

DECEMBER 8 & 9, 2020

WOMXN+ CONFERENCE

BREAKING BARRIERS
BUILDING BRIDGES

*Registration
Guide*



W O M X N +

*This alternative spelling to women includes not only cis women, but trans women, non-binary, people of color and female-identified individuals. The swapping of letters promotes **inclusivity** and the + represents our allies that help advance our mission of creating a space to discuss relevant issues and using collective problem solving and educational opportunities to empower and champion **womxn**.*

**BREAKING
BARRIERS**



**BUILDING
BRIDGES**

WHO WE ARE

Our Mission

Since the beginning, the UK Women's Forum has existed to create an equitable community at the University. As the role of women in the workplace continues to evolve, our commitment remains the same: creating space to discuss relevant issues and using collective problem solving and educational opportunities to empower and champion women.

Our Vision

We envision a network of empowered employees, working together to serve and build a University community that values equality by providing an inclusive environment for conversations about issues of concern for women. To accomplish these goals, the UK Women's Forum aims to:

- › Deliver dynamic and accessible professional development for all employees.
- › Provide financial awards to assist and encourage continuing education.
- › Recognize and celebrate employees in diverse areas at UK, regardless of gender identification, race, or ethnicity.
- › Create space for open dialogue, challenging conversation, and uplifting the voices of marginalized populations on campus.

Our Roots

In 1987, a small group of dedicated women planted and nurtured an idea for a University-wide women's network. Officially created in 1991, the Women's Forum was established as a place of open discussion, creativity and collective problem solving. The roots of the Forum were deeply embedded in the hope that all UK employees would "...find a fertile and equitable haven for their ideas, energies, and talents." (Susan Stempel, a founding Women's Forum Chair).

During the first year of its establishment, Women's Forum members surveyed over 1,800 University women on various issues and established the first UK Staff Appreciation Day. Since then, members of the Women's Forum have dedicated their time and talents to making the University a better place for women to work by recognizing and celebrating outstanding University women through the annual Sarah Bennett Holmes Award ceremony and luncheon; giving voice to issues through appointments in numerous committees; educating women on issues through the annual conference, monthly professional development opportunities, and monthly board meetings; and providing critical development and networking opportunities to its membership.

TUESDAY, DECEMBER 8, 2020

1:00 PM *Chair's welcome, Jennifer Edwards*

1:05 PM *President's welcome, Eli Capiluto*

1:20 PM ***From Tragedy to Triumph: Encouraging Womxn to Overcome,***
Judge Pamela Goodwine

Session 1

2:00 PM

Negotiating for Career and Salary Advancement at UK,
Joe Labianca

Intercultural Communication: Connecting With Students & Colleagues From Different Cultures,
Summer Eglinski

Living With Grief, Anxiety, Depression, and OCD: Taking Steps Toward Better Mental Health,
Martina Vasil

3:00 PM

Break 1

Session 2

3:15 PM

Singular THEY is OKAY: Practical Approaches for Creating Inclusivity for all Genders,
Melanie Miller,
Amanda Schagane

Working Women: Dialing Down Stress with Healthy Habits,
Natalie Jones,
Emily DeWitt,
Rachel Gillespie

Scholars in Administration: Navigating Advocacy, Intellect, and Creativity,
Chelsea Brislin,
Nicole Martin

Session 3

4:00 PM

Wellness for Life: Practical Strategies for Women,
Amy DiLorenzo,
Asha Sheno

Conscious Uncoupling: How to Walk Away from a Career That You Just Don't Love Anymore,
Jillian Faith

I Believe in Stories, Cities, and Whiskey, Neat: An Inclusive Look at Personal Branding,
Kristie Colon

Work-Life in Real-Time,
Azetta Beatty

Session 4

7:00 PM

Hosting A Happy Hour,
Amanda Humphrey

Yoga Hour,
Jackie Hanson



WEDNESDAY, DECEMBER 9, 2020

Session 5

8:00 AM

Break These Oppressive Chains: Detecting and Correcting Bias Within Institutional Walls,
Christina Walker

Are You Working to LIVE? Or LIVING to Work?,
Davin Hausley

Calling for Creative Writing Artist and Being Authentic to Ourselves "Its Okay Not to be Okay!",
Candace Owens

An Examination of Race, Barriers, Mentoring, and Leadership Styles of Women as Leaders in Academia,
Vanessa P. Jackson,
RayeCarol Cavender

8:30 AM

Break 2

Session 6

8:45 AM

Examining Positive Means of Effective Communication & Active Listening in Regard to the Social & Political Constructs of Race,
Lisa Long,
Heather Jeffries

