

CURRICULUM VITAE

Kent Brouwer, DNP, AGACNP-BC, APRN

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PROFESSIONAL EDUCATION

<u>Date Conferred</u>	<u>Institution</u>	<u>Degree, Field of Study</u>
05/2022	University of Kentucky	Doctor of Nursing Practice, Acute Care
05/2018	University of Kentucky	Bachelor of Science, Nursing
05/2015	University of North Carolina at Chapel Hill	Bachelor of Arts, Psychology

PROFESSIONAL LICENSURE & CERTIFICATIONS

Kentucky Board of Nursing	APRN	2022-Present
University of Kentucky	Mental Health First Aid	2021
Kentucky Board of Nursing	Registered Nurse	2018-Present
University of Kentucky	QPR Training	2020
Institute for Healthcare Improvement	Mindfulness in Clinical Practice	2019
American Heart Association	ACLS	2018-Present
American Heart Association	BLS	2012-Present
North Carolina Board of Nursing	CNA	2014-2018

STUDENT EXPERIENCES

<u>Dates</u>	<u>Institution and Location</u>	<u>Position</u>
01/2022 - 05/2022	University of Kentucky Chandler Medical Center Lexington, KY	Cardiothoracic Surgery DNP Student, 130 hours
01/2022 - 05/2022	University of Kentucky Chandler Medical Center Lexington, KY	Emergency Medicine DNP Student, 50 hours
08/2021 - 12/2021	University of Kentucky Chandler Medical Center Lexington, KY	Interventional Cardiology DNP Student, 180 hours
01/2021 - 05/2021	University of Kentucky Chandler Medical Center Lexington, KY	Pulmonary ICU DNP Student, 180 hours
08/2020 - 12/2020	University of Kentucky Chandler Medical Center Lexington, KY	Internal Medicine DNP Student, 180 hours
01/2018 - 05/2018	University of Kentucky College of Nursing Lexington, KY	Transplant Floor BSN Synthesis Student, 225 hours
05/2017 - 08/2017	University of Kentucky Chandler Medical Center Lexington, KY	PACU Academic Practicum Student Nurse, > 350 hours

PROFESSIONAL EXPERIENCES

<u>Dates</u>	<u>Institution and Location</u>	<u>Position</u>
08/2020 - Present	University of Kentucky College of Nursing Lexington, KY	Nursing 101 Instructor
08/2020 - Present	University of Kentucky College of Nursing Lexington, KY	Clinical Faculty

08/2019 – 08/2020	University of Kentucky College of Nursing hCATS to Appalachia	Nursing Facilitator
01/2018 - 08/2020	University of Kentucky Chandler Medical Center Lexington, KY	RN Clinical Preceptor
07/2018 - Present	University of Kentucky Chandler Medical Center Lexington, KY	RN Cardiovascular PCU
05/2017 - 12/2017	University of North Carolina at Chapel Hill Medical Center	Transplant Unit CNA
05/2012 - 08/2012	University of North Carolina at Chapel Hill School of Pharmacy	Laboratory Assistant
06/2010 - 08/2011	University of North Carolina at Chapel Hill School of Pharmacy	Study Co-Investigator

PROFESSIONAL MEMBERSHIPS

<u>Dates</u>	<u>Organization</u>	<u>Role</u>
2020 - Present	Sigma Theta Tau (STT)	Member
2019 - Present	American Nurses Association (ANA)	Member
2019 - Present	Kentucky Nurses Association (KNA)	Member
2017 - 2018	American Academy of Nursing (AAN)	Member
2015 - Present	American Nurses Association (ANA)	Member

HONORS & AWARDS

<u>Dates</u>	
2022	UK College of Nursing Student Scholarship Showcase Award Winner
2022	Edith Anderson Leadership Education Grant, Sigma Theta Tau Nursing Research Congress, Edinburgh, Scotland
2019 - 2021	DNP Academic Excellence Scholarship Recipient, University of Kentucky
2019	Pam Branson Evidence-Based Practice Award, University of Kentucky Nurses Research Day
2019	Daisy Award Nomination, UK Healthcare
2019	3 rd Place Pitch Your Poster Competition, UK Center for Clinical and Translational Science Conference
2017	Dean's List, University of Kentucky College of Nursing
2016 - 2018	Diversity Enhancement Scholarship Recipient, University of Kentucky College of Nursing

RESEARCH ACTIVITIES

<u>Dates</u>	<u>Title and Assigned Grant Numbers</u> <u>Funding Agency, Role (Funding Amount)</u>
12/01/2022	STTI DNP Project Grant, University of Kentucky College of Nursing, Primary Investigator (\$1,050)

PUBLICATIONS

Journal Articles

- Brouwer, K.R.**, Walmsley, L.A., Parrish, E., McCubbin, A., Welsh, J.D., Braido, C., Okoli, C.T.C (3/3/21). Examining the associations between self-care practices and psychological distress among nursing students during the COVID-19 pandemic, *Nurse Education Today*. DOI: 10.1016/j.nedt.2021.104864
- Heath, J., Walmsley, L., Braido, C, **Brouwer, K.**, Thaxton-Wiggins, A., & Butler, K. M (2021). Cultivating practices for resilience (CPR) with baccalaureate nursing students: A pilot study. *Perspectives in Psychiatric Care*. DOI:10.1111/ppc.12960

Media Interviews / Opinion Editorials

- Brouwer, K.** Nursing Burnout During the COVID-19 Pandemic. WKYT, 2021. <https://www.wkyt.com/2021/09/20/wkyt-investigates-nursing-burnout/>

PRESENTATIONS

- Brouwer, K.**, (07/2022). *Caring for Ourselves Before We Care for Others: A Healthy Nurse Initiative*. Sigma Theta Tau 33rd International Nursing Research Congress. Edinburgh, Scotland
- Brouwer, K.**, Walmsley, L.A. (05/2022). *Three reasons why student wellness is important*. 17th Annual UK College of Nursing Faculty Development Workshop, Lexington, Kentucky
- Brouwer, K.**, Walmsley, L.A., Okoli, C.T.C. (11/2021). *Preventative practices to improve the mental health of nursing students during the COVID-19 pandemic*. 46th Biennial Convention, Sigma Theta Tau International Honor Society of Nursing, Indianapolis, Indiana, USA (Symposium)
- Brouwer, K.** (05/2021). *Improving resilience through mindfulness practices among nursing students and faculty*. Zoom Presentation, KNA CE Program
- Brouwer, K.**, Walmsley, L.A. (11/2020). *Improving resiliency through mindfulness practices in professional healthcare students and faculty*. Zoom Presentation. Age Well, Live Well, Be Well, 2020 KNA Annual Conference
- Brouwer, K. R.**, (04/2020). *Improving resiliency through mindfulness practices in professional healthcare students*. Zoom Presentation, NONPF 46TH Annual Conference
- Brouwer, K. R.**, Walmsley, L.A. (02/2020). *Introduction to mindfulness for preventing burnout in college students*. Podium Presentation, UK Phi Mu Sorority, Lexington, KY
- Brouwer, K.R.**, Walmsley, L.A. (01/2020). *Introduction to mindfulness for preventing burnout in professional healthcare students*. Podium Presentation, UK College of Nursing Faculty Retreat, Lexington, KY
- Brouwer, K.R.**, Walmsley, L.A. (12/2019). *Introduction to mindfulness for preventing burnout in professional healthcare students*. Podium Presentation, UK College of Nursing Deans Advisory Board, Lexington, KY
- Brouwer, K.R.**, Hardin-Pierce, M., Heath, J., Manley, M., Sawyer, D. (10/2019). *Badge buddies: a low tech, high impact solution to save lives*. Podium Presentation, Nurses Research Paper Day, Lexington, KY
- Ferrin S, Walmsley LA, Potter J, **Brouwer K.** (10/2019). *CPR camp: training emergent student leaders*. Collaborating Across Borders VII Conference, Indianapolis, IN
- Brouwer, K.R.**, Hardin-Pierce, M.G. (04/2019). *An interprofessional approach to reduce burnout through mindfulness and meditation practices in an acute care setting*. Poster Presentation, UK Center for Clinical and Translational Science (CCTS) Research Conference, Lexington, KY
- Brouwer, K.R.**, Potter, J., Hardin-Pierce, M.G. (09/2018). *A proposed project on an interprofessional approach to promote resiliency through mindfulness and self-care practices in the acute care setting*. Poster Presentation, UK College of Nursing Nurses Research Day, Lexington, KY
- Potter, J., **Brouwer, K.R.** (08/2018). *Introduction to stress and mindfulness in healthcare*. Podium Presentation, UK College of Nursing New Student Orientation, Lexington, KY
- Potter, J., Ferrente, J., Nilges A., **Brouwer, K.R.** (08/2018). *Cultivating resilience through mindfulness techniques*. Podium Presentation, UK College of Pharmacy New Student Orientation, Lexington, KY

PROFESSIONAL SERVICE

Academic Service

<u>Dates</u>	<u>Role, Name of Committee</u>
2020 - 2021	Member, University of Kentucky College of Nursing, Faculty and Students Award Committee Member, University of Kentucky College of Nursing, DNP Holistic Admissions Committee
2019 - 2021	Member, University of Kentucky College of Nursing DNP-MSN Student Committee
2019 - Present	Member, University of Kentucky College of Nursing Bringing Awareness Right Now: To Mental Health (BARN) Committee Member, University of Kentucky College of Nursing Work-Life Council
2017 - Present	Member, Student Advisory Board, UK Center for Interprofessional Education