UK Work-Life strives to ensure employees and supervisors are supported in their professional and personal goals.

For more information, visit www.uky.edu/hr/work-life

ABOUT OUR SPEAKER - TEEPA SNOW

Today’s Voice for Dementia, Teepa Snow is one of the world’s leading advocates and educators for anyone living with dementia.

Teepa Snow is an occupational therapist with 40 years of rich and varied clinical and academic experience. She presents with extraordinary expertise and humor to audiences large and small throughout the world. Her company, Positive Approach® to Care (PAC) provides online and in-person services, training, and products to professionals, family members, the lay public, and people living with brain changes internationally. Her GEMS® State Model for understanding progression and change in ability, combined with her PACT™ Skills, form practical and effective strategies and techniques for individuals and agencies seeking to optimize care and support for those living with dementia and their care partners. These user-friendly approaches provide guidance and leadership to national efforts to promote best practices. PAC is collaboratively working to change the culture of dementia care, one mind at a time in over 30 countries worldwide.

As the Education Director of Eastern North Carolina’s Alzheimer’s Association, she helped to create the nation’s award winning DVD entitled Accepting the Challenge: Providing the Best Care for People with Dementia. Through her work developing Positive Approach to Care, there are many more resources and options for support and help, both online and in person.

Her company, Positive Approach, LLC, was founded in 2006 and offers person centered training opportunities in the United States, Canada, Australia and the UK. If you visit teepasnow.com, you’ll find educational video clips, DVDs, books, information on individual certifications, online support groups, newsletter subscriptions, and onsite training. And you can sign up for the free Dementia Journal which goes out every month.

You can download the conference handouts here.
CONFERENCE AGENDA:
“PRACTICAL AND REASONABLE DEMENTIA CARE DURING A PANDEMIC”

1 - 1:05 p.m.  Greeting and Introduction – Terri Weber

1:05 - 1:15 p.m.  What is Dementia?

1:15 - 2 p.m.  Activity, Engagement and Importance of Maintaining a Routine

2 - 2:45 p.m.  Communication and Connection Strategies While Using PPE

2:45 - 3 p.m.  Q & A

3 - 4 p.m.  Online Senior Resource Fair

SENIOR CAREGIVING CONFERENCE SPONSORS

AARP
Always Best Care of Greater Lexington
Alzheimer’s Association - Greater Kentucky/Southern Indiana Chapter
BGAAAIL
Bluegrass Care Navigators
Bluegrass Elder Abuse Prevention Council
Bluegrass Elderlaw, PLLC
Bluegrass Health Partners
CHI/VNA Health at Home
Comfort Keepers
Dementia Friendly Lexington
ElderLawLexington
Fidelity Investments
Grace Place – Your Best Life 50+ Club
Guardian Medical Monitoring
Hands in Hand, LLC
Home Instead Senior Care – Lexington
InterCare
ITNBluegrass
Kentuckiana Stroke Association
KORT Physical Therapy
Lexington Senior Center

Liberty Ridge Senior Living Community
Lifeline Homecare
McKinley-Hargrove Elder Care Law
Meadowthorpe Assisted Living and Memory Care
Nursing Home Ombudsman Agency of the Bluegrass
Preston Greens Senior Living Community
RE/MAX Creative Realty
Senior Helpers of the Bluegrass
Silver Lexington Senior Living Placement Service
Smooth Transitions
Social Security Administration
The Hearing & Speech Center
The Homeplace at Midway
The Lantern at Morning Pointe
The Willows
TIAA
UK Credit Union
UK Elder Care
UK Sanders-Brown Center on Aging
University of Kentucky FCS Cooperative Extension
SENIOR CAREGIVING CONFERENCE
EXHIBITOR ZOOM LOCATIONS AND ID NUMBERS

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**Zoom Tips:**
You are invited to visit many Zoom sessions between 3-4 p.m. by clicking on the link below the organization’s name.

