

Proposed Syllabus
UK 101 ACADEMIC ORIENTATION SYLLABUS

Section:

Class Time:

Location: Zoom & Canvas

Instructor

Name: Dr. Rachael Deel

Pronouns:

Office Address: The 90 room 210

Phone: 859-218-6009

Email Address: Rachael.deel@uky.edu

Office Hours: Tuesdays 9:00-10:00am

Peer Instructor

Name:

Pronouns:

Groupme link:

Email Address:

Course Description

This course is designed to guide undergraduates in adjusting to the academic, social, and cultural life of the University of Kentucky. Transitioning from high school to college is challenging for many reasons, so UK 101 is here to teach students the skills and knowledge they need to be successful students. In UK 101 we aim to support your development as a successful UK student by focusing on:

- Your growth as a learner
- Your emotional and social wellbeing
- Your engagement with our diverse community

Student Learning Outcomes

Through lectures, discussions, exercises, and out-of-class assignments, UK 101 helps students reach the student learning outcomes listed below.

As a result of UK 101, students will:

1. Identify and pursue avenues and activities to engage with the University of Kentucky community.
2. Describe and evaluate their new collegiate learning environment and how to utilize campus resources to aid academic success and personal growth.
3. Recognize personal and social issues (e.g., alcohol, health and wellness, financial wellness), articulate healthy behaviors, and identify strategies to address these issues.
4. Examine individual backgrounds and experiences and recognize the value of engaging in a diverse community.

University of Kentucky Creed

As a Wildcat,

5. I *promise* to strive for academic excellence and freedom by promoting an environment of creativity and discovery.
6. I *promise* to pursue all endeavors with integrity and compete with honesty.
7. I *promise* to embrace diversity and inclusion and to respect the dignity and humanity of others.
8. I *promise* to contribute to my University and community through leadership and service.
9. I *promise* to fulfill my commitments and remain accountable to others.

Required Materials

Currently there are no required materials for UK 101. All readings will be provided via Canvas.

Technology Requirements

- MS Word 2003/2007/2010. Must have for Canvas compatibility! Download your one "free" (included in student fees) installation from <https://download.uky.edu/software.php?title=Microsoft%20Office%20365%20ProPlus> (For more assistance with Macintosh and MS compatibility issues, please email 218help@uky.edu, call 218-4357 for assistance or, better yet, go in person to ITS in the Hub of William T. Young library for hands-on help.)
- Access to a computer or tablet with keyboard (at home or on campus) is required, as you will be using your UK Link Blue computer account for e-mail communication with instructor and classmates, Canvas access and participation, Google docs access and account, library research, and required downloads of PDFs, handouts, and supplemental reading.
- Students must connect via a computer or tablet and must have a reliable webcam and a headset with microphone. A reliable high-speed Internet connection is required. A wired connection is preferable for ensuring a quality connection. Additional technical and personal requirements can be found on the the UK Learn Anywhere site (<https://learnanywhere.uky.edu/>). Students are expected to check our online course site (Canvas) and UK email a minimum of once a day for updates.

Course Format

This is an in-person, discussion-based class so attendance is necessary in order to be successful. Our schedule is built around the Academic Calendar, so we will have multiple weeks that class will not be held in order to allow you to focus on other key academic benchmarks including midterm preparation, connecting with your advisor, course registration, and final exams preparation.

Peer Instructors

Course instruction is led by your primary Instructor and Peer Instructor. Peer Instructors are undergraduate students who recently successfully completed UK 101 and have now taken on this leadership role in order to support other first year students' successful transition to UK. Peer Instructors will aid in facilitating lessons, activities in class, and assistance in completing assignments. They will also hold weekly study sessions to support the development of study groups amongst UK 101 students. While they will be familiar with all assignments and ready to help you be in successful in class, they will not grade assignments or have access to your grades.

Grading Criteria and Assignments

Grades for UK 101 are based upon the following:

Assignment	Suggested Range
Classroom Participation and Engagement Weekly in-class participation (activities and in-class discussions) <ul style="list-style-type: none"> • End of semester reflection • Other instructor determined activities 	20%
Major Assignments Wildcat Way Pathway <ul style="list-style-type: none"> • 4 progress reports Student Success Strategies Presentation How's It Going Reflection Paper Common Reading discussions	40%
Homework Syllabus Quiz HS vs. College Quiz Statement of Responsibility Grade Tracker Assignment Unconscious Bias Quiz Time Management Academic Literacy Quiz Study Session	40%

Grading Scale *(convert to points)*

A = 90% and higher

B = 80-89%

C = 70-79%

D = 60-69%

E = 59% and below

Midterm Grade

Your mid-term grade will be posted in MyUK by the deadline established in the Course Catalog.

