Red Cross Course Descriptions

**WATER SAFETY INSTRUCTOR COURSE**

With the completion of the WSI certification you will be able to instruct the following courses:

**Learn to Swim Course:** The program is designed for children over 6 years all the way up to adults, and students progress through the levels at their own pace, mastering the skills in one level before advancing to the next. Each level of our Learn-to-Swim class includes training in basic water safety and helping others in an emergency, in addition to stroke development.

**Preschool Aquatics:** Children ages 4 and 5 learn water safety, survival skills and foundational swimming concepts in a safe and fun environment. Skills are age-appropriate, allowing students to achieve success on a regular basis.

**Parent and Child Aquatics:** Developed for children 6 months to 3 years, Parent and Child Aquatics helps young children get ready to swim by emphasizing fun in the water. Parents and children participate in several guided practice sessions that help kids learn elementary swimming skills, including water entry, bubble blowing, front kicking, back floating, underwater exploration and more.

**Safety Training for Swim Coaches & Instructors:** As a swim coach, you are an expert at perfecting your swimmers’ strokes and shaving seconds off their times. You are also your team’s guide and leader, and this water safety training course is for that part of your job, with a particular focus on preventing and responding to emergencies while on the pool deck. Developed in collaboration with USA Swimming.

### COURSE

**Water Safety Instructor Course**  
(September 29th to October 2nd)

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<tr>
<th>COURSE</th>
<th>DATES/TIMES</th>
<th>PAYMENT</th>
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<tbody>
<tr>
<td>Water Safety Instructor Course</td>
<td>Friday, September 29th</td>
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<td>5:45 pm to 10:00 pm</td>
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<td>Saturday, September 30th</td>
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<td>Sunday, October 1st</td>
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<td>Monday, October 2nd</td>
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<td>5:00 pm to 9:00 pm</td>
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### General Information

**FEES**

- Water Safety Instructor Certification:  
  - UK Affiliate—$250  
  - Non-UK Affiliate—$270  
  *There is an additional $35.00 fee for the online modules*

**SCHEDULING**

There is a maximum class of 15 participants.

**REGISTRATION**

Participants can register by visiting, calling the Membership Sales desk, or online. Registration closes the Thursday prior to the start of the class.  
https://recwellservices.uky.edu/

**CANCELLATION/REFUNDS**

This course requires at least 4 participants to run. Cancellations made a week prior to the first day of class will be honored. After the first day of class, no refunds will be given. If there is an extenuating circumstance, the participant will speak with the Graduate Assistant.

**LOCATION**

The course will take place in the classroom and in the pool at the Lancaster Aquatic Center.

**CLASS SUPPLIES**

For the Water Safety Instructor Course, the Manuals will be provided. The participants are recommended to bring a bathing suit, pencil, and notebook.

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