- You may have to add the Zoom app to your device
- We recommend using a computer if possible

**FIRST**, review the list of organizations and determine which sessions you want to visit.

**SECOND**, click on the Zoom link below the organizations you want to visit. You can only visit one session at a time.

Or

Cut and paste the Zoom links into a web browser.

**THIRD**, once you join the session

- Unmute your audio and turn on your video to talk to the representative.

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**Bluegrass Care Navigators**
https://uky.zoom.us/j/86234612968
646-876-9923, ID# 86234612968

**Bluegrass Elderlaw, PLLC**
https://uky.zoom.us/j/87296354721
301-715-8592, ID# 87296354721

**Comfort Keepers**
https://uky.zoom.us/j/85031312175
301-715-8592, ID# 85031312175

**ElderLaw Lexington**
https://uky.zoom.us/j/87488591033
312-626-6799, ID# 87488591033

**Fidelity Investments**
https://uky.zoom.us/j/84481939306
646-876-9923, ID# 84481939306

**Grace Place – Your Best Life 50+ Club**
https://uky.zoom.us/j/81928364862
301-715-8592, ID# 81928364862

**Guardian Medical Monitoring**
https://uky.zoom.us/j/88331730455
312-626-6799, ID# 88331730455

**Home Instead Senior Care Lexington**
https://uky.zoom.us/j/84885880216
646-876-9923, ID# 84885880216

**InterCare**
https://uky.zoom.us/j/81877893300
301-715-8592, ID# 81877893300

**ITNBluegrass**
https://uky.zoom.us/j/89475842897
312-626-6799, ID# 89475842897

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**Always Best Care of Greater Lexington**
https://uky.zoom.us/j/81344603100
301-715-8592, ID# 81344603100

**Alzheimer’s Association**
https://uky.zoom.us/j/81739886556
301-715-8592, ID# 81739886556

**Bluegrass Area Agency on Aging & Independent Living**
https://uky.zoom.us/j/86079368995
646-876-9923, ID# 86079368995
SENIOR CAREGIVING CONFERENCE
EXHIBITOR ZOOM LOCATIONS AND ID NUMBERS

Lexington Senior Center
https://uky.zoom.us/j/88388683633
646-876-9923, ID# 88388683633

Liberty Ridge Senior Living Community
https://uky.zoom.us/j/81487425715
646-876-9923, ID# 81487425715

Lifeline Homecare
https://uky.zoom.us/j/83997416670
301-715-8592, ID# 83997416670

McKinley-Hargrove Elder Care Law
https://uky.zoom.us/j/81173795564
312-626-6799, ID# 81173795564

Meadowthorpe Assisted Living and Memory Care
https://uky.zoom.us/j/85756055265
301-715-8592, ID# 85756055265

Nursing Home Ombudsman
https://uky.zoom.us/j/86580960682
646-876-9923, ID# 86580960682

Preston Greens Senior Living Community
https://uky.zoom.us/j/81923937325
646-876-9923, ID# 81923937325

RE/MAX Creative Realty
https://uky.zoom.us/j/87645768895
646-876-9923, ID# 87645768895

Senior Helpers of the Bluegrass
https://uky.zoom.us/j/81062754662
312-626-6799, ID# 81062754662

Silver Lexington
https://uky.zoom.us/j/83945538042
301-715-8592, ID# 83945538042

Smooth Transitions
https://uky.zoom.us/j/83167358353
646-876-9923, ID# 83167358353

The Hearing and Speech Center
https://uky.zoom.us/j/86579072391
301-715-8592, ID# 86579072391

The Homeplace at Midway
https://uky.zoom.us/j/88273393927
646-876-9923, ID# 88273393927

The Lantern at Morning Pointe
https://uky.zoom.us/j/88048607904
301-715-8592, ID# 88048607904

