The Academic Minor

Many departments have designed academic minors for the convenience of undergraduate students.

A minor is a structured group of courses that leads to considerable knowledge and understanding of a subject, although with less depth than a major. Some employers consider minors desirable, and the corresponding major requirements at the University may stipulate a minor. Some students choose to complement their major program with a minor in a related field or even in an entirely different field of interest. Students interested in pursuing an academic minor should contact their college dean’s office and the department responsible for the minor program for guidance and advising.

Please note that undergraduate students can only complete a minor in addition to and as a complement to a major. The University does not award stand-alone minors.

Minor in Coaching

The minor in Coaching requires 18 credit hours as follows:

**Required Courses**

- KHP 280 Introduction to Coaching ................................................................. 3
- KHP 395 Independent Study in Kinesiology and Health Promotion .......... 3
- KHP 300 Psychology and Sociology of Physical Education and Sport .................................................. 3
- KHP 580 Group Dynamics in Sport and Physical Activity ................. 3

**Electives**

Choose 6 or more hours from the following:

- KHP 190 First Aid and Emergency Care ........................................ 2
- KHP 205 Anatomy and Physiology for Health and Physical Education .... 3
- KHP 319 Sports Officiating ................................................................. 1
- KHP 340 Athletic Training ................................................................. 2
- KHP 350 Strength and Conditioning for Sports ................................. 3
- KHP 473 Management of Sport .......................................................... 3
- KHP 546 Physical Education Workshop ........................................... 3
- KHP 547 Psychology of Sport and Physical Activity ................................ 3