

McCubbin, Andrea

From: All Staff in the CON <CON-ALLSTAFF@LSV.UKY.EDU> on behalf of McCubbin, Andrea <akmccu0@UKY.EDU>
Sent: Friday, May 22, 2020 12:15 PM
To: CON-ALLSTAFF@LSV.UKY.EDU
Subject: CON Staff Newsletter - May 2020

Importance: High



Hello! We hope this **Staff Newsletter** brings some fun including bios and photos of colleagues, updates from around the college, reminders of upcoming events, and tips for self-care. [Take care of yourself and stay well!](#)

MUNCHIE MADNESS 2020

The Munchie Madness Bracket Challenge was a lot of fun and a great distraction to our remote-work routines!

CONGRATULATIONS to our winner, KATHY COLLINS!

Kathy won a \$100 gift card to Malone's (the top voted restaurant), donated by Dean Heath. Kathy very generously offered to donate her winnings to support another CON Bracket Challenge! With this donation, Staff Council is now hosting the CON Favorite Song Bracket Challenge, which runs through June.

CON CELEBRATION OF EXCELLENCE



Dr. Terry Lennie hosted the Annual CON Celebration of Excellence awards this week! The virtual event was well attended with almost 100 Zoom guests and many more following along on the College's YouTube channel. Congratulations to all of this year's award recipients!

Exemplary Leadership Award - Janie Heath, PhD, APRN-BC, FAAN, FNAP, FAANP, Dean and Warwick Professor of Nursing

Excellence in Clinical Practice – Angela Hensley DNP, APRN, FNP-C

Excellence in Undergraduate Unit/Agency – St. Joseph East Neonatal Intensive Care Unit

Excellence in Graduate Precepting – Shannon J. Voogt, MD

Excellence in Undergraduate Precepting – Christine Duff, RN, BSN

Gloe L. Bertram Award – Mary Jane Lesshafft, Student Compliance Coordinator/Academic Advisor

Louise J. Zegeer Award – Hartley Feld PhD, PHCNS-BC, RN

Excellence in Graduate Teaching – Karen Stefaniak, RN, PhD

Excellence in Part-Time/Adjunct/Voluntary Teaching – Melissa Setters, RN, MSN

Diversity and Inclusion Champion – Jean Edward, PhD, RN, CHPE

Excellence in Support of the College of Nursing – Elaine Smith, MSN, RN, NPD, BC

Excellence in Engagement for Research-Based Team Member – Janine Barnett, Nurse Coordinator, Perinatal Research and Wellness Center

Employee of the Year – Brenda Ghaelian, Curriculum Development Director, and Jesse Stallsworth, Instructional Designer

Dean's PUMA Award for Staff Excellence

Andrea McCubbin, MPH, Program Director, Perinatal Research

Patty Foster, Administrative Assistant

Parry Barrows, Director of Communications

Jesse Stallsworth, Instructional Designer

Karen Minton, Associate Dean of Executive Administrative Affairs and Finance

STAFF COUNCIL SEATS OPEN FOR 2020-2022



The annual Staff Council elections will be held in June. There are 3 positions to fill, each for a 2-year term serving July 2020-June 2022. Please contact Andrea McCubbin, akmccu0@uky.edu with any questions and to express your interest in running for Council. An electronic election ballot will be emailed to all full-time CON staff by mid-June.

The Staff Council purposes are:

- Enhance communication among staff, faculty, students, and administration
- Serve as a liaison to the Dean and Associate Dean for Administration regarding staff issues
- Coordinate meetings and activities to promote a sense of community within the College of Nursing.

For more information, contact any Staff Council member (listed at the bottom of this newsletter) or visit our webpage, <https://www.uky.edu/nursing/about-us/our-staff/staff-council>.

GET TO KNOW CON STAFF – Parry Barrows and Tammy Anderson - *thank you for sharing with us!*

Parry Barrows - I joined the University of Kentucky College of Nursing in December 2019 as the Director of Communications.

Prior to working for UK, I was a Public Information Office for the City of Lexington. Before that, I served in Governor Steve Beshear's Communications Office for seven years, holding many roles including Director of Communication for the Office of the First Lady.

I grew up in Versailles, KY., where most of family still lives. I went to college in Charleston, S.C. at the College of Charleston, where I hold a B.S. in Business Administration and Economics. Charleston is still like a second home to me and I visit often.

Today I live in Lexington with my boy Bleu – an 8 year old beagle/Chihuahua rescue pup. He’s a big fan of me working from home 😊



Hi, I’m **Tammy Anderson**. I started working at the University Kentucky in 2006 in the Department of Ophthalmology. I was Dept Administrator Associate for their Research Department until 2017. I left the University for 1 year and returned as College Financial Analyst in the CON Business office, where I have been since February 2018.

Outside of loving my job, I enjoy spending time with my beautiful family – my life! I have a most wonderful husband, Tim who I love spending time with. I have 2 beautiful daughters, Jennifer and Susan. Jennifer has two sons, Jacob 11 and Noah 9. Susan has 4 daughters; stepdaughter JaeLyne 12, Sydney 6, Mackenzie 3 and Avery 1 1/2. I love, love, love my grandbabies.



HAPPY MAY BIRTHDAY TO OUR STAFF



Brittany Fiero
May 5



Angela Knapp
May 7



Aimee Heffeld
May 8



Brett Macourt
May 9



I consider myself very fortunate to have my support from the staff of the College of Nursing.



ADD A LITTLE FUN TO YOUR NEXT ZOOM MEETING

Find yourself in daily Zoom meetings? Having trouble staying focused? Try this fun ZOOM BINGO game! Simply print the bingo card and use it to follow along during your next meeting. Believe me, you'll find yourself laughing as you play along ;-)

Zoom Meeting Bingo

FREE SPACE	"Can You Email That Out?"	"You're Muted!"	"I Got Thrown Out"	Distracting Virtual Background
"Sorry, Go Ahead"	Dogs Barking in Background	Kid-Bombing	Comment About Someone's House	"I Can't Hear You"
Raised Voices and Passion on a Topic	"I Have to Hop Off"	Someone Typing Loudly	"Can Everyone Please Mute?!"	The Same Person Continuously Interrupting
"Is _____ On?"	"Audio Cutting in and Out"	"We Can't See Your Screen"	Trouble Sharing Screen	"My Camera Isn't Working"
"I'm Confused"	"How do you _____ on Zoom?"	Excessive Head Shaking and Arm Waving	Awkward Silence	Someone Jumped Into Wrong Zoom Meeting

TAKE TIME FOR SELF-CARE

CON Work-Life Council – Be sure not to miss Zach Schmidt's monthly Work-Life update emails and videos!

CUK Self-Care Series – Visit <https://www.uky.edu/hr/selfcare> to learn more! (below is a screenshot, you must use <https://www.uky.edu/hr/selfcare> to open links)

MAY 27

Imagine U: Self-Care series "Cultivating Compassion"

JUNE 24

Imagine U: Self-Care series "Back to Breath"

JULY 22

Imagine U: Self-Care series "Don't Box Yourself In"

Free counseling services for employees

All workshops were developed by Ann and Rhonda. They'll be at each facilitating all the fun too!

As an employee, you have five free counseling sessions a year.



Ann Bassoni, LCSW

Therapist, University of Kentucky HR Work+Life
Connections Counseling

Schedule an appointment >



Rhonda Henry, CSW

Therapist, University of Kentucky HR Work+Life
Connections Counseling

Schedule an appointment >

UK Work-Life Events 2020! Find details at <https://www.uky.edu/hr/work-life/>

**May
27**

Imagine U: Self-Care series "Cultivating
Compassion"

🕒 11:30am to 1:00pm

Canceled

**May
28**

Midday Mingle

🕒 12:30pm to 1:30pm

**Jun
5**

Meditation in Motion "Tai Chi"

🕒 3:00pm to 5:00pm

**Jun
9**

Working parents online meeting

🕒 12:00pm to 1:00pm

**Jun
15**

Common Views - Online
Journaling/Photo Activity

🕒 (All day)

**Jun
16**

Care to Create: UKHC Self-care Series

🕒 12:00pm to 2:00pm

DID YOU KNOW?

Staff Holiday Schedule: Paid leave benefits are among an employee's total compensation package. In addition to vacation leave, the University offers paid holiday leave to eligible staff employees. [View the 2019-20 staff holiday schedule >](#)

Professional Development courses are offered to all UK employees on an open enrollment basis. [See our full list of courses >](#) Competency-based courses are designed to meet the University's goal to develop and retain excellent staffing. Courses provide all University employees the opportunity to strengthen job performance, build leadership capabilities, and foster personal and professional growth throughout their tenure at the University. Learn more at <https://www.uky.edu/hr/training/professional-development-training>

UK Employee Discount Program is offered in cooperation with businesses offering discounts or other incentives to University of Kentucky employees. A list of participating businesses can be found at <https://www.uky.edu/hr/benefits/more-great-benefits/employee-discount-program>

STAFF COUNCIL GOALS 2019-2020

1. Improve and increase communication among CON Staff
2. Identify partnerships for campus/community service
3. Create and foster CON staff engagement opportunities



Website: <http://www.uky.edu/nursing/about-us/our-staff/staff-council>

As always, we welcome your thoughts and ideas--simply email any of your CON Staff Council members!

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Andrea McCubbin, Chair akmccu0@uky.edu
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