The Willows
https://uky.zoom.us/j/85209527903
312-626-6799, ID# 85209527903

TIAA
https://uky.zoom.us/j/87447644266
646-876-9923, ID# 87447644266

UK Credit Union
https://uky.zoom.us/j/89650013040
301-715-8592, ID# 89650013040

UK Sanders-Brown Center on Aging
https://uky.zoom.us/j/82436190926
312-626-6799, ID# 82436190926
CAREGIVING RESOURCES

ADULT DAY CARE CENTER

Grace Place–Your Best Life
50+ Club
Great food, fun, and friends combined with skilled nursing, Monday through Friday, 10 a.m. to 4 p.m.
Contact: DG Gridley
743 Allendale Drive, Suite B, Lexington, KY 40503
(859) 539-2147
admin@agingwithgraceinfo.org
www.agingwithgraceinfo.org

Bluegrass Elder Abuse Prevention Council
Aid in the prevention of elder abuse through community education and identifying those at risk.
Contact: Candy Pettry
4133 Palmetto Drive, Lexington, KY 40513
(859) 323-1890
c.pettry@uky.edu
www.bluegrasseapc.com

Dementia Friendly Lexington
Dementia Friendly Lexington will work with business partners through education and training to become more dementia friendly by focusing on kindness and empathy.
Contact: Candy Pettry
4133 Palmetto Drive, Lexington, KY 40513
(859) 323-1890
c.pettry@uky.edu
www.agefriendlylexington.org/age-friendly-lexington

Intercare
InterCare’s care coordination services offer planning and care management that help those with compromised health conditions who wish to stay in their homes rather than transitioning into congregate settings. Let us help you live to the fullest – on your terms.
Contact: Jim Dashiell
9800 Connecticut Drive, Crown Point, IN 46307
(219) 707-9843
j.dashiell@myintercare.com
www.myintercare.com/

Kentuckiana Stroke Association
We are a 501c3 nonprofit organization dedicated to the prevention of stroke through education and awareness. Contact us for stroke prevention and recovery information, plus resources for survivors and their families.
Contact: Carrie Orman
3425 Stony Spring Circle, Louisville, KY 40220
(502) 499-5757
info@strokekyin.org
www.strokekyin.org

Lexington Senior Center
We offer programming Monday through Friday, 8 a.m. to 5 p.m. that includes education, socialization, fitness and congregate meals. Eligibility includes anyone 60 and over that lives in Fayette County.
Contact: Amanda Patrick
195 Life Lane, Lexington, KY 40502
(859) 278-6072
www.lexingtonky.gov/lexington-senior-center

Nursing Home Ombudsman Agency of the Bluegrass
The Nursing Home Ombudsman Agency protects and promotes the rights of long-term care residents, investigates complaints on behalf of long-term care residents, and provides free, unbiased, Kentucky-specific information about how to find quality long-term care.
Contact: Denise Wells
3138 Custer Drive, Suite 110, Lexington, KY 40501
(859) 277-9215
denise@ombuddy.org
www.ombuddy.org

Senior Helpers of the Bluegrass
We are a leader in professional, dependable, consistent in-home care with customized, flexible plans. Our Senior Gems program by Teepa Snow and our Parkinson’s Care Program are unique. We provide integrity without compromise, celebrating an improved quality of life!
Contact: Lorri Mills
3070 Harrodsburg Rd., Suite 240, Lexington, KY 40503
(859) 338-3432
lmills@seniorhelpers.com
www.seniorhelpers.com

Smooth Transitions
Smooth Transitions offers personalized help to seniors and their families with the often overwhelming tasks of downsizing, relocation, organizing/decluttering, estate dispersal and aging in place. We are a member of the National Association of Senior Move Managers.
Contact: Susan Thomas
638 Parkside Dr, Lexington, KY 40505
(859) 447-4853
susan@smoothtransitionscky.com
www.smoothtransitionscky.com