Surviving to Thriving: Claiming Your Space,
Domonique Cudjo

Art Therapy for Stress Relief,
Fran Belvin

10 Career Mistakes to Avoid,
Caroline Francis,
Amanda Schagane

LinkedIn/LinkedOut: How to Build a Knockout Profile and Network Yourself into Your Dream Job,
Ashley Murphy-Gei

9:30 AM

Break 3

Session 7

9:45 AM

Watch Out: The 7 Biggest Stumbling Blocks Women Face in Leadership + Life... Plus How to Fix Them,
Colene Elridge

Understanding Microaggressions & Other Isms Toward Professional Women of Color at PWIs,
Carol Taylor-Shim

From Barriers to Bridges to Breakthroughs - True Stories Around Ally Development,
Nicole Keenan,
Trenika Mitchell,
Kristie Colon

Pressing Fourward,
Becky Arce,
Billie Swanner

10:45 AM

Break 4

11:00 AM

Board Chair's closing, Drew Ard

11:05 AM

Vice President for Student Success, Kirsten Turner

11:10 AM

Keynote Address, Trisha Clement-Montgomery

11:55 AM

Closing, Thank You, & Evaluation
2021 Conference Chair - Sarah Alergia
2020 Evaluation Subcommittee Chair - Franny Henkel



KEYNOTE SESSIONS

Tuesday, Dec. 8, 2020 @ 1:20 PM

From Tragedy to Triumph: Encouraging Womxn to Overcome

Judge Pamela Goodwine

This will be a motivational session with a focus on overcoming tragedy and obstacles to achieve personal goals. Judge Goodwine will share her personal story, as well as her thoughts on the pressing social issues of today.

Wednesday, Dec. 9, 2020 @ 11:10 AM

Keynote Address

Trisha Clement-Montgomery

Description coming soon!

KEYNOTE SESSIONS



You can read more about the speakers starting on page 13



Negotiating for Career and Salary Advancement at UK

Joe Labianca

In this presentation, Joe will discuss career advancement and strategic negotiation. Joe will go into the strategies and tactics behind salary negotiations, as well as look into how UK determines salaries and the strategies and tactics to use to advance one's career.

Intercultural Communication: Connecting With Students & Colleagues From Different Cultures

Summer Eglinski

This presentation describes some of the theory surrounding the understanding of different cultures globally. We ask questions about how participants relate to these ideas and how they see these concepts playing out in their environments and within themselves.

Living With Grief, Anxiety, Depression, & OCD: Taking Steps Toward Better Mental Health

Martina Vasil

Dr. Vasil's experience during the loss of her sister three years ago, took her on a journey of grief, anxiety, and depression that exacerbated her OCD. Although she is still on a personal journey to better mental health, she has discovered that her death strangely provided her with tools and coping mechanisms that have served her well during our present crisis. This session has four objectives: (1) to provide participants with some foundational information on grief, depression, anxiety, and OCD; (2) to lead participants through self-care activities that may help them process grief, soothe anxiety, stop or reduce OCD tendencies, and aid in emerging from depression or depressive episodes, (3) provide time for participants to share experiences with each other, and (4) provide time for participants to make at least one actionable step for the coming week that will help their mental health.



Singular THEY is OKAY: Practical Approaches for Creating Inclusivity for All Genders

Melanie Miller & Amanda Schagane

New to this topic? Not to worry! In this session we will discuss foundational concepts around gender identity and expression. Terms like 'Non-Binary', 'Transgender', 'Cisgender', 'they' as a singular pronoun and more will be defined. Strategies and best practices for professionals to create a more inclusive environment will be shared.

Working Women: Dialing Down Stress With Healthy Habits

Natalie Jones, Emily DeWitt, & Rachel Gilespe

This presentation aims to offer guidance to improve work-life balance and daily stress. By way of nutrition and physical activity habits, we will explain the connection between what we put in our bodies and how it impacts the multitude of roles we as women play. Additionally, we will facilitate a short movement and meditation that can be done right at your desk, or at any point throughout the day when you just need to take a breather. Our goal is to provide a comprehensive approach to work-life balance so all women can prioritize their health and achieve personal and professional equity.

Scholars in Administration: Navigating Advocacy, Intellect, & Creativity,

Chelsea Brislin & Nicole Martin

Drawing from their experiences in centralized administrative roles, Drs. Brislin and Martin will discuss how they have managed to walk a line—weaving together scholarly and administrative expertise to effect change, create dynamic programs, and offer high-impact experiences for students, staff, and faculty at the University of Kentucky. They will also address the challenges associated with navigating this balance. While sharing their own stories and strategies, they plan to dedicate much of their time to answering relevant questions from others who may be considering how to find balance in their own scholarly and creative interests and identities on a college campus.



