

CURRICULUM VITAE

Holly Gray, DNP, PMHNP-BC Assistant Professor

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PROFESSIONAL EDUCATION

12/2015	University of Kentucky, College of Nursing	Doctor of Nursing Practice
12/2010	University of Kentucky, College of Nursing	Bachelor of Science in Nursing

LICENSURE & CERTIFICATIONS

Kentucky Board of Nursing - APRN	3009926
Kentucky Board of Nursing - Registered Nurse	1126370
American Nurses Credentialing Center - PMHNP	2015011378

PROFESSIONAL EXPERIENCE

08/2021 - Present **University of Kentucky College of Nursing, Lexington, KY, Associate Professor**
Associate Professor within the Psychiatric/Mental Health Track of the Doctorate of Nursing Practice Program

01/2016 - Present **Lifestance Behavioral Health, Paris and Frankfort, KY**
Manage and provide care for adolescent and adult patients admitted in the Psychiatric/Mental Health Unit of Stoner Creek within Bourbon Community Hospital as well as Frankfort Regional Hospital on the Senior Behavioral Health Unit and additionally in an outpatient setting. Also provide medication management as well as collaborating with physicians and multidisciplinary team members, supervise assigned team members, and provide psychotherapy, physical and psychological support to patients and families.
**Previously Universal Behavioral Health, PLLC and transitioned to Beaumont Behavioral Health/Lifestance Behavioral Health in July 2018*

01/2016 - Present **Stewart Home School, Frankfort, KY, APRN**
Provide psychiatric evaluation and medication management services to adolescent, adult, and geriatric students with Intellectual and Developmental Disabilities

01/2014 - Present **University of Kentucky, College of Nursing, Lexington, KY, Clinical Instructor**
Provide clinical instruction to students in the undergraduate nursing program at the University of Kentucky during their psychiatric/mental health rotation. Supervised a group of 10 nursing students for a 6-hour clinical experience.

Evaluate assessment skills and care plans as well as provide patient assignments and guidance regarding therapeutic communication skills in both the inpatient and outpatient setting.

01/2019 - 05/2021 **Eastern Kentucky University, College of Nursing, Richmond, KY, Clinical Facilitator**

Facilitate graduate nursing students in the PMHNP Masters program at EKU. Evaluate documentation of clients in the clinical setting using Typhon as well as evaluating diagnostic skills through a case simulation experience. Review documentation, care plans, and discussion board posts throughout the semester.

01/2011 - 01/2016 **University of Kentucky Good Samaritan Hospital, Lexington, KY, BSN, RN**

Manage and provide care for adolescent and adult patients admitted in the Psychiatric/Mental Health Unit by utilizing the nursing process, collaborating with physicians and multidisciplinary team members, supervise assigned team members, and provide physical and psychological support to patients and families.

AREAS OF EXPERTISE

- Mood Disorders (children, adolescents, adults)
- Depression
- Addiction and Substance Abuse Disorders
- Bipolar Disorder
- Trauma/PTSD
- Anxiety Disorders

RESEARCH INTEREST

- Multidisciplinary Treatment and Collaboration for persons with Psychiatric Disorders
- Coordinating Primary, Secondary and Tertiary Care for persons with Severe Mental Illness
- Body Image/Obesity/Eating Disorders (children & adolescents)
- Parenting/Attachment Styles

PROFESSIONAL MEMBERSHIPS

2021 - Present Sigma Theta Tau Delta Psi Chapter
2021 - Present American Association of Nurse Practitioners (with SPG Psych/Mental Health)
2017 - 2019 Simple and Practical Membership
2016 - Present Kentucky Association of Nurse Practitioners and Nurse Midwives
2016 - Present American Psychiatric Nurses Association
2016 - Present American Nurses Association/Kentucky Nurses Association
2014 - 2015 Sigma Theta Tau Delta Psi Chapter

HONORS & AWARDS

2014 Sigma Theta Tau International
2010 University of Kentucky Dean's List

PRESENTATIONS

1. **Gray, Holly** 2021 “From Social Distancing to Social Isolation: Anxiety Disorders in Adolescents and the Impact of COVID-19,” University of Kentucky CON Special Title Series Faculty Candidate Presentation, Lexington, KY
2. **Gray, Holly** 2015 “Examining Provider Perspectives on Implementation of an Integrated Primary and Behavioral Health Care Model in the Outpatient Setting: A Qualitative Study,” University of Kentucky Doctorate of Nursing Practice Presentation, Lexington, KY

PROFESSIONAL SERVICE

2017 - Present **Preceptor/Clinical Mentor**
Precepting and mentoring of 1-2 students each semester from various surrounding advanced practice nursing programs. Responsibilities include demonstrating the professional role and practice responsibilities, providing opportunity for supervised care of patients in both inpatient and outpatient settings, and corresponding with clinical facilitators. In addition, serve as an evaluator by providing feedback and guidance.

<u>Semester/Year</u>	<u>Student</u>	<u>School</u>
Fall 2017	Zachary Cornett	Eastern Kentucky University
Spring 2018	Lauren Wilson	Eastern Kentucky University
Summer 2018	Amy Snowden	Eastern Kentucky University
Fall 2018	Rachel Edge	Eastern Kentucky University
Spring 2019	Heather VanHooser	University of Cincinnati
Summer/Fall 2019	Denise Schubert	Walden University
Summer/Fall 2019	Lissa Filias	Northern Kentucky University
Fall 2019	Samantha Howard	Western Kentucky University
Spring 2020	Aaron Harris	University of Kentucky
Fall 2020	Matthew Noll	Northern Kentucky University
Fall 2020	Hannah Fizer	Northern Kentucky University
Spring 2021	Debra Schweitzer	Northern Kentucky University
Summer 2021	Erica Webb	Eastern Kentucky University

PROFESSIONAL DEVELOPMENT ACTIVITIES

10/2020 Self-Assessments (NEI Master Psychopharmacology Program) Substance Use and Impulsive Compulsive Disorder; Dementia & Cognitive Function; Bipolar Disorders, ADHD)

10/2019 Antipsychotics in Practice: The When, Why and How (NEI)

10/2019 Achieving Recovery in Opioid Use Disorder: A Guide (NEI online course)

12/2018 Child and Adolescent Psychiatry Academy (NEI)

12/2018 Neuroscience Education Institute Congress

01/2018 Treatment Resistant Psychiatric Disorders (NEI Online Course)

12/2017 Neuroscience Education Institute (NEI) Child & Adolescent Psychiatry Workshop

12/2017 Neuroscience Education Institute (NEI) Psychopharmacology Congress

12/2016 Neuroscience Education Institute (NEI) Psychopharmacology Congress

07/2020 Forward Focus: Transitioning from Adolescence to Adulthood with ADHD (NEI Encore Online Presentation)