COMMUNITY ELDERCARE SERVICES AND SUPPORT

Alzheimer’s Association – Greater Kentucky/Southern Indiana Chapter
The Alzheimer’s Association® is the leading voluntary health organization in Alzheimer’s care, support and research. Support services include a 24-hour helpline (800-272-3900), support groups, education and socialization programs, plus a website filled with caregiver information.
Contact: April Stauffer
2808 Palumbo Drive, Suite 205, Lexington, KY 40509
(859) 266-5283 ext 8179
astauffer@alz.org
www.alz.org/kyin

Bluegrass Area Agency On Aging & Independent Living (BGAAAIL)
BGAAAIL supports programs and services for older persons, disabled individuals, and caregivers in the communities of the Bluegrass region.
Contact: Regina Goodman, BASW
699 Perimeter Drive
Lexington, KY 40517
(859) 269-8021 ext 313
rgoodman@bgadd.org
www.bgaaail.com

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CAREGIVING RESOURCES

COMMUNITY ELDERCARE SERVICES AND SUPPORT (CONTINUED)

UK ElderCare
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Contact: Terri Weber
106 Scovell Hall, Lexington, KY 40506-0064
(859) 218-0457
terri.weber@uky.edu
www.uky.edu/hr/eldercare

University of Kentucky FCS Cooperative Extension
FCS Extension improves the quality of individual and family life through education, research, and outreach. FCS emphasizes well-being with a focus on human development and aging, parenting, resource management, nutrition, physical activity, health and aesthetics.
Contact: Amy Kostelic
University of Kentucky
102 Erikson Hall, Lexington, KY 40506
(859) 257-3887
amy.kostelic@uky.edu
www.fcs-hes.ca.uky.edu/

ELDERLAW

Bluegrass Elderlaw, PLLC
Bluegrass Elderlaw, PLLC is a legal practice which addresses the planning and implementation issues of aging, dealing with disability, and handling death transfers. Our goal is to address the needs of seniors and aid their families in accomplishing their goals.
Contact: Annie Sline
120 N Mill Street, Suite 201, Lexington, KY 40507
(859) 281-0048
asline@bgelderlaw.com
www.bgelderlaw.com

ElderLaw Lexington
When facing the uncertainties of nursing home care, it’s hard to know where to turn for answers. A consultation with ElderLaw Lexington gives you the confidence to make decisions that lead to financial security.
Contact: Matthew T. Smith, Attorney at Law
1795 Alysheba Way #2102, Lexington, KY 40509
(859) 543-0061
msmith@elderlawlexington.com
www.elderlawlexington.com

McKinley-Hargrove Elder Care Law
Our firm assists all caregivers in elder law, estate planning, care coordination, financial assistance and much more.
Contact: Mikel McKinley
444 East Main Street Suite 201, Lexington, KY 40507
(859) 298-2150
heidi@eldercarelegacy.com
www.eldercarelegacy.com

FINANCIAL

Fidelity Investments
Fidelity Investments has the tools and resources for financial needs at any stage of life. Call us to schedule an appointment at 800-642-7131 or visit getguidance.fidelity.com/UK. 900890.1.0
Contact: Chris Perry
100 Howe Drive, Covington, KY 41015
(513) 444-0909
christopher.perry@fmr.com
www.fidelity.com

Social Security Administration
For more than 80 years Social Security has been providing financial benefits to insured Americans. The Social Security Administration is available to answer your questions before, during and after you retire. We are also available to answer questions concerning Supplemental Security Income.
Contact: Sherry S. Goodrum
2241 Buena Vista Road, Lexington, KY 40505
1-800-772-1213
Sherry.Goodrum@ssa.gov
www.socialsecurity.gov

TIAA Financial Services
Since 1918, TIAA has been on a mission to help customers reach their financial goals. We created a sustainable retirement system for employees and today are the leader in serving the financial needs of people in academic, government, medical, cultural and other nonprofit fields.
Contact: Chad Seabaugh
2365 Harrodsburg Road, Suite B250, Lexington, KY 40504
(859) 224-6906
cseabaugh@tiaa.org
www.tiaa.org/uk