Final Exam

There is no final exam. This course will provide you with the resources to prepare and plan for your final exams in other courses.

Submission of Assignments:

All assignments are due at the beginning of class on the assigned due date. Submission type will vary depending on the assignment, however all assignments are due in one of two forms: 1) Submitted on Canvas or 2) submitted as a hard copy in class. If for some reason you have trouble printing an assignment, email it to your instructor before the start of class for the assignment to be counted on time. You will need to bring the printed version to the following class. For hard copy and printed assignments, your instructor must have the paper copies in order to grade them. Failure to adhere to this deadline will result in a loss of points. Students with an excused absence may submit assignments the class period following their absence without any penalty. Assignments turned in late, without an excused absence, will receive a maximum of 50% credit.

Attendance Policy:

Students are expected to be present and actively engaged in both in-person, synchronous (zoom meetings) and asynchronous class work (via Canvas or otherwise). Attendance will be taken at each synchronous or in-person class meeting.

Unexcused absences will negatively impact your grade in the course. Students are only permitted to accumulate up to 2 unexcused absences in the class without a point deduction. Unexcused absences will not allow students to make up any missed points. For the third and each subsequent unexcused absence 5% or X points will be deducted from your final grade.

Excused absences will allow students to make up those participation points within one week of the missed day(s). Documentation must be provided within one week of missed day(s) in order to be provided the opportunity to make up any missed points. Senate Rule 5.2.4.2 defines the following as acceptable reasons for excused absences:

1. Serious illness;
2. Illness or death of a family member;
3. University-related trips;
4. Major religious holidays;
5. Interviews for full-time job opportunities post-graduation and for graduate or professional school;

6. Other circumstances you find to be “reasonable cause for nonattendance”

Responsibility for Missed Information, Work and/or Exams: Students missing any graded work due to an excused absence are responsible for: informing their instructor about their excused absence within one week following the period of the excused absence (except where prior notification is required); and for making up the missed work. The instructor must give the student an opportunity to make up the work and/or the exams missed due to the excused absence, and shall do so, if feasible, during the semester in which the absence occurred. The instructor shall provide the student with an opportunity to make up the graded work and may not simply calculate the student's grade on the basis of the other course requirements, unless the student agrees in writing.

Statement in support of Diversity, Equity, and Inclusion (TBD)

Title IX Information

The University of Kentucky faculty are committed to supporting students and upholding the University's non-discrimination policy.

Discrimination is prohibited at UK. If you experience an incident of discrimination, we encourage you to report it to Institutional Equity & Equal Opportunity (IEEO) Office, 13 Main Building, 859-257-8927.

Acts of Sex- and Gender-Based Discrimination or Interpersonal Violence

If you experience an incident of sex- or gender-based discrimination or interpersonal violence, we encourage you to report it. While you may talk to a faculty member or TA, RA, UK 101 and 201 Peer Instructors, etc., understand that as a "Responsible Employee" of the University these individuals MUST report any acts of violence (including verbal bullying and sexual harassment) to the University's Title IX Coordinator in the IEEO Office (859-257-8927). If you would like to speak with someone who may be able to afford you confidentiality, the Violence Intervention and Prevention (VIP) program (Frazee Hall – Lower Level; [VIP Center](#); 859-257-3574), the Counseling Center (106 Frazee Hall, [UK Counseling Center](#); 859-257-8701), and University Health Service (830 S. Limestone; [Student Health](#); 859-323-2778) are confidential resources on campus.

Academic Integrity

Per University policy, students shall not plagiarize, cheat, or falsify or misuse academic records. Students are expected to adhere to University policy on cheating and plagiarism in all courses. The minimum penalty for a first offense is a zero on the assignment on which the offense occurred. If the offense is considered severe or the student has other academic offenses on their record, more serious penalties, up to suspension from the University, may be imposed.

