



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.anthem.com or by calling 1-855-634-3383.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	\$0 Single/ \$0 Family for In-Network Providers.	See the chart starting on page 2 for your costs for services this plan covers.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-pocket limit</u> on my expenses?	Yes. \$6,350 Single/ \$12,700 Family for In-Network Providers.	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Penalties for failure to obtain pre-authorization for services, Home Health Care, Premiums, Balance-billed charges and Health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network of providers</u> ?	Yes. See www.anthem.com or call 1-855-634-3383 for a list of In-Network Providers.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .

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Do I need a referral to see a <u>specialist</u> ?	Yes.	This plan will pay some or all of the costs to see a specialist for covered services but only if you have the plan's permission before you see the specialist .
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 7. See your policy or plan document for additional information about excluded services .



- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use In-Network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$10 Copay/Visit	Not Covered	-----none-----
	Specialist visit	\$30 Copay/Visit	Not Covered	-----none-----
	Other practitioner office visit	<u>Manipulative Therapy</u> \$15 Copay/Visit <u>Acupuncturist</u> \$15 Copay/Visit	<u>Manipulative Therapy</u> Not Covered <u>Acupuncturist</u> Not Covered	<u>Manipulative Therapy</u> Coverage is limited to 45 visits per benefit year combined with Acupuncture, Physical Therapy, Occupational Therapy, Speech Therapy, Hydro, Cardiac Rehabilitation and Pulmonary Therapy. <u>Acupuncturist</u> Coverage is limited to 45 visits per benefit year combined with Manipulative Therapy, Physical Therapy, Occupational Therapy, Speech Therapy, Hydro, Cardiac Rehabilitation and Pulmonary Therapy.

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University of Kentucky: UK-HMO Plan

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 07/01/2014 - 06/30/2015

Coverage for: Individual/Family | Plan Type: HMO

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
	Preventive care/screening/immunization	No Cost Share	Not Covered	-----none-----
If you have a test	Diagnostic test (x-ray, blood work)	<u>Lab – Office</u> No Cost Share <u>X-Ray – Office</u> No Cost Share	<u>Lab – Office</u> Not Covered <u>X-Ray – Office</u> Not Covered	-----none-----
	Imaging (CT/PET scans, MRIs)	\$75 Copay/Visit	Not Covered	-----none-----
If you need drugs to treat your illness or condition More information about <u>prescription drug coverage</u> is available at www.[insert].	Tier 1 - Typically Generic			
	Tier 2 - Typically Preferred/Formulary Brand			
	Tier 3 - Typically Non-preferred/Non-formulary Drugs			
	Tier 4 -Typically Specialty Drugs			
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$75 Copay/Visit	Not Covered	-----none-----
	Physician/surgeon fees	No Cost Share	Not Covered	-----none-----
If you need immediate medical attention	Emergency room services	\$100 Copay/Visit	\$100 Copay/Visit	If admitted, the ER Copay is waived.
	Emergency medical transportation	\$75 Copay/Visit	\$75 Copay/Visit	-----none-----

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Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
	Urgent care	\$25 Copay at UK-HMO Participating UTC Centers \$15 Copay – UK Twilight Clinic (not Hospital Emergency Room)	Not Covered	-----none-----
If you have a hospital stay	Facility fee (e.g., hospital room)	\$200 Copay/Admission \$100 Copay for Observation	Not Covered	-----none-----
	Physician/surgeon fee	No Cost Share	Not Covered	-----none-----

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Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	<u>Mental/Behavioral Health Office Visit</u> \$10 Copay/Visit <u>Mental/Behavioral Health Facility Visit – Facility Charges</u> \$200 Copay/Admission	<u>Mental/Behavioral Health Office Visit</u> Not Covered <u>Mental/Behavioral Health Facility Visit – Facility Charges</u> Not Covered	<u>Mental/Behavioral Health Office Visit</u> There may be other levels of cost share that are contingent on how services are provided, please see your formal contract of coverage for a complete explanation. <u>Mental/Behavioral Health Facility Visit – Facility Charges</u> -----none-----
	Mental/Behavioral health inpatient services	\$200 Copay/Admission	Not Covered	Residential Treatment is Not Covered.
	Substance abuse disorder outpatient services	<u>Substance Abuse Office Visit</u> \$10 Copay/Visit <u>Substance Abuse Facility Visit – Facility Charges</u> \$200 Copay/Admission	<u>Substance Abuse Office Visit</u> Not Covered <u>Substance Abuse Facility Visit – Facility Charges</u> Not Covered	<u>Substance Abuse Office Visit</u> There may be other levels of cost share that are contingent on how services are provided, please see your formal contract of coverage for a complete explanation. <u>Substance Abuse Facility Visit – Facility Charges</u> -----none-----
	Substance abuse disorder inpatient services	\$200 Copay/Admission	Not Covered	Residential Treatment is Not Covered.
If you are pregnant	Prenatal and postnatal care	No Cost Share	Not Covered	-----none-----
	Delivery and all inpatient services	\$200 Copay/Admission	Not Covered	Applies to inpatient facility. Other cost shares may apply depending on the services provided.

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Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
If you need help recovering or have other special health needs	Home health care	20% Coinsurance	Not Covered	Coverage is limited to 60 visits per benefit year.
	Rehabilitation services	\$15 Copay/Visit	Not Covered	Coverage is limited to 45 visits per benefit year combined for Physical Therapy, Occupational Therapy, Speech Therapy, Manipulation Therapy, Hydro, Acupuncture, Cardiac Rehabilitation and Pulmonary Therapy.
	Habilitation services	\$15 Copay/Visit	Not Covered	Habilitation visits count towards your Rehabilitation limit.
	Skilled nursing care	No Cost Share	Not Covered	Coverage is limited to 30 days per benefit year.
	Durable medical equipment	20% Coinsurance	Not Covered	\$500 Out-of-Pocket maximum applies per person per benefit year for DME/Prosthetics/Orthotics.
	Hospice service	No Cost Share	Not Covered	Coverage for Respite care is limited to 5 days per stay.
If your child needs dental or eye care	Eye exam	\$10 Copay/Visit	Not Covered	Coverage is for medical vision exam only. You should refer to your formal contract of coverage for details. There may be other levels of cost share that are contingent on how services are provided, please see your formal contract of coverage for a complete explanation.
	Glasses	Not Covered	Not Covered	Refer to your Vision plan benefits.
	Dental check-up	Not Covered	Not Covered	Refer to your Dental plan benefits.

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Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)
- Infertility treatment
- Long-term care
- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care (Unless you have been diagnosed with diabetes. Consult your formal contract of coverage.)
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture
- Chiropractic care
- Hearing aids (Coverage is limited to one per ear every 36 months under age 18.)
- Most coverage provided outside the United States. See www.bcbs.com/bluecardworldwide

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-855-634-3383. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

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Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact:

Anthem Blue Cross Blue Shield
ATTN: Appeals or Grievance
P.O. Box 105568
Atlanta, GA 30348-5568

Department of Insurance
215 West Main Street
Frankfort, Kentucky 40601
Main: 502-564-3630
Toll Free (Kentucky only): 800-595-6053
TTY : 800-648-6056

Frankfort, KY 40602
(877) 587-7222
<http://healthinsurancehelp.ky.gov/DOI.CAPOmbudsman@ky.gov>

Or Contact:

Department of Labor's Employee Benefits
Security Administration at
1-866-444-EBSA(3272) or
www.dol.gov/ebsa/healthreform

A consumer assistance program can help you file your appeal. Contact:
Kentucky Department of Insurance
Consumer Protection Division
P.O. Box 517

Language Access Services:

Si no es miembro todavía y necesita ayuda en idioma español, le suplicamos que se ponga en contacto con su agente de ventas o con el administrador de su grupo. Si ya está inscrito, le rogamos que llame al número de servicio de atención al cliente que aparece en su tarjeta de identificación.

如果您是非會員並需要中文協助，請聯絡您的銷售代表或小組管理員。如果您已參保，則請使用您 ID 卡上的號碼聯絡客戶服務人員。

Kung hindi ka pa miyembro at kailangan ng tulong sa wikang Tagalog, mangyaring makipag-ugnayan sa iyong sales representative o administrator ng iyong pangkat. Kung naka-enroll ka na, mangyaring makipag-ugnayan sa serbisyo para sa customer gamit ang numero sa iyong ID card.

Doo bee a'tah ni'liigoo eí dooda'í, shikáa adoolwol iinízinigo t'áá diné k'éjígó, t'áá shoodí ba na'alníhí ya sidáhí bich'í naabídiilkiid. Eí doo biigha daago ni ba'nija'go ho'aalagú bich'í hodiilní. Hai'daq iini'taago eíya, t'áá shoodí diné ya atáh halne'ígú ní béesh bee hane'í wólta' bí'ki si'núligú bí'kéhgo bich'í hodiilní.

—————To see examples of how this plan might cover costs for a sample medical situation, see the next page.—————

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About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays: \$7,090
- Patient pays: \$450

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$0
Copays	\$280
Coinsurance	0
Limits or exclusions	\$150
Total	\$430

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays: \$2,120
- Patient pays: \$3,280

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$0
Copays	\$100
Coinsurance	\$820
Limits or exclusions	\$80
Total	\$1,000

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network providers. If the patient had received care from out-of-network providers, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

✗ **No.** Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✓ **Yes.** An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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