Wellness for Life: Practical Strategies for Women

Amy Dilorenzo & Asha Shenoi

Attendees at this presentation will discuss and reflect on multiple components of individual wellness, understanding the evidence for incorporating wellness strategies, and identify wellness strengths, opportunities for improvement, and strategies for success in maintaining work-life balance. This session will address Womxn+ in the pursuit of advancing the health and wellness of ALL women at the University of Kentucky.

Conscious Uncoupling: How to Walk Away from a Career that You Just Don't Love Anymore

Jillian Faith

Just like a breakup in a romantic relationship, making the decision to leave a position or career can be fraught with tension, guilt, and uncertainty. This session will address the pros and cons of "conscious uncoupling" from a career and provide tools for self-reflection and goal-setting. This session will include videos, at least 1 self-reflection activity, and group discussion.

I Believe in Stories, Cities, & Whiskey, Neat: An Inclusive Look at Personal Branding

Kristie Colon

The presentation could technically fall under "career advancement" when you consider the role personal branding plays in our ability to move effectively within an organization. A piece of the presentation touches on code-switching in the workplace and the heteropatriarchy history of what many of us call "professionalism." The presentation will include Mentimeter activities to allow for audience participation and real-time feedback.

Work-Life in Real-Time

Azetta Beatty

Work-Life management has always been an important part of enjoying everyday life. The truth is no one's story is alike. This session will help participants identify what matters to them in their everyday life. We will explore solutions, strategies and outlets to sustain a sense of calm, achievement and purpose.



SESSION 4 (1 HOUR)

Tuesday, Dec. 8, 2020 @ 7:00 PM

Hosting a Happy Hour

Amanda Humphrey

Amanda Humphrey, Education and Drinks Program Manager, with Maker's Mark will lead a class to create a delicious cocktail and mocktail. Those who sign up will be provided recipes ahead of time and can make the cocktail and mocktail alongside Amanda and/or just enjoy the show. Amanda will also provide entertainment and cocktail hour hosting tips. After her class, she'll also be available for a question and answer session.

Yoga Hour

Jackie Hanson

Feeling hopeless, then elated, then sad, then energized? Perfect! Let's move our bodies and settle our minds in whatever state it may be in at the moment. Take a pause...restore the goodness within. In this session, we will do a gentle Yoga practice and a bit of breathing and meditation around compassion, loss, uncertainty and the momentum of hope and where hope can grow in your present moment. Get a mat, something that makes you feel cozy, a journal and mark a date in the calendar with yourself to be alone and quiet.

EVENING
PROGRAMMING



SESSION 5 (30 MINUTES)

Wednesday, Dec. 9, 2020 @ 8:00 AM

Break These Oppressive Chains: Detecting & Correcting Bias within Institutional Walls

Christina Walker

Creating a sense of belonging for all persons regardless of race, sexual orientation, citizenship or natural origin, gender, disability, etc. within our university must be prioritized. Accordingly, through the use of socially and culturally relevant real-world examples and engagement via audience polling, this presentation will discuss how staff and faculty at every level can break barriers and build bridges by joining together in deliberate and thoughtful action to identify non-inclusive, hegemonic institutional regulations and policies.

Are You Working to LIVE? Or LIVING to Work?

Davin Hausley

This presentation will discuss how work +life balance demands new skills from our organization and teams. It will also address ethical concerns behind various approaches to teaching these new skills and instructional strategies that challenge employees to move beyond their generic, and sometimes monocultural, view of balance, communication and toward approaches that are more culturally inclusive at UK.

Calling for Creative Writing Artist & Being Authentic to Ourselves "Its Okay Not to be Okay!"

Candace Owens

This session will be a brief bio of challenges that Candace faced with detailed slides and how resilience and self-introspection helped change her life. Candace is on the the Staff Engagement committee and wants to create a creative writing platform for UK Employees to express creativity. The session will be on "finding what helps each of us cope", self-care, and utilizing resources that employers provide, and releasing creativity.

An Examination of Race, Barriers, Mentoring, & Leadership Styles of Women as Leaders in Academia

Vanessa P. Jackson & RayeCarol Cavender

The present number of women of color in academic leadership has not changed very much. The core of this study is to provide information about African Americans such that academic leadership would seek to develop strategies for seeking and training women of color for success in upper leadership.



