

**Audrey Kuhr Darville, PhD, APRN, NCTTP, FAANP**  
**Curriculum Vitae**

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**EDUCATION**

<b>Dates</b>	<b>Institution/Location</b>	<b>Degree/Field of Study</b>
Aug. 2007-May 2012	University of Kentucky College of Nursing Lexington, KY	PhD, Nursing
Jan. 1994-May 1998	University of Kentucky College of Nursing Lexington, KY	MSN, Nursing
Aug. 1979-Dec. 1979	University of Illinois at Medical Campus, Chicago, IL	9 graduate hours/Nursing
Aug. 1974-May 1978	Valparaiso University College of Nursing, Valparaiso, IN	BSN, Nursing

**LICENSURES AND CERTIFICATIONS**

Sept 1998-present Advance Practice Registered Nurse, KY 3002753, Kentucky Board of Nursing

July 1991-present Registered Nurse, KY 1067376, Kentucky Board of Nursing

June 2009-June 2021 DEA registration MD1482114

Sept 1998-Aug 2023 Family Nurse Practitioner, Certification No. 0321832, American Nurses Credentialing Center

Feb 2009-June 2019 Tobacco Treatment Specialist Certification No. 372

Feb 2018 National Certificate in Tobacco Treatment Practice No. NT0177

**PROFESSIONAL EXPERIENCE**

**Academic**

<b>Dates</b>	<b>Institution and Location</b>	<b>Clinical Position</b>
6/2015-present	University of Kentucky College of Nursing Lexington, KY	Associate Professor, Clinical Title Series

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12/2008-6/2015	University of Kentucky College of Nursing Lexington, KY	Assistant Professor, Clinical Title Series
2012-present	University of Kentucky College of Communication and Information	Guest Lecturer
8/2007-present	University of Kentucky Department of Psychology Lexington, KY	Research Assistant/ Consultant
9/1999-12/2006	University of Kentucky Lexington, KY	Clinical Preceptor, Voluntary Faculty
6/1999-12/2006	Eastern Kentucky University Richmond, KY	Clinical Preceptor
8/1993-5/1998	Midway College, Danville Extension Danville, KY	Adjunct Faculty

### **Clinical**

12/2008-present	UK Healthcare Lexington, KY	Tobacco Treatment Specialist; Family Nurse Practitioner
12/2006-12/2010	Hope Clinic, Ephraim McDowell Foundation Danville, KY	Family Nurse Practitioner
9/1999-12/2008	Family Medicine Clinic of Danville Danville, KY	Family Nurse Practitioner
8/1998-9/1999	Danville Family Physicians Danville, KY	Family Nurse Practitioner
6/1991-8/1999	Ephraim McDowell Regional Medical Center, Danville, KY	Staff/Charge Nurse, Cardiac Rehabilitation Nurse
9/1985-6/1991	Ev. Lutheran Church of the Holy Spirit Elk Grove Village, IL	School Nurse
8/1978-10/1983	Northwestern Memorial Hospital, Institute Of Psychiatry, Chicago, IL	Staff/Charge Nurse

### **HONORS AND AWARDS**

2007	University of Kentucky Rural Cancer Control Training Project Fellowship
2011	University of Kentucky College of Nursing Excellence in Clinical Practice Award
2012	Kentucky Board of Nursing Research Utilization Nurse of the Year

2014	American Academy of Nurse Practitioners Kentucky Nurse Practitioner State Award for Excellence
2016	Fellow, American Academy of Nurse Practitioners (AANP)
2021	ATTUD Excellence in Practice Award

### **RESEARCH GRANTS FUNDED**

July 2020-June 2021	CARES-R, Co-Investigator, Cancer Center Support Grant Pilot award, \$50,000.
July 2019-June 2021	Markey CARES Supplement, Co-Investigator, National Cancer Institute's Cancer Centers Cessation Initiative (C3I)
July 2017-June 2018	Markey CARES, Co-Investigator, National Cancer Institute's Cancer Centers Cessation Initiative (C3I)
July 2006-April 2018	Self-Regulation, Immunological Aging, and Health in Older Adults, Co-investigator, National Institute on Aging, \$33,000,000.
March, 2010	Sigma Theta Tau, Delta Psi Chapter Dissertation Research Support Award, \$500.

