

2020-2021 Lancaster Aquatic Center Website COVID-19 Policy:

During Phase 1 of reopening, our UK Community should expect limited hours, capacity, and amenities. We recommend you follow our Campus Recreation and Wellness FaceBook, Twitter, and Instagram. Or you can download the UK Recwell app onto your iPhone or Android, it is available from the App Store. The UK Recwell app will provide current information about Campus Recreation facilities.

To ensure compliance with Commonwealth of Kentucky and Center for Disease Control regulations, the following will be in effect for the reopening of the Lancaster Aquatic Center and will remain in use until further notice. We thank you in advance for your cooperation with each of these as we work to make our reopening as safe as possible.

Phase 1: Reserving Your Lane

UK Students, Faculty, and Staff must access UK [Campus Recreation and Wellness](#) and click on [Rec Well Services](#) to reserve lane space. You will need to click on **RESERVATIONS** to reserve your lap lane.

At the UK [Campus Recreation and Wellness](#) and click on [Rec Well Services](#) box, click the LOGIN button at the top right. If you're a UK affiliate (Student, Faculty, Staff), click Link Blue. If you're a non-UK affiliate (UK Spouse pool pass, BCTC Cooper Drive employee or VA Cooper Drive employee), click LOCAL to login.

1. All staff will wear face masks.
2. Staff will be monitored for illness when reporting for work, and will not be allowed to work if signs of COVID-19 are present.
3. Disinfectant wipes and hand sanitizer are available throughout our natatorium and inside bathrooms and locker rooms
4. Water fountain systems will be tested prior to reopening to ensure contamination is not present
5. Face masks are required for entry and must be worn in all common areas. That includes all lobbies, hallways, service counter area, offices, and locker rooms.
6. Users may remove their masks, when entering the water, but must put the mask back on immediately upon exit of the pool.
7. There will be a Lane Reservation system online to reserve your 30 minute swim time. Please log in to the <https://recwellservices.uky.edu/>. You must log in with your UK LinkBlue. A non-UK affiliate will click **LOCAL** to login. Your login is the email address you provided when you completed your membership and the temporary password "12345." (You will change your password for future logins.) Once you're logged in, click Reservations and then click which time and day you would like to reserve a lane for Lap Swim. You will receive an email confirmation after you have reserved your lane.

8. Please check your junk or spam folder if you are a non-UK member (UK Spouse pool pass or non UK affiliate Wildcat Masters).The email subject line for the login email will be **Lancaster Aquatic Center Login Information**. Use this in your search if our email did not come to your Inbox.
9. Once in the lobby area, you will swipe your ID or verbally give the staff person your number.They will enter your ID and confirm your ability to enter. There are physical distancing waiting indicators on the floor to indicate your position if there is a line to swipe your ID.
10. The lobby is no longer a waiting area.
11. Lobby benches have been removed to ensure required physical distancing wherever possible.
12. Please bring your own water bottle. Drinking stations will be closed, but bottle fill stations will still be available.
13. Traffic flow has been marked on the lobby floor. Please be aware of social distancing when in locker rooms to maintain better physical distancing.
14. Our occupancy will be limited to ONE PER LANE for lap swimming. There will be chairs on deck to indicate physical distancing and for your mask and towel while swimming.
15. High touchpoints are being cleaned with a CDC approved cleaning agent effective against the COVID 19 viruses.
16. There will be spray bottles to sanitize at multiple spots. Staff will be continually cleaning touchpoints but we ask users to assist us by spraying and wiping equipment after your use.
17. Limited # of showers will be open.
18. Towels available for check out. All towels are laundered with a CDC approved detergent.
19. CDC approved disinfecting wipes are available for use in the shower area. Please dispose of wipes in the trash container.
20. CDC approved disinfecting wipes are available for use when disinfecting toilet stall before and after use. Please dispose of wipes in trash containers and not in the toilets - OLD PIPES!
21. Users are encouraged to bring their own swim equipment. We will have available kickboards, pull buoys & fins for those who do not have them. Equipment will be sanitized after every use. There will be a SANITIZED bin and USED bin for shared equipment such as kickboards, pull buoys & fins.
22. Goggles are not available.
23. Blue Stretching Mats are not available.
24. Black Foam Rollers are not available
25. Water fountains are not available. Touch-less water bottle filling stations are open. Users are encouraged to bring a water bottle with them.

Swim lessons

Group swim classes will not be offered for the moment.

Private swim lessons will be offered but with changes. Our instructors will stay out of the water, the private lesson participant needs to be comfortable in the water on its own or a family member should be available to get in the water.

Lifeguarding classes and other American Red Cross certifications.

The LAC will continue offering lifeguarding classes as well as other ARC certifications in a blended learning environment. There will be lectures conducted throughout zoom and skill practice and test outs will be conducted at the LAC in small groups.

IMPORTANT! You must complete the eLearning content assigned by your instructor prior to attending each in-person skill session, and provide proof of completion to your instructor. You can do so in one of the following ways:

- Print out your online course completion record and show it to your instructor
- Login to your account and show the instructor the checkmark next to the assigned module(s) on your completion record
- For individuals who wish to complete all eLearning content prior to the first in-person skill session, show the email confirmation you received upon completing the eLearning content to your instructor (i.e. show on mobile phone, other device or via printed copy)

YOU MUST COMPLETE THE ASSIGNED ELEARNING MODULES AND PROVIDE PROOF OF COMPLETION TO YOUR INSTRUCTOR TO QUALIFY FOR THE IN-PERSON SKILLS SESSION!