UK Federal Credit Union
UK Federal Credit Union is a not-for-profit financial cooperative. That means extra money isn’t given to a few stockholders but returned to members in the form of better rates and services.
Contact: Stephen Will
1730 Alysheba Way, Lexington, KY 40502
(859) 264-4292
swill@ukfcu.org
www.ukfcu.org

HEALTH CARE

Bluegrass Care Navigators
Comprehensive services offering the right care at the right time. Services include: private duty, in-home primary physician care, palliative care, hospice care and grief care.
Contact: Hazel Teichen
1733 Harrodsburg Road, Lexington, KY 40504-3667
(859) 368-3839
hteichen@bgcarenav.org
www.bgcarenav.org
CAREGIVING RESOURCES

HEALTH CARE

(CONTINUED)

Bluegrass Health Partners
Skilled nursing facility
Contact: Brittany Short
300 Provider Court,
Richmond, KY 40475
(859) 314-5707
bshort@bluegrasshealthky.com
www.terraceky.com

KORT Physical Therapy
With over 65 locations, KORT is Kentuckiana’s premier provider of outpatient physical and occupational therapy. We offer three patient care options: In-Clinic, TeleRehab, and Rehab @ Home. Visit our website for more information or to schedule an appointment online!

Contact: Chelsea Hartley
1650 Bryan Station Rd #122,
Lexington, KY 40505
(502) 680-7096
clhartley@kort.com
www.kort.com

The Lantern at Morning Pointe
The Lantern at Morning Pointe in Lexington is a Center of Excellence senior living community that specializes in providing more options for seniors with various levels of Alzheimer’s disease and related dementias.

Contact: Jana Hatton
225 Ruccio Way,
Lexington, KY 40503
(859) 309-4867
lexington-lan-crd@morningpointe.com
www.morningpointe.com/locations/the-lantern-at-lexington-memory-care/

The Willows
Each campus offers a full spectrum of senior living options from independent living, personal care, memory care and long term skilled nursing.

Contact: Danielle McKee
1376 Silver Springs Drive,
Lexington, KY 40511
(859) 388-0460
danielle.mckee@willowsatcitation.com
www.trilogyhs.com

UK Sanders-Brown Center on Aging
The Sanders-Brown Center on Aging is recognized as a premier and innovative aging center that effectively translates research findings into interventions and information that benefits older adults and their families.

Contact: Hardin Stevens
UK Sanders-Brown Center on Aging
800 South Limestone,
Lexington, KY 40536
(859) 323-5550
hardin.stevens@uky.edu
sbcoa.med.uky.edu/

HOME CARE

Always Best Care of Greater Lexington
We provide home care services, including cooking, cleaning, medication reminders, safe transfers and helping reduce falls for bathing, etc. See our Google and Facebook reviews.

Contact: Phillip Morgan
2134 Nicholasville Rd., Suite 19,
Lexington, KY 40503
(859) 305-0060
infoky@abc-seniors.com
abcLexington.com

Guardian Medical Monitoring
Guardian Medical Monitoring is a leader in medical alerts and medication dispensing solutions. Our home safety solutions help individuals live safely and independently. Your KY representative, Barb Doss, will help you identify the best solutions to meet your needs.

Contact: Barbara Doss
18000 W. Eight Mile Road,
Southfield, MI 48075
(812) 480-5230
bdoss@guardianalarm.com
www.guardianmedicalmonitoring.com

The Hearing and Speech Center
The Family Hearing Center at The Hearing and Speech Center (HSC) provides comprehensive hearing healthcare to clients of all ages, “twinkle to wrinkle.” Our audiologists perform diagnostic testing and individualized treatment plans to best meet your lifestyle.

Contact: Melissa Hatton
350 Henry Clay Boulevard,
Lexington, KY 40502
(859) 268-4545
melissah@hscky.org
www.hscky.org

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Lexington, KY 40511
(859) 388-0460
danielle.mckee@willowsatcitation.com
www.trilogyhs.com

CHI/VNA Health at Home
We provide community based in-home medical care to Franklin, Woodford, Jessamine, Fayette, Madison, Anderson, Scott, and Clark counties, 24 hours a day, 7 days a week, 365 days a year. We provide nursing services, physical, occupational and speech therapy as well as social workers and home health aides.