### **OTHER GRANTS FUNDED**

July 2019-June 2022	University Partnership-Tobacco Use Documentation with Medicaid Recipients: A Quality Improvement Project. Cabinet for Health and Family Services, Department for Medicaid Services. State University Partnership. \$344,321.
January 2020-December 2020	Reducing Tobacco Disparities with Low-Income Rural Adults. Interact for Health. \$75,000.
July 2019-June 2022	Coordinating Activities to Support Empowerment of Youth (CASEY) HEALTH. Robert Wood Johnson Clinical Scholars Program. \$525,000.
July 2018-June 2020	University Partnership-Enhancing Tobacco Dependence Treatment for Kentucky Medicaid Recipients. Cabinet for Health and Family Services, Department for Medicaid Services. State University Partnership. \$154,643.
Dec. 2012-Nov. 2014	Managing Nicotine Withdrawal for Comfort and Cessation in Medically Ill Smokers. Principal Investigator, Smoking Cessation Leadership Center/Pfizer Medical Education Grant, \$199,082.00.
Jan. 2009-Jan. 2011	Case Management as an Adjunct to Free Clinic Care in Rural Kentucky. Principal Investigator, Nurse Practitioner Healthcare Foundation/Pfizer Community Innovations Grant, \$2500.00.

## PUBLICATIONS

### Journal Articles (\*Data-based publications)

#### Peer Reviewed

\*Hahn, E.J., Rayens, M.K., Langley, R., **Darville, A.**, Dignan, M. (2009). Time Since Smoke-free Law and Smoking Cessation Behaviors. *Nicotine and Tobacco Research* 11(8).

\*Segerstrom, S.C., Roach, A.R., Evans, D.R., Schipper, L.J., **Darville, A.K.** (2010). The structure, validity, and correlates of trait repetitive thought in older adults. *Psychology and Aging* 25(3).

**Darville, A.**, Hahn, E.J. (2014). "Hardcore Smokers: What Do We Know?" *Addictive Behaviors*, 39(12), 1706-1712.

**Darville, A.**, Hahn, E.J. (2019). "E-cigarettes and Atherosclerotic Cardiovascular Disease: What Clinicians and Researchers Need to Know." *Curr Atheroscler Rep* 21(5): 15.

Hoepfner, B.B., Hoepfner, S.A. Carlon, H., Abry, A., **Darville, A.**, Rohsenow, D.J. (2020). Preparing for the Quit Day: Comparing beliefs of nondaily versus daily young adult smokers as they prepare for a quit attempt. *Nicotine and Tobacco Research*. doi:10.1093/ntr/ntaa166

Sheffer, C.E., Al-Zalabani, A., Aubrey, A., Bader, R., Beltrez, C., Bennett, S., Carl, E., Cranos, C., **Darville, A.**, Greyber, J., Karam-Hage, M., Hawari, F., Hutcheson, T., Hynes, V., Kotsen, C., Leone, F., McConaha, J., McCary, H., Meade, C., Messick, C., Morgan, S.K., Morris, C., Payne, T., Retzlaff, J., Santis, W., Short, E., Shumaker, T., Steinberg, M. B., Wendling, A. (2021). The Emerging Tobacco Treatment Workforce: Characteristics of Tobacco Treatment Specialists trained in Council-Accredited Training Programs from 2017 to 2019. *International Journal of Environmental Research and Public Health* 18(5). doi:10.3390/ijerph18052416

Hoepfner, SS, Carlon, HA, Kahler, CW, Park, ER, **Darville, A**, Rohsenow, DJ, Hoepfner, BB. COVID-19 impact on smokers participating in smoking cessation trials: The experience of nondaily smokers participating in a smartphone app study. *Telemedicine Reports*. [accepted for publication on 5/17/2021]

Burris, J. L., Borger, T., Shelton, B., **Darville, A.**, Studts, J. L., Valentino, J., Blair, C., Davis, B., & Scales, J. (in press). Cancer patients' tobacco use and tobacco treatment referral response: Implementation outcomes at a National Cancer Institute-designated cancer center. *Journal of Oncology Practice*.

#### Invited

Hahn, E. J., Fallin, A., **Darville, A.**, Kerckmar, S. E., McCann, M., Record, R. A. (2012). "The three Ts of adopting tobacco-free policies on college campuses." *Nurs Clin North Am* 47(1).

Riker, C. A., Lee, K., **Darville, A.**, Hahn, E. J. (2012). "E-cigarettes: promise or peril?" *Nurs Clin North Am* 47(1).

Brailon, A., & **Darville, A.** (2015). Brief counseling for tobacco cessation in dental clinics: A toothless intervention? *Prev Med*, 76, 123.

**Darville, A.,** Hahn, E. J. (2015) Electronic cigarettes: What clinical issues should nurses consider. Advance for Nurses.

### **Other Scholarly Work**

Darville, A., 2009. Claim of e-cigarette safety unproven at best. Advances and Insights, UK HealthCare.

