



FARM SAFETY CHECK

Eye Protection on the Farm

Eye injuries can translate into pain, loss of time, money, related eye diseases and possibly your eyesight. Wear proper eye protection where eye protection hazards are apparent. Become acquainted with proper first aid treatment for eye injuries and seek medical attention if there is an eye injury.

You and/or your employee(s) can use this form to complete safety checks on your farm. Use the form below to list additional safety checks you think are important when inspecting your farm. Keep the completed forms for follow-up, future reference and inspections. Additional copies of this form can be downloaded at:

<http://umash.umn.edu/umash-farm-safety-check/>

Potential Hazard OR Checklist Items	Yes	Needs Correction	Date Corrected or Notes
Do you work in a dusty environment which could include tasks such as feed grinding or haying? Safety glasses or goggles are important to protect your eyes.	<input type="checkbox"/>	<input type="checkbox"/>	
Do you grind or cut metal, cement or wood? Wearing safety glasses or goggles can prevent injuries resulting from small particles or objects striking or scraping the eye, like cement chips, metal slivers, and wood chips.	<input type="checkbox"/>	<input type="checkbox"/>	
Do you work with pesticides or other chemicals? Using chemically resistant goggles can help to prevent long-term adverse effects of chemical exposure to eyes. Be sure to read the label and use the recommended PPE appropriate for the chemical in use.	<input type="checkbox"/>	<input type="checkbox"/>	
Do you practice welding on your farm? Be sure to use a welding helmet with special filtering lenses that protect the eyes from the strong ultraviolet and infrared rays that can permanently damage eyes and cause blindness.	<input type="checkbox"/>	<input type="checkbox"/>	
Is your eye protection in good condition? Regularly inspect your PPE and replace it when worn. Make sure the eye protection fits properly and will stay in place.	<input type="checkbox"/>	<input type="checkbox"/>	
Are your tools in working order? Test tools to ensure that they work properly. Be sure that safety features (such as machine guards) are in place.	<input type="checkbox"/>	<input type="checkbox"/>	
Do you know first aid for eye injuries? The method of first aid needed depends upon the type of injury sustained. Let natural tears wash out specks or particles in the eye. Do not rub the eyes and see a physician if no improvement.	<input type="checkbox"/>	<input type="checkbox"/>	

Name of person completing safety check: _____ Date completed: ____/____/____

SEE THE NEXT PAGE FOR ADDITIONAL RESOURCES



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Additional Hazards	Yes	Needs Correction	Date Corrected or Notes
	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	

ADDITIONAL RESOURCES

Eye and Face Protection

Occupational Safety and Health Administration

<https://www.osha.gov/eye-face-protection>

Eye Protection for Agricultural Workers

Farm and Ranch eXtension in Safety and Health

<http://www.extension.org/pages/66976/eye-protection-for-agricultural-workers>.

Eye Protection for Farmers

National Ag Safety Database (NASD)

<https://nasdonline.org/1135/d000929/eye-protection-for-farmers.html>

Farming with a Visual Impairment

Ohio State University Extension

<https://ohioline.osu.edu/factsheet/AEX-981.16>

Pesticide Use and Age-Related Macular Degeneration in the Agricultural Health Study

National Library of Medicine; Environmental Health Perspectives

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5744702/>

Protective Eyewear for Pesticide Applicators

University of Florida IFAS Extension

<https://edis.ifas.ufl.edu/publication/PI287>

The facts and information provided are suggestions for your safety, but are in no way a comprehensive and exhaustive list of all actions needed to ensure your safety, and are not an endorsement of any products mentioned.

For additional Farm Safety Check topics and resources, visit: <http://umash.umn.edu/umash-farm-safety-check/>

To receive Farm Safety Check topics via email, join the UMASH email list at <http://umash.umn.edu/join-our-email-list>

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