Contact: Amanda Wilbur, RN-BSN
2464 Fortune Drive, Suite 100,
Lexington, KY 40509
(859) 447-3602
amanda.wilbur@chihealthathome.com
www.chihealthathome.com

Comfort Keepers
Comfort Keepers provides uplifting in-home care to seniors and other adults that allows them to live independently in their own homes and achieve the highest quality of life possible. We strive to elevate the human spirit through quality, compassionate, joyful care.

Contact: Alicia Griggs
1910 Garden Springs, Suite 260,
Lexington, KY 40504
(859) 224-1124
aliciagriggs@corp.comfortkeepers.com
www.comfortkeepers.com/offices/kentucky/lexington

Preston Greens Senior Living Community
Luxury care for seniors. We offer memory support and personal care.

Contact: Tiffaney Clay
1825 Little Herb Way,
Lexington, KY 40509
(859) 285-9079
executivedirector@prestongreensseniorliving.com
www.prestongreensseniorliving.com

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danielle.mckee@willowsatcitation.com
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225 Ruccio Way,
Lexington, KY 40503
(859) 309-4867
lexington-lan-crd@morningpointe.com
www.morningpointe.com/locations/the-lantern-at-lexington-memory-care/

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UK Sanders-Brown Center on Aging
800 South Limestone,
Lexington, KY 40536
(859) 323-5550
hardin.stevens@uky.edu
sbcoa.med.uky.edu/

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www.morningpointe.com/locations/the-lantern-at-lexington-memory-care/

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We provide home care services, including cooking, cleaning, medication reminders, safe transfers and helping reduce falls for bathing, etc. See our Google and Facebook reviews.

Contact: Phillip Morgan
2134 Nicholasville Rd., Suite 19,
Lexington, KY 40503
(859) 305-0060
infoky@abc-seniors.com
abcLexington.com

Guardian Medical Monitoring
Guardian Medical Monitoring is a leader in medical alerts and medication dispensing solutions. Our home safety solutions help individuals live safely and independently. Your KY representative, Barb Doss, will help you identify the best solutions to meet your needs.

Contact: Barbara Doss
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Southfield, MI 48075
(812) 480-5230
bdoss@guardianalarm.com
www.guardianmedicalmonitoring.com
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Companionship/grocery shopping and put away/light housework/plan and prep meals/run errands/organize and declutter. Additional services available upon request.
Contact: Gina Smaith
364 Meadowcrest Park
Lexington, KY 40515
(859) 361-5612
www.handsinhandllc@gmail.com

Home Instead
Whether it's compassionate help with activities of daily living such as bathing or dressing and general assistance in the home, or helping with running errands out in the community, the professional CAREGivers of Home Instead Senior Care are here to help.
Contact: Brent Stephens
207 E. Reynolds Rd, Suite 150,
Lexington, KY 40517
(859) 273-0085
brent.stephens@homeinstead.com
www.homeinstead.com/312

Lifeline Homecare
Lifeline Homecare is a locally-owned company originating out of Somerset, Kentucky, providing non-medical, in-home services; proudly serving over 80 counties.
Contact: Sabrina Stevens
246 Poplar Ave St #3,
Somerset, KY 42503
(606) 678-4032
sstevens@lifelinehomecare.org
www.lifelinehomecareky.org

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Contact: Donna Elder
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Lexington, KY 40509
(859) 983-9107
donnaelder@remax.net
www.donnaelder.remax.com

Silver Lexington Senior Living Placement Service
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(859) 519-8591
silverlexington@gmail.com
www.silverlexington.com

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Midway, KY 40347
(859) 846-3902
sarah.rowe@ccc1884.org
www.homeplaceatmidway.com

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Report Adult Abuse, Neglect and Exploitation

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https://prdweb.chfs.ky.gov/ReportAbuse
(for non-emergency referrals)

What is Elder Maltreatment?