SESSION 6 (45 MINUTES)

Wednesday, Dec. 9, 2020 @ 8:45 AM

Examining Positive Means of Effective Communication & Active Listening in Regard to the Social & Political Constructs of Race

Lisa Long & Heather Jeffries

The discussion will culminate with recommendations and talking points about ways to actively listen and effectively communicate with those outside of your race. The presenters will examine the impact that racial trauma and the social and political construction of race have had on causing the aforementioned divide.

Surviving to Thriving: Claiming Your Space

Domonique Cudjo

This session will explore how to claim your space at home, a space that you know is yours to conquer your work responsibilities and other important self-motivating goals. Participants will learn how to maximize their skillsets to balance work and life during a time of uncertainty in a space they create for themselves to thrive.

Art Therapy for Stress Relief

Fran Belvin

Art Therapy for Stress Relief will offer fun art activities and group sharing as a way to reduce stress and inspire creativity. This workshop will lead participants in several simple art therapy interventions which will relax, inspire, and re-energize you. No art experience is needed.

10 Career Mistakes to Avoid

Caroline Francis & Amanda Schagane

Join Caroline Francis, Director of the University of Kentucky's Alumni Career Services program, and Amanda Schagane, Associate Director of Alumni Career Services, as they share 10 career mistakes to avoid. We have all made some mistakes on the "Top 10" list. This fun, interactive session will help you dodge future career mistakes and be more proactive in managing your career.

LinkedIn/LinkedOut: How to Build a Knockout Profile & Network Yourself into Your Dream Job

Ashley Murphy-Gei

LinkedIn has over 500 million members. Two new users join every second. Are you tapping into your full networking potential on LinkedIn? This session will address how to build a robust profile and strategies for using LinkedIn to network yourself into new job leads.

Watch Out: The 7 Biggest Stumbling Blocks Women Face in Leadership + Life... Plus How to Fix Them

Colene Elridge

This workshop identifies the major stumbling blocks women face in leadership and life. You'll learn the #1 thing that's holding you back, how to shift your mindset and actions for success, the most important thing to start doing as a leader, and how to start seeing yourself as the woman you are meant to be.

Understanding Microaggressions & Other Isms Toward Professional Women of Color at PWIs

Carol Taylor-Shim

Black, Indigenous and Women of Color (BIWOC) must navigate a higher education landscape in which microaggressions, microinsults and microinvalidations occur on a frequent if not daily basis. In this session, the presenter will share their experiences working at the intersections of race, gender, ethnicity and how those experiences impact BIWOC and women who identify as or have been identified as white. In addition, ally and accomplice identities will be explored as well as ways in which BIWOC can be cared for and supported during these racially traumatic times.

From Barriers to Bridges to Breakthroughs - True Stories Around Ally Development

Nicole Keenan, Trenika Mitchell, & Kristie Colon

In this session, we will describe our personal road to allyship: the physical and social barriers that existed and still exist, the persistence, creativity, and actions taken to supersede the barriers and build bridges, and the breakthroughs that have occurred both within our personal relationships and College due to our commitments.

Pressing Fourward

Becky Arce & Billie Swanner

In an hour session, Billie & Becky will walk participants through our 4 step process for goal setting into 2021. Participants will be challenged to Reflect on 2020, work towards a Reset of their habits and goals, partner to Reinforce, and establish a starting point for a 2021 Rise. As each step is covered, participants will be challenged to answer a set of questions and think about actions they can take to Rise.



GETTING TO KNOW THE KEYNOTE SPEAKERS



Judge Pamela Goodwine

Kentucky Court of Appeals

(She/Her/Hers)

Judge Pamela R. Goodwine began her studies at the University of Kentucky in January of 1980. Despite many tragedies and obstacles, Judge Goodwine graduated with honors from the University of Kentucky, Carol Martin Gatton College of Business in 1991. She graduated from the University of Kentucky College of Law in 1994. She was admitted to practice law in the Commonwealth of Kentucky in October 1994.

Judge Goodwine was employed by the law firm of Wyatt, Tarrant & Combs from 1994 until her appointment to the bench in August of 1999. Judge Goodwine became the first African American female to be appointed and subsequently elected to the bench in Fayette County, Kentucky. Prior to her appointment to the bench, Judge Goodwine chaired the Kentucky Commission on Human Rights. She also served as a commissioner of that agency. Judge Goodwine became the Chief Regional District Judge in December 2002.

Judge Goodwine was elected to the Fayette Circuit Court in November 2003 to complete an unexpired term. She was elected to a full term in November 2006. Judge Goodwine served as Vice-Chief of the