Thriving Thursdays:
Family Disaster Preparedness Tips & Strategies

Laurel Wood, Director of Business Continuity
UK Police, Division of Crisis Management & Preparedness
FIRST RESPONDERS TO CAMPUS INCIDENTS

- 64 Sworn Officers
- 13 Communications Officers
- 100 Security Officers
- 29 Administrative Professionals
COMMON CHALLENGES

- EMS & Fire Service
- Theft & Crimes of Opportunity
- Unwanted Guests
- Controversial Speakers
- Unplanned Incidents
- Severe Weather
- Athletics & University Events
- Public vs. Private Campus Access Issues
- Construction
Administration Major

Crisis Management & Preparedness Captain

- Business Continuity Director
- Emergency Management Specialist
- Clery Compliance Officer
- Special Events Lieutenant
- HealthCare EM Educator

Deputy Chief

Chief of Police

Crisis Management and Preparedness
A Division of UK Police
Crisis Management & Preparedness

- **Mission**: To coordinate and facilitate effective campus disaster preparedness, mitigation, response, recovery activities to minimize the impacts of emergencies on the campus community, facilities, and environment.
Campus Attitudes Toward Safety (CATS) Survey

“Most students believe UK is safe, but too many believe that safety was not their own responsibility. In fact, more than 60 percent of students thought safety was not their own responsibility, but someone else’s.”
CRISIS MANAGEMENT PLANNING

1. Preparedness Planning
2. Event & Incident Planning
3. Response & Recovery Planning
Preparedness Planning

- Emergency Operations Plan (EOP)
- Hazard Mitigation Plan
- Test, Train, & Exercise!
- The Clery Act / UK Alert
- Campus Community Emergency Response Team (C-CERT)
ALL HAZARDS

- Naturally Occurring Events
  - Tornado, Ice Storm, Flood, Snow and Extreme Cold
  - Technologic Events
    - Power Outage, Communications Failure

- Man-Made Events
  - Terrorism, VIP Situation, Civil Disturbance

- Hazardous Materials
  - Chemical or Radiologic Exposure
12 Hazards included in UK’s Hazard Mitigation Plan

1. Dam/Levee Failure
2. Drought
3. Earthquake
4. Extreme Temps
5. Flood
6. Forest Fire
7. Hailstorm
8. Karst/Sinkhole
9. Landslide
10. Severe Storm
11. Severe Winter Storm
12. Tornado
Preparedness Planning

• TEST: Confirm whether or not procedures, processes, and systems function as intended.

• TRAIN: Ensure that all personnel know what to do, how to do it, and when it should be done.

• EXERCISE: Provide practice and verification of whether parts of the plan or the entire plan works as intended. (Tabletops, Drills, Functional & Full-Scale)
Event & Incident Planning

• Event Management Approval System
  – Police Lieutenant reviews with Office of University Events & Risk Management
  – Tech Division schedules access to necessary rooms

• Event Action Plans
  – Large scale, detailed plan for major event
  – Concert, controversial speaker, etc.

• Incident Action Plans
  – Derived from Event Action Plan for unplanned events
Response & Recovery Planning

- Building Response
- Department Recovery
- Lessons Learned
Response Meets Recovery

Building Emergency Action Plan

Event

<table>
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<tr>
<th>Critical 0-12 hours</th>
<th>Essential 12 hours -30 days</th>
<th>Recover as Needed 30 days +</th>
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<td>..................</td>
<td>Business Continuity Plan ..</td>
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UK
Business Continuity Planning

- **Phase I**: Readiness & Preparedness
- **Phase II**: Activation & Relocation
- **Phase III**: Continuity of Operations
- **Phase IV**: Reconstitution
The Clery Act

The Clery Act

• Campus Security Authority (CSA)
• Daily Crime Log
• Annual Safety & Security Report
• Immediate Notification (UK Alert)
• Timely Warning (Campus Crime Bulletin)
• The Minger Act
Campus Partnerships

- Designated Authority
  - Facility owner runs operations
- “See Something, Say Something”
  - Facility employees know the norms of the facility and will recognize deviations
- Collaboration
  - Police, staff, facilities, student groups, Risk Management, Legal... (leave your ego at the door)
To do list for household manager:

• Work deadlines
• Household chores / maintenance
• Grocery / Toiletries Stocked
• Child Care / Elder Care
• Extracurricular Activities
• Birthdays / Anniversaries / Holidays
• Fun / Entertainment / Memory Maker
• FINANCES!
Four Steps to Emergency Preparedness

1. Be Informed

2. Make a Plan

3. Build an Emergency Kit

4. Get Involved
1. Be Informed

- Naturally Occurring Events
- Technologic Events
- Man-Made Events
- Hazardous Materials
1. Be Informed

- Naturally Occurring Events
  12 Hazards included in the 2016 UK Hazard Mitigation Plan

  1. Dam/Levee Failure
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  9. Landslide
  10. Severe Storm
  11. Severe Winter Storm
  12. Tornado
1. Be Informed

- Personal Responsibility
- Me, Us, Them
- CATS Survey
1. Be Informed

• Know your Warning Methods
  – NOAA Weather Radio
  – Outdoor Warning Sirens
  – Smartphone Apps
  – Local TV & Radio Stations
1. Be Informed @ UK

- Text Messages
- Phone Calls
- Email
- VoIP Desktop Phones
- Outdoor Sirens
UK Central Security

- UK Alert / Early Warning Systems
- 50+ Emergency Towers
- Access Control Integration
- 9000 access control points
- Lockdown
- 2500 cameras
1. Be Informed @ UK
1. Be Informed @ UK

Select non-emergency tip type:

- Traffic Concern
- Assault/Abuse
- Disturbance
- Drugs/Alcohol
- Community of Concern
- Mental Health
- Harassment
- Suspicious Activity
- Theft
- Vandalism
- Other
- Repair Needed

Report Tips
Emergency Options
UK Resources
GoSafe
2. Make a Plan

• Develop a Family Communications Plan

• Create a Plan to Shelter-in-Place

• Create a Plan to Get Away

• Know Emergency Plans at School & Work
2. **Make a Plan**

- Develop a Family Communications Plan

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**MAKE YOUR PLAN.**

Don’t Wait. Communicate.
2. Make a Plan

- Create a plan to Shelter-in-Place
2. Make a Plan

• Create a Plan to Get Away
2. Make a Plan

• Know Emergency Plans at School at Work
3. Get a Kit: Basic Emergency Supply Kit

- Water (1 gallon per person / per day)
- Non-perishable food
- Radio (Hand crank or battery powered)
- Flashlight & extra batteries
- First aid kit
- Whistle
- Dust Mask
- Baby wipes, garbage bags
- Wrench / Pliers
- Can Opener
- Local Maps
3. Get a Kit: Additional Items to Consider

- Prescription Medications / Glasses / Contacts
- Infant diapers and needs
- Pet food / water
- Family documents (ID, Accounts, Insurance)
- Cash!
- First Aid Reference Book
- Sleeping Bags / Blankets for each person
- Change of clothes / shoes
- Household Bleach
- Fire Extinguisher
- Matches
- Personal hygiene items
- Paper products (Plates, Cups, Utensils, Paper Towels, Toilet Paper)
- Paper and Pencil
- Activities for Children
3. Get a Kit

• Go Kit
4. Get Involved

Community Emergency Response Team (CERT)
4. Get Involved

**UK Campus CERT**

- UKPD, Crisis Management & Preparedness
- UK Faculty / Staff
- 40 Hours
- Once Annually
- Five Weeks (8:30AM – 4:30PM)

**Lexington / Fayette CERT**

- Lexington Division of Emergency Management
- Open to the Public, 18+
- 27 Hours
- Twice Annually (Spring & Fall)
- Nine Weeks (6-9 PM)
4. Get Involved

- First Aid / CPR/AED
- Stop the Bleed
- Red Cross Disaster Relief
- Medical Reserve Corps
- Campus Community Emergency Response Team (Lex & UK)
- Citizen’s Police Academy (Lex & UK)
- Lexington Citizen’s Fire Academy
- Active Shooter Training (UKPD)
- Self-Defense Tactics & Risk Reduction (STARR)
- Preparedness Ambassador
4. Get Involved
Four Steps to Emergency Preparedness

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Questions?
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