COURSE DETAILS

Lifeguarding
Lifeguard candidates must demonstrate excellent skills and knowledge to the objectives of the American Red Cross Guidelines. Participants will be proficient in the knowledge and skills necessary to perform skills pertaining to the following American Red Cross Certifications:

- Lifeguard Training
- CPR/AED for the Professional Rescuer
- First Aid
- Blood-borne Pathogens Training
- American Red Cross Lifeguarding manual will be provided to each participant and is included in cost of course
- Final examinations must be passed with a score of eighty percent or above.

PREREQUISITES

- Candidates must be fifteen years of age on or before final scheduled session of the course.
- Swim 300 yards continuously using 100 yards freestyle (front crawl), 100 yards breast stroke and 100 yards of either breaststroke or freestyle
- Timed 20 yard brick retrieval in 1:40
- Current Cert or last day of course must be inside 30 days of expiring

Summer 2018

<table>
<thead>
<tr>
<th>COURSE</th>
<th>DATES</th>
</tr>
</thead>
<tbody>
<tr>
<td>LG Review #10</td>
<td>5/12 (9am-5pm) 5/13 (12pm-5pm)</td>
</tr>
<tr>
<td>LG Review #11</td>
<td>6/9 (9am-5pm) 6/10 (12pm-5pm)</td>
</tr>
<tr>
<td>LG Review #12</td>
<td>6/23 (9am-5pm) 6/24 (12pm-5pm)</td>
</tr>
<tr>
<td>LG Review #13</td>
<td>7/14 (9am-5pm) 7/15 (12pm-5pm)</td>
</tr>
</tbody>
</table>


c O U R S E  
D A T E S

FEES
Lifeguarding Recertification:
UK Affiliate—$110
Non-UK Affiliate—$130

SCHEDULING
Refer to each individual class for the schedule. Class times vary with each course.

REGISTRATION
Participants may register for course via phone or in person at the Membership Sales desk in the Lancaster Aquatic Center. Registration closes the Thursday prior to the start of the

CANCELLATION/REFUNDS
All courses require at least 3 participants to run. Cancellations made a week prior to the first day of class will be honored. After the first day of class, no refunds will be given. If there is an extenuating circumstance, the participant will speak with the Graduate Assistant.

PAYMENT
Payment must be made at the time of registration. Credit Card payments via phone are accepted.

LOCATION
All swim courses take place at the Lancaster Aquatic Center.

CLASS SUPPLIES
For Lifeguard and Lifeguard Review classes, bring a swimsuit, goggles, and a towel each day.

PARKING INFO
Fridays use Parking Deck #7 (Sports Center Dr.) Sat/Sun Deck #1 on Cooper

American Red Cross

Questions?? Email uky.lgi@gmail.com

All dates are flexible upon the discretion of the Lifeguarding Course Instructor. If a schedule conflict occurs for a date arrangements may be made upon the approval of the Instructor.