Plagiarism and cheating are serious breaches of academic conduct. Each student is advised to become familiar with the various forms of academic dishonesty as explained in the University Bulletin and the Student Code of Conduct. Complete information can be found at the following website: <http://www.uky.edu/Ombud>. A plea of ignorance is not acceptable as a defense against the charge of academic dishonesty. It is important that you review this information as all ideas borrowed from others need to be properly credited.

Senate Rule 6.3.1 (see [Senate Rules](#) for the current set of Senate Rules) states that all academic work, written or otherwise, submitted by students to their instructors or other academic supervisors, is expected to be the result of their own thought, research, or self-expression. In cases where students feel unsure about a question of plagiarism involving their work, they are obliged to consult their instructors on the matter before submission.

When students submit work purporting to be their own, but which in any way borrows ideas, organization, wording, or content from another source without appropriate acknowledgment of the fact, the students are guilty of plagiarism.

Plagiarism includes reproducing someone else's work (including, but not limited to a published article, a book, a website, computer code, or a paper from a friend) without clear attribution. Plagiarism also includes the practice of employing or allowing another person to alter or revise the work, which a student submits as their own, whoever that other person may be. Students may discuss assignments among themselves or with an instructor or tutor, but when the actual work is done, it must be done by the student, and the student alone.

When a student's assignment involves research in outside sources or outside information, the student must carefully acknowledge exactly what, where, and how they have employed them. If the words of someone else are used, the student must put quotation marks around the passage in question and add an appropriate indication of its origin. Making simple changes while leaving the organization, content, and phraseology intact is plagiaristic. However, nothing in these Rules shall apply to those ideas, which are so generally and freely circulated as to be a part of the public domain.

Please note: Any assignment you turn in may be submitted to an electronic database to check for plagiarism.

Accommodations Due to Disability

If you have a documented disability that requires academic accommodations, please see me as soon as possible during scheduled office hours. In order to receive accommodations in this course, you must provide me with a Letter of Accommodation from the [Disability Resource Center](#) (DRC). The DRC coordinates campus disability services available to students with disabilities. It is located on the corner of Rose Street and Huguelet Drive in the Multidisciplinary Science Building, Suite 407. You can reach them via phone at 859-257-2754 and via email at drc@uky.edu.

Basic Needs Statement

Any student who has difficulty affording groceries or accessing sufficient food to eat every day, or who lacks a safe and stable place to live, and believes this may affect their performance in the course, is urged to contact the Dean of Students for support (859-218-NEED or basicneeds@uky.edu). Furthermore, please notify the instructor if you are comfortable in doing so. This will enable the instructor to provide any resources available.

Major Assignments

Wildcat Way Pathway – In order to foster habits and behaviors that will help you be a successful student, you will be required to participate in a BBNvolved pathway designed to connect you to events, resources, activities, and services across campus. Students will have

multiple options to self-select what best meets their goals. Students will earn points for engaging with their pathway by submitting 4 progress reports (25 points each) throughout the semester that display the experiences, events, or organizations in which they have engaged. Students should have attended at least 2 experiences/events/organizations by the first report, 2 more by the second report, 2 more by the third report, and 1 more by the fourth report. There are four components of the pathway (students can satisfy the required experiences/events/organizations in any order they choose):

- Academic Success (2 required activities/events)
- Social and Campus Engagement (2 required activities/events)
- Health and Wellbeing (2 required activities/events)
- Career and Professional Development (1 required activity/event)

Wildcat Way Pathway Presentation – Students will choose one activity, event, resource, or service in which they engaged from their pathway and found to be particularly useful. Then, students will develop a 3 slide presentation with a video and/or voice over answering the following questions:

- Describe the event, resource, or service
- What drew you to participate?
- What were your expectations?
- How has your attendance/participation impacted your success as a student?
- What do you want other students to know about this event, resource, or service?

How's it Going Reflection – Write a one-page, double-spaced reflection about your first few weeks as a UK student... use these questions as prompts for your thoughts.