Abuse
the infliction of injury, sexual abuse, unreasonable confinement, intimidation, or punishment that results in physical pain or injury, including mental injury.

Neglect
a situation in which an adult is unable to perform or obtain for himself/herself the goods or services which are necessary to maintain his/her welfare or the deprivation of services by a caretaker which are necessary to maintain the health and welfare of the adult.

Exploitation
obtaining or using another person’s resources, including but not limited to funds, assets, or property, by deception, intimidation, or similar means, with the intent to deprive the person of those resources.

What can you do?

- Recognize the signs of Elder Maltreatment
- Look for indicators of adult abuse and behavioral changes
- Ask Questions
- Report your concerns
- Refer to appropriate resources
- Do not discount a vulnerable adult’s claim simply because of a cognitive impairment
- Join a Local Coordinating Council on Elder Abuse

It’s the Law
Kentucky is a mandatory reporting state. Reference KRS 209.030. Abuse, Neglect and exploitation of a vulnerable adult is often a silent crime. If you suspect abuse, neglect or exploitation of a vulnerable adult, CALL.

For More information:

Adult Protection Branch
275 E. Main St., 3E-C
Frankfort, KY 40621
(502) 564-7043
http://chfs.ky.gov/dcbs/dpp/eaa

Local Coordinating Council on Elder Abuse
Bluegrass Elder Abuse Prevention Council
Candy Pettry (859) 323-1890
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Dementia Friendly Lexington will strive to be a community where people living with dementia and their care partners will be supported, empowered and understood.

Through education and training, we will work with community business partners to improve their knowledge on how to become dementia friendly by focusing on kindness and empathy.

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When facing the uncertainties of nursing home care, it’s hard to know where to turn for answers. A consultation with ElderLawLexington gives you the confidence to make decisions that lead to financial security.

Managing the care of an elderly parent or spouse is a challenge. Don’t bear that burden alone. If you’re using savings to pay for nursing home care, you’re paying too much. ElderLawLexington can help your family qualify for Medicaid benefits to pay for nursing home care, even if you’ve been told you don’t qualify.

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ElderLawLexington.com

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Because we offer the highest quality at the lowest cost!

Remember: Happy memories are PRICELESS!!!

<table>
<thead>
<tr>
<th>Your Options:</th>
<th>Nursing homes</th>
<th>Agency In-Home Care</th>
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<tbody>
<tr>
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<td>$6,696&lt;sup&gt;1&lt;/sup&gt;</td>
<td>$2,880&lt;sup&gt;2&lt;/sup&gt;</td>
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**Aging With Grace's Fountain of Youth Clubhouse**

$1,460<sup>3</sup>

Our Mission is to Improve Your Health and Quality of Life!

<table>
<thead>
<tr>
<th>Lowest price</th>
<th>Nursing Homes</th>
<th>Agency In-Home Care</th>
<th>Paid or Volunteer</th>
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<tr>
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<td>NO $6,696</td>
<td>NO $2,880</td>
<td>MAYBE varies</td>
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<td>MAYBE</td>
<td>MAYBE</td>
<td>MAYBE</td>
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Medical Staffing

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</thead>
<tbody>
<tr>
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<td>YES</td>
<td>NO</td>
<td>NO</td>
</tr>
</tbody>
</table>

Best Record for NO abuse

<table>
<thead>
<tr>
<th>Best Record for NO abuse</th>
<th>Nursing Homes</th>
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</thead>
<tbody>
<tr>
<td>YES</td>
<td>NO</td>
<td>NO</td>
<td>NO</td>
</tr>
</tbody>
</table>

We help you age with grace by helping you at home and/or at the clubhouse.

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If you have Aging in Place questions, contact

859-447-4853

Susan Thomas
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https://sbcoa.med.uky.edu/

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