Wildcat Masters  
Training Fall 2020

We recommend you follow our Campus Recreation and Wellness FB, Twitter, and Instagram. Please download our UKRecwell app. This will provide current and update information for our Campus Recreation facilities. All Wildcat Members are eligible to swim at Lancaster Aquatic Center during team practice (Sunday) and during Campus Recreation Lap Swim hours.

All current members will be required to re-submit a 21-22 membership application.

**Fall 2021 Reopening:**
Monthly Membership Fee of $35 for UK affiliates and $50 for Non-UK affiliates will include Sunday Team Practices and individual non-coached training during Campus Recreation Lap Swim. Memberships will be sold on a month to month option. Team Training will be offered on Sundays, 10am-11:30am (44 members).

**Lane reservation is not required at this time.**

**Membership Eligibility Training Options**

**Sunday Team Practice. Sunday.** Team practice 10-11:30am. Arrive ready to swim with your suit on and spend limited time preparing to swim! Team will train 2 persons per lane (starting at opposite ends) with a total of 22 lanes available for Sunday practice.

**Other options for Wildcat Masters team members: Recreation Lap Swim** in Lancaster Aquatic Center. Recreation Swim is available Monday – Sunday. Please use Campus Recreation website for swim hours.

To ensure compliance with Commonwealth of Kentucky and Center for Disease Control regulations, Fayette County Health Department and KY Healthy @ Work for Public Swimming and Bathing Facilities, the following will be in effect for the re-opening of the Lancaster Aquatic Center and will remain in use until further notice. We thank you in advance for your cooperation with each of these as we work to make our re-opening as safe as possible.

1. All staff will wear face masks. Lifeguards in lifeguard stands and stations will not be required to wear face masks, and will be required to wear when moving to next stand and station.
2. Staff will be monitored for illness when reporting for work, and will not be allowed to work if signs of COVID-19 are present.
3. Disinfectant wipes and hand sanitizer are available throughout our natatorium and inside bathrooms and locker rooms.
4. Water fountain systems will be tested prior to reopening to ensure contamination is not present.
5. Face masks are required for entry and must be worn in all common areas. That includes all lobbies, hallways, service counter area, offices, deck area, and locker rooms.
6. Users may remove their masks, when entering the water, but must put the mask back on immediately upon exit of the pool.

7. Upon arrival in the lobby area, you will swipe your ID at the table. There are physical distancing waiting indicators on the floor to indicate your position if there is a line to swipe your ID.

8. The lobby is no longer a waiting area. We prefer you wait outside the building after your swim if you are meeting others.

9. Lobby benches have returned, but please ensure required physical distancing wherever possible.

10. Please bring your own water bottle. Drinking stations will be closed, but touchless bottle fill stations will still be available.

11. Traffic flow has been marked on the lobby floor. Please be aware of social distancing when in locker rooms to maintain better physical distancing.

12. Occupancy will be limited to TWO PER LANE for Sunday team training/practices. Each person starting their practice from opposite ends of lane.

13. Occupancy will be limited to ONE PER LANE for Campus Recreation Lap Swim hours unless family members wish to swim together. Please respect space with other users.

14. There will be chairs on deck to indicate physical distancing and for your mask, training equipment, and towel while swimming.

15. Please enter and exit on the same end of the lane where you started your swim.

16. High touchpoints are being cleaned with a CDC approved cleaning agent effective against the COVID 19 viruses.

17. Limited # showers will be open.

18. Subject to Change without notice: Access to locker/changing area. Toilets, sinks and showers are available in Lancaster Aquatic Center.

19. Daily Use lockers will be available. Please use the provided spray bottles to sanitize before and after use.

20. Towels available for check out. All towels are laundered with a CDC approved detergent.

21. CDC approved disinfecting wipes are available for use in the shower area. Please dispose of wipes in the trash container.

22. CDC approved disinfecting wipes are available for use when disinfecting toilet stall before and after use. Please dispose of wipes in trash containers and not in the toilets.

23. Users are encouraged to bring their own swim equipment. We will have available kickboards, pull buoys & fins for those who do not have them. Equipment will be sanitized after every use. There will be a SANITIZED bin and USED bin for shared equipment such as kickboards, pull buoys & fins.

24. Goggles are not available.

25. Blue Stretching Mats are not available.

26. Black Foam Rollers are not available.

27. Water fountains are not available. Touch-less water bottle filling stations are open.