- *Looking back over the past several weeks, how has your experience at UK fit with your expectations of college?*
- *What have been some of the adjustments?*
- *What have you changed about your study strategies?*

Homework Assignments

Quizzes:

- Syllabus Quiz
- Highschool vs. College Quiz
- Academic Literacy Quiz
- Unconscious Bias Quiz

Other:

- Statement of Responsibility
- Grade Tracker

- Time Management assignment

Sample Schedule (part of term course)

Date	Class description	Assignments
<p><i>WEEK 1 - Introduction</i> 1/25 Day 1: Welcome to UK 101 & Reading a Syllabus</p> <p>1/27 Day 2: Tracking Grades</p>	<ul style="list-style-type: none"> • Review course expectations • Practice Grade Tracker 	<p>Submit Statement of Responsibility</p> <p>Syllabus Quiz</p>
<p><i>WEEK 2 - Introduction</i> 2/1 Day 1: Wildcat Way & Student Success</p> <p>2/3 Day 2: Community Guidelines & Intro to Diversity, Equity, and Inclusion</p>	<ul style="list-style-type: none"> • Introduce Wildcat Way • What does a successful student do? • Self-reflection on your learning style and habits • Create community guidelines • Introduction to UK's principles of diversity, equity, and inclusion 	<p>Highschool vs. College Quiz</p> <p>Common Reading #1</p>
<p><i>WEEK 3 – Community Building</i></p> <p>2/8 Day 1: Unconscious Bias Part 1</p> <p>2/12 Day 2: Unconscious Bias Part 2</p>	<ul style="list-style-type: none"> • Unconscious Bias parts 1 & 2 	<p>UB quiz due</p> <p>Wildcat Way check-in #1 due</p>
<p><i>WEEK 4 – NO CLASS</i></p>		<p>Engage with the Wildcat Way</p>

		<p>Meet with an Integrated Success Coach</p> <p>Attend your professor's office hours</p> <p>Make sure you have completed SAPU and Alcohol Edu</p>
<p>WEEK 5 - Academic Success 2/22 Day 1: Academic Literacy Part 1</p> <p>2/24 Day 2: Academic Resources</p>	<ul style="list-style-type: none"> • Introduction to institutional language (GPA, withdrawals, tutoring, Common Hour exams, Academic Alerts, review DEI, etc.) • Academic Resources & Policies Scavenger Hunt • Wildcat Way check-in 	<p>How's It Going Reflection Due</p> <p>Wildcat Way check-in #2 due</p> <p>Academic Literacy quiz due</p>
<p>WEEK 6 - Academic Success 3/1 Day 1: Study Cycle 3/3 Day 2: Wellbeing and Academic Success</p>	<ul style="list-style-type: none"> • Preparing for midterms • Introduction to defining wellbeing and academic success • Wellbeing resources & activities 	<p>Grade Tracker due</p>
<p>WEEK 7 – Academic Success</p>	<ul style="list-style-type: none"> • Building resiliency • Growth mindset 	<p>Time Management homework due</p>

3/8 Day 1: Procrastination & Academic Rebounding 3/10 Day 2: Growth mindset	<ul style="list-style-type: none"> • Weekly time tracker 	
Week 8 – NO CLASS 3/15-3/19		<p>Complete midterms</p> <p>Attend tutoring/meet with study groups</p> <p>Check in with your Integrated Success Coach</p>
Week 9 - Wellbeing & Community Building 4/5 Day 1: Active Bystander 4/7 Day 2: Financial wellbeing	<ul style="list-style-type: none"> • Supporting your community as an active bystander • Financial wellbeing now and preparing for the future • Perspective-taking 	
Week 10 – Academic Success 3/22 Day 1: Post-midterm success 3/24 Day 2: Goal Setting	<ul style="list-style-type: none"> • Midterm review • Wildcat Way check-ins • Setting SMART Goals 	Grade tracker due
WEEK 11 – Wellbeing 4/5Day 1: Wellbeing and academic success 4/7Day 2: Stress Management & Sleep Techniques	<ul style="list-style-type: none"> • Common Reading discussion 	Common Reading due
WEEK 12 – Instructor choice – TBD		Wildcat Way Check-in #3 due
Week 13 – NO CLASS 4/12 - 4/16		Meet with your advisor

		Register for Fall classes
<p>WEEK 14 – Academic Success</p> <p>4/26 Day 1: Introduction to High Impact Practices & planning for finals</p> <p>4/28 Day 2: Course reflection and moving forward</p>	<ul style="list-style-type: none"> • HIP and learning • UK & HIP programming • Making a plan for successful finals • Reflection on major takeaways from this course and strategies for implementing skills 	<p>Grade tracker due</p> <p>Wildcat Way check-in #4 due</p> <p>In-class reflection assignment due</p>
<p>WEEK 15 – OFF</p> <p>HAPPY FINALS WEEK!</p>		