Darville, A., 2011, 2012. Secondhand Smoke Clinical Updates, UK HealthCare.

Darville, A., 2012. How effective is nicotine replacement therapy? Advances and Insights, UK HealthCare.

Inman, D., El-Mallakh, P., & **Darville, A.** (2018). *Substance Use Disorders, 3<sup>rd</sup> Ed.* Brockton, MA: Western Schools.

### **PRESENTATIONS (\*Data-based presentations)**

#### **Peer Reviewed**

##### **International**

\***Darville, A.,** Hahn, E.J., Keeler, H., Okoli, C., Thornberry Jr., T., & Wiggins, A. March, 2018. Process and outcome evaluation of a novel online-only Tobacco Treatment Specialist (TTS) training program. World Conference on Tobacco or Health, Cape Town, SA.

##### **National**

\*Hahn, E.J., Rayens, M.K., Langley, R., **Darville, A.,** Dignan, M., October, 2008, Time Since Smoke Free Law and Smoking Cessation Behaviors. Poster Presentation, American/European Association for Cancer Education Annual Conference, Clearwater Beach, FL.

**Darville, A.,** June, 2009, Hardened Smokers: Who Are They? Poster Presentation, National Conference on Tobacco or Health, Phoenix, AZ.

**Darville, A.,** Barkley, A., Chang, T., Mitchell, J., Hahn, E.J., October, 2010, Advocating for Medicaid Coverage of Tobacco Treatment Resources in Kentucky, Poster Presentation, Multistate Collaborative for Health Systems Change, Atlanta, GA.

\***Darville, A.,** November, 2010, Validity and Reliability of a Self-Efficacy Instrument in Medically ill Smokers. Poster Presentation. American Public Health Association, Denver, CO.

\***Darville, A.,** Mannheim, M., October, 2011, Case Management as an Adjunct to Free Clinic Care in Rural KY, Podium presentation. Biannual International Rural Nursing and Rural Health Conference, Binghamton, NY.

\***Darville, A.,** August, 2012, Planning to Quit Among Rural, Medically Ill Smokers, Poster Presentation. National Conference on Tobacco or Health, Kansas City, MO.

\***Darville, A.**, November, 2013, Managing Nicotine Withdrawal for Comfort and Cessation in Medically Ill Smokers. Poster Presentation. Beyond the 5 A's: Improving Cessation Interventions Through Strengthened Training, Phoenix, AZ.

\***Darville, A.**, Baker, A., Cook, I., April, 2014, Integrating Wellness Programming in The Salvation Army's Student-Run Free Clinic. Podium Presentation. Breakfree Alliance: Promising Practices to Promote Tobacco-Free Active Living and Healthy Eating in Low Socioeconomic Status Communities, Washington D.C.

Inman, D., El-Mallakh, P., **Darville, A.** September 29, 2016. An evidence based approach to Screening, Brief Intervention and Referral (SBIRT) for Substance Use in Schools: You Play a Critical Role. Published Abstract. 21st Annual School Mental Health Conference. San Diego, CA.

\***Darville, A.** & Keeler, H., July 24, 2018. Increasing Capacity to Treat Tobacco Dependence in Rural Communities. Podium Presentation. Rural Nurses Organization Conference. Nashville, TN.

\*Payne, T., Moreno Tuohy, C., Jolicoeur, D., **Darville, A.**, October 7, 2018. National Certificate in Tobacco Treatment Practice: First Step Toward Uniform Certification. Symposium. National Association for Addiction Professionals Annual Conference: Houston, TX.

\***Darville, A.**, Keeler, H., Wiggins, A.T., Hahn, E.J. August, 2019. Evaluation of the BREATHE All-Online Tobacco Treatment Specialist Program. National Conference on Tobacco or Health: Minneapolis, MN.

\*Hahn, E.J., **Darville, A.**, Williams, L., Edward, J. August 2019. Tobacco Treatment with Medicaid Recipients: Facilitators and Barriers from Managed Care Organizations' Perspective. National Conference on Tobacco or Health: Minneapolis, MN.

\***Darville, A.**, Tischner, C., Thaxton-Wiggins, A., Rademacher, K., Hahn, E. June 17, 2021. Tobacco Treatment Practices and Training Needs of Providers Serving Kentucky (KY) Medicaid Recipients. Academy Health, Virtual.

### **Regional/Local**

**Darville, A.**, October, 2009. Hardened Smokers: Who Are They? Poster Presentation, Gill Heart Institute Research Day, Lexington, KY.

Gao, C., **Darville, A.**, April 15, 2019. Parental Feeding Styles Affecting Childhood Obesity. Poster Presentation, Center for Clinical and Translational Science Spring Conference, Lexington, KY.

### **Invited**

#### **National**

\***Darville, A.**, May, 2016, Managing Nicotine Withdrawal for Comfort and Cessation in Medically Ill Smokers. Poster presentation. Global Tobacco Summit. Rochester, MN.

**Darville, A.** November, 2019. Nicotine Exposure and Addiction. GO2 National Lung Cancer Screening and Care Conference: Washington D.C.

**Darville, A.** April, 2020. Virtual Training of Tobacco Treatment Specialists: Strategies and Practical Tips, Council for Tobacco Treatment Training Programs. Virtual webinar.

**\*Darville, A.,** Burris, J., April, 2021. Markey CARES Tobacco Treatment Program. Challenges in the Fourth Stage of Implementation: Training Clinicians in Cessation Intervention and the New Clinical Workflow. C3I virtual webinar.

### **Regional/Local**

Darville, A., May, 2011, Smoking Cessation: What's New. Podium Presentation, Society for Vascular Nursing Annual Convention, Nashville, TN.

Darville, A., March, 2012, What's New in Tobacco Use Cessation. Podium Presentation. KY Cardiac Rehabilitation Association Conference, Louisville, KY.

Darville, A., September, 2013, Becoming Literate in Health Literacy; Tobacco Use and Cessation in Disparate Populations. Podium Presentations. Kentucky Free Clinic Association, Lexington, KY.

Darville, A. October, 2013, An Ecological Approach for Treating Tobacco Dependence; Tobacco Use Treatment: Summary of Current Recommendations; Barriers to Quitting Tobacco: A Focus on Poverty and Low Health Literacy. Podium Presentations. Breaking the Chain Tobacco Cessation Conference, Jordan Valley Health/Cox College, Springfield, MO.

Darville, A., November 2013, What's New in Tobacco Use Treatment. Podium Presentation. Family Medicine Review, University of Kentucky, Lexington, KY.

Darville, A., July, 2014, The Current Science on E-Cigarettes: Harms, Benefits, Unknowns? Podium Presentation. SmokeFreeIndy, Indianapolis, IN.

Darville, A. November, 2015 & May, 2016, E-cigarettes and Vaping: What a clinician needs to know. Podium presentation. 47th Annual Family Medicine Review & Contemporary Pediatrics. Lexington, KY.

Darville, A., December, 2015, Tobacco Cessation in Acute and Critical Care Practice. Podium presentation. Lung Expo, Lexington, KY.

Darville, A., January 2016, Tobacco Use and Dependence: The Real Cost. Invited lecture. Centre College, Danville, KY.

Darville, A., May, 2016 thru July 2016, Motivational Interviewing in Tobacco Treatment. Medicaid Managed Care trainings, Louisville, KY. (Anthem, Wellcare, Humana).

Darville, A., September, 2016, Electronic Cigarettes: Hype versus Science. Podium presentation, Kentucky Society for Respiratory Care Annual Conference. Lexington, KY.

Darville, A., October, 2016, Electronic Smoking Devices: Implications for Diabetes. Podium presentation. The Latest Advances In Diabetes Management. Southern KY AHEC Annual Diabetes Symposium. Corbin, KY.

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Darville, A., March, 2017, Cardiopulmonary Implications of Electronic Smoking Devices. Podium presentation. Kentucky Cardiopulmonary Rehabilitation Association Annual Meeting, Lexington, KY.

Darville, A., Burris, J., Studts, J., November 2017, “Teachable Moments” for Smoking Cessation: Challenges, Opportunities, and Intervention Strategies, Kentucky Psychological Association Annual Conference, Lexington, KY.

Darville, A. May 23, 2018, Perinatal Tobacco Dependence Treatment: Update on the Current Evidence. Kentucky Department of Public Health Prenatal and Postpartum Training. Lexington, KY.

Darville, A. November 5, 2018 and May, 2019. Electronic Smoking: An Update. Podium presentation. 49th Annual Family Medicine Review & Contemporary Pediatrics. Lexington, KY.

Darville, A. December 10, 2018. E-cigarettes for Smoking Cessation? Panel presentation. Next Generation Tobacco – The Impact of E-Cigarettes on Kentucky’s Future Health. Foundation for a Healthy Kentucky. Louisville, KY.

Darville, A., February 15, 2019. Tobacco Policy: Serving Vulnerable Populations in Kentucky Homeless. Owensboro Health. Owensboro, KY.

Anderson-Hoagland, E., Cambron, S., Darville, A. May/June 2019. E-cigarettes and JUUL: Déjà Vu All Over Again. Kentucky Prevention Network. Hopkinsville, Elizabethtown, Owingsville, KY.

Darville, A., Loewen, J., May 2020. Addressing Tobacco Use in Dental Settings. University of Kentucky College of Dentistry/United Health Foundation. Webinar.

## **PROFESSIONAL MEMBERSHIPS**

Kentucky Coalition of Nurse Practitioners and Nurse Midwives  
Association for Treatment of Tobacco Use and Dependence  
Society for Research on Nicotine and Tobacco  
Sigma Theta Tau International, Delta Psi Chapter  
American Academy of Nurse Practitioners

## **SERVICE**

### **Professional**

*Kentucky Coalition of Nurse Practitioners and Nurse Midwives*  
2000-2010      Regional Director

*Association for Treatment of Tobacco Use and Dependence*  
2010-2012      Secretary  
2013-2018      Communications Chair  
2017-2018      President-elect  
2018-2020      President  
2020-2021      Past-president

*Society for Research on Nicotine and Tobacco*  
2014-2021      Treatment Network Communications Committee Member

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2016-2017 New investigator mentor  
2019-present Tobacco Treatment Advisory Board

*American Academy of Nurse Practitioners*  
2020-present PRAC Talk Initiative

### **Consulting**

2010 Joint Commission Pilot Study of Tobacco Use Measures  
2017 Kansas NAMI, billing and coding for tobacco dependence treatment  
2017 American Society of Clinical Oncology, Improving Tobacco Cessation in the Cancer Setting:  
Developing a Framework for Success  
2019 LuCa; Lung Cancer Screening Advisory Group  
2020 Council for Tobacco Treatment Training Programs CE Development

### Guest Editor

2013 Destination Tobacco Free: A Practical Tool for Hospitals and Health Systems; Smoking  
Cessation Leadership Center

### Manuscript Reviewer

2014 Tobacco Induced Diseases  
Preventing Chronic Disease  
2015 Current Diabetes Reviews  
Journal of Professional Nursing  
Preventing Chronic Disease  
2016 British Journal of Health Psychology  
Translational Behavioral Medicine: Practice, Policy and Research  
2017 Addictive Behaviors  
2019 Therapeutic Advances in Chronic Disease  
Public Health Nursing  
Cardiovascular Research  
Annals of Internal Medicine  
2020 Preventing Chronic Diseases  
International Journal of Environmental Research and Public Health  
2021 Journal of Rural Health  
Journal of Supportive Care in Cancer  
Annals of Internal Medicine

### **College**

2009-2016 KY Center for Smoke-free Policy, Tobacco Treatment Group Member  
2009-2012 Faculty Practice Council Committee Member

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2012-2014 Governance Council Committee Member

2012-2015 Simulation Learning Committee Member

2012-2015 DNP Capstone Committee Member

2014-2015 IT Ad Hoc Committee, Member

2014-2016 Faculty Practice Council Committee Member

2014-2016 Faculty Council Committee Member

2015-2017 CNS program student observation experiences

2016-present BREATHE Tobacco Treatment Specialist Training Program, Course Director

2016-present Tobacco Prevention and Treatment Division, BREATHE, Co-Director

2017-2019 Nursing Research Intern mentor

2018-2020 Tobacco Free Campus Tobacco Treatment Committee Chair

2020-present Tobacco-Free Campus Committee co-chair

#### **UK HealthCare**

2009-2012 Tobacco Treatment Advisory Group (Chair 2011-2012)

2009-2018 Patient Education Committee Member

2010-2017 Bell Addiction Service Team Member/Substance Use Taskforce member

2010-2020 Secondhand Smoke Campaign Steering Committee Member

2012-2015 Nursing Practice Interns, Mentor

2013-2017 MD 811 medical student observation experiences

2013-present Comprehensive Planning for Lung Cancer Research

2014-2018 Advanced Practice Provider Education Committee, Member

2014-2018 Employee Advisory Council, Member

2015-2016 Get Well Network Task Force, Content development and reviewer

2017-present Tobacco Free Work Group

#### **Public/Community**

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- 2009-present Mayors Alliance/DrugFreeLex Tobacco Treatment Committee Member (Chair 2014-2015)
- 2010-present Salvation Army Clinic Tobacco Cessation Group, lead and mentor for College of Medicine student experience
- 2012-2017 Health Literacy Kentucky Steering Committee, Member
- 2013-present Lung Cancer Prevention and Control Network Committee, Member
- 2014-2018 Lexington-Fayette County Health Disparities Coalition, Member