

McCubbin, Andrea

From: All Staff in the CON <CON-ALLSTAFF@LSV.UKY.EDU> on behalf of McCubbin, Andrea <akmccu0@UKY.EDU>
Sent: Friday, April 17, 2020 12:46 PM
To: CON-ALLSTAFF@LSV.UKY.EDU
Subject: CON Staff Newsletter - April 2020
Attachments: 2020 Award Criteria.pdf; 2020 Staff-Faculty Awards Nomination Form.docx; 2020 Research-Based Team Member Nomination Form.docx



Hello! We hope this **Staff Newsletter** brings some fun including bios and photos of colleagues, updates from around the college, reminders of upcoming events, and tips for self-care. **Take care of yourself and stay well!**

JOIN THE CON COVID CANVAS SITE

To keep faculty and staff connected during these challenging times, the CON has created the COVID-19 Canvas site. There, you will find two unique discussion boards. The “Days of Our COVID-19 Lives” board is for fun and wellness—a place to share light-hearted banter, funny or positive stories, as well as tips for wellness and staying mentally healthy during this time. The “Work-related questions & information” board is for more serious information —a place to share ideas, best practices and questions related to the many teaching, learning and working transitions staff & faculty are making during the COVID-19 response. We encourage everyone to participate and connect. Each week, a member of the senior leadership team will be a COVID Administrative Trustee (or CAT) that will help guide us through the week’s discussion. Click the link below to enroll in the forum.

Link to Enroll: <https://uk.instructure.com/enroll/N943NR>

WELCOME JESSE STALLSWORTH TO STAFF COUNCIL

We are very excited to welcome Jesse to the CON Staff Council, serving April 2020-June 2021. Thank you to all staff who voted in the election. You can learn a little about Jesse in his Bio in the [‘Get to Know Staff’](#) section of this newsletter!

MUNCHIE MADNESS 2020

The Munchie Madness Bracket Challenge is in full swing! Watch your email each week for the opportunity to vote on the next round of restaurant “players”. All staff are eligible to vote, even if you did not complete a bracket.

CON CELEBRATION OF EXCELLENCE

Nomination DEADLINE EXTENDED until [April 30!](#) Take the time to nominate a CON Staff or Faculty member for an CON Award! The College of Nursing Celebration of Excellence scheduled for May 13 will be postponed until a later date.

In the meantime, we are extending the nomination deadline until April 30, in hopes that many of you will take a few minutes to nominate one of your colleagues for an award. For your convenience, attached are the award criteria, and the nomination forms. Completed nomination forms should be returned to Lisa Jackson, 2020 CON Bldg, 751 Rose Street, Lexington KY 40536-0232 or via email: lisa.jackson@uky.edu.

GET TO KNOW CON STAFF – Joey Conrad, Lois Davis, James Hayhurst, Tricia MacCullum, and Jesse Stallworth - *thank you to these Staff for sharing with us!*

Hi, my name is **Joey Conrad!** I recently joined the College of Nursing Team as the Alumni Program Coordinator. Prior to coming to CON, I worked for the UK Office of Lifelong Learning, A Cup of Common Wealth, and Walt Disney World. When I’m not working, I can be found reading a good book, watching movies, drinking lots of coffee, or hanging out at West Sixth Brewing. I also love to cook, bake and daydream about going to the Bon Appétit Test Kitchen. Halloween and autumn are my favorite time of year and I love horror movies. My fiancé, Daniel, and I can often be found baking in the kitchen with our sous-chef, Marv (our adorable dog), traveling, or spending time with friends and family.



Lois Davis MSN, MA, RN, has served in a variety of roles during her nursing career. She earned her BSN and MSN from the University of Kentucky and holds a Master’s in Adult and Continuing Education from Morehead University. Although Lois retired as Public Health Nursing manager for the Lexington Fayette County Health Department in 2016, she is currently a UK public health clinical instructor and a nurse planner in the CON Office of Professional Development. Lois is a member of the school nurse committee of the Kentucky Nurses Association, whose mission is to someday have “a nurse in every school, every day, all day!”.

During her career, Lois has worked in public health, community mental health, school nursing, nurse educator, and in-patient psychiatric nursing. She spent 3 years in South America where she learned to speak Spanish and developed an interest in the Latino population. She later managed three migrant health grants for UK, including a HRSA grant which provided case management for migrant farmworkers.

Lois is a native of Maryland, but has lived in Kentucky many years. She is married with two children and six grandchildren and loves playing tennis.



I am **James Hayhurst**. I have worked in the CON for seven years and I report to the Assistant Dean of Academic Operations, Karen Butler. I provide support for two committees, help make sure Pinning goes smoothly, and assist with accommodations for our DRC students among other tasks. I have a 19-year-old son, Chandler, and a 7-year-old daughter, Ramsey. Chandler and I love to discuss movies and Sci-Fi while Ramsey and I do Pokemon Go, color and watch movies together.

In my spare time I read, work out and have even studied Korean.



Tricia MacCallum: I started working in the College in 2011 and the time has flown by! Initially, I worked with Hazel Chappell in continuing education until 2015, then I transitioned into working with Dr. Pat Howard as the project manager in the College’s academic-practice partnership with Norton Healthcare. Prior to working at the College, I worked at Deaconess Health System in Evansville, Indiana, in nursing education, professional development and informatics. I am currently attending WKU online and plan to complete my masters in organizational leadership in December. I have two sons, Evan (16) and Blake (12). I love to attend their basketball and baseball games, and when we aren’t at games, it seems like we are at practices – except of course right now!



