Lancaster Aquatic Center

Red Cross Lifeguard Review Schedule

416 Complex Drive, 40506
859.257.7940

University of Kentucky

Questions?? Email uky.lgi@gmail.com

Course Details
Lifeguarding
Lifeguard candidates must demonstrate excellent skills and knowledge to the objectives of the American Red Cross Guidelines. Participants will be proficient in the knowledge and skills necessary to perform skills pertaining to the following American Red Cross Certifications:
- Lifeguard Training
- CPR/AED for the Professional Rescuer
- First Aid
- Blood-borne Pathogens Training
- American Red Cross Lifeguarding manual will be provided to each participant and is included in the cost of course
- Final examinations must be passed with a score of eighty percent or above.

Prerequisites
- Candidates must be fifteen years of age on or before final scheduled session of the course.
- Swim 300 yards continuously using 100 yards freestyle (front crawl), 100 yards breast stroke and 100 yards of either breaststroke or freestyle
- Timed 20 yard brick retrieval in 1:40
- Current Cert or last day of course must be inside 30 days of expiring

General Information

FEES
Lifeguarding Recertification:
- UK Affiliate—$130
- Non-UK Affiliate—$150

Scheduling
Refer to each individual class for the schedule. Class times vary with each course.

Registration
Participants may register for course via phone or in person at the Membership Sales desk in the Lancaster Aquatics Center. Registration closes the Thursday prior to the start of the course.

Cancellation/Refunds
All courses require at least 3 participants to run. Cancellations made a week prior to the first day of class will be honored. After the first day of class, no refunds will be given. If there is an extenuating circumstance, the participant will speak with the Graduate Assistant.

Parking Info
Fridays use Parking Deck #7 (Sports Center Dr.) Sat/Sun Deck #1 on Cooper

Course Dates

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<tr>
<th>Course</th>
<th>Dates</th>
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<tbody>
<tr>
<td>LG Review #10</td>
<td>5/12 (9am-5pm)</td>
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<td>5/13 (12pm-5pm)</td>
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<td>LG Review #11</td>
<td>5/19 (9am-5pm)</td>
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<td>5/20 (12pm-5pm)</td>
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<tr>
<td>LG Review #12</td>
<td>6/9 (9am-5pm)</td>
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<td>6/10 (12pm-5pm)</td>
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<td>LG Review #13</td>
<td>6/23 (9am-5pm)</td>
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<td>LG Review #14</td>
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<td>7/15 (12pm-5pm)</td>
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All dates are flexible upon the discretion of the Lifeguarding Course Instructor.

If a schedule conflict occurs for a date arrangements may be made upon the approval of the Instructor.

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