Hi, everyone! My name is **Jesse Stallsworth** and I am the Instructional Designer for the College of Nursing. I grew up in Rockcastle County, Kentucky (about an hour south of Lexington) in a small town called Mt. Vernon. I first came to Lexington in 2013 to attend UK and have stayed ever since. After my first year of undergraduate studies, I knew there was no place I would rather work than UK. In my free time, you can find me playing the piano or the guitar. I love to learn new instruments and I hope to be able to learn the autoharp soon. I also enjoy going plane spotting. It is likely on my days off that you will find me at the Cincinnati/Northern KY airport watching planes. Plane spotting is a great hobby for destressing and relaxing. I also enjoy tinkering with technology and building computers. And that's a little bit about me!



Picture from a recent plane spotting trip

HAPPY BIRTHDAY TO OUR STAFF



Nancy Jennings
April 9



Michael Miles
April 24



Kara Richardson
April 26



Karen Minton
April 28



Music is an important part of my life, my roots to the present, a constant through joy and sadness.

JOIN THE CON FACULTY/STAFF ORG MEETING

The monthly CON Faculty Org meeting welcomes all CON Faculty and Staff! Meetings are held monthly on a Monday, from 3pm-5pm. Dean Heath provides a State of the College Update at the start of each meeting, often followed by an invited guest speaker. All are welcome to join the meeting and then excuse yourself if the agenda moves to business items that do not pertain to your areas of work or interest. This is a great time to check out the meetings, as you can easily join via Zoom!

The next meeting is Monday, April 20 at 3pm. Watch for an email with details to join via zoom.

TAKE TIME FOR SELF-CARE

CON Work-Life Council – Be sure not to miss Zach Schmidt’s monthly Work-Life update emails and videos!

CUK Self-Care Series – Visit <https://www.uky.edu/hr/selfcare> to learn more! (below is a screenshot, you must use <https://www.uky.edu/hr/selfcare> to open links)

APRIL 22

Imagine U: Self-Care series "Paws for Puppies"

Research shows the positive benefits from interacting with animals. Spend time with puppies in the Breckinridge courtyard!

MAY 27

Imagine U: Self-Care series "Cultivating Compassion"

JUNE 24

Imagine U: Self-Care series "Back to Breath"

JULY 22

Imagine U: Self-Care series "Don't Box Yourself In"

Free counseling services for employees

All workshops were developed by Ann and Rhonda. They'll be at each facilitating all the fun too!

As an employee, you have five free counseling sessions a year.



Ann Bassoni, LCSW

Therapist, University of Kentucky HR Work+Life
Connections Counseling

[Schedule an appointment >](#)



Rhonda Henry, CSW

Therapist, University of Kentucky HR Work+Life
Connections Counseling

[Schedule an appointment >](#)

UK Work-Life Events 2020! Find details at <https://www.uky.edu/hr/work-life>, including many great resources including [NEW Telehealth Counseling appointments!](#)

WORK-LIFE EVENTS

APRIL 2020

**APR
9**

Music For Self-Care Workshop
Zoom: <https://bit.ly/3bQPowX>
Noon - 1 p.m.

**APR
14**

Working Parents Virtual Meeting
Zoom: <https://bit.ly/2WWB41v>
Noon - 1 p.m.

**APR
15**

Working Parents Brown Bag
Microsoft Teams: <https://bit.ly/3bG1Lvw>
Noon - 1 p.m.

**APR
15**

Elder Care Support Group
Zoom: <https://bit.ly/3bER1xl>
12:10 p.m. - 12:50 p.m.

**APR
16**

Flexible Work Options 101
Zoom: <https://bit.ly/39u0dTJ>
Noon - 1 p.m.

**APR
21**

Expectant Parents' Panel
Zoom: <https://bit.ly/2xFPoB6>
Noon - 1 p.m.

**APR
22**

Self-Care Series: Paws for Pets
Zoom: <https://bit.ly/3dMjMu0>
Noon - 1 p.m.

Connect with the team and get more details at
www.uky.edu/hr/work-life



DID YOU KNOW?

Staff Holiday Schedule: Paid leave benefits are among an employee's total compensation package. In addition to vacation leave, the University offers paid holiday leave to eligible staff employees. [View the 2019-20 staff holiday schedule >](#)

Professional Development courses are offered to all UK employees on an open enrollment basis. [See our full list of courses >](#) Competency-based courses are designed to meet the University's goal to develop and retain excellent staffing. Courses provide all University employees the opportunity to strengthen job performance, build leadership capabilities, and foster personal and professional growth throughout their tenure at the University. Learn more at <https://www.uky.edu/hr/training/professional-development-training>

UK Employee Discount Program is offered in cooperation with businesses offering discounts or other incentives to University of Kentucky employees. A list of participating businesses can be found at <https://www.uky.edu/hr/benefits/more-great-benefits/employee-discount-program>

STAFF COUNCIL GOALS 2019-2020

1. Improve and increase communication among CON Staff
2. Identify partnerships for campus/community service
3. Create and foster CON staff engagement opportunities



Website: <http://www.uky.edu/nursing/about-us/our-staff/staff-council>

As always, we welcome your thoughts and ideas--simply email any of your CON Staff Council members!

Kevin Garland, Vice-Chair kwgarl1@email.uky.edu

Andrea McCubbin, Chair akmccu0@uky.edu

Jennifer Sherwood Jennifer.sherwood@uky.edu

Carol Simpson carol.simpson@uky.edu

Jesse Stallsworth jesse.stallsworth@uky.edu

Karen Minton, Ex-officio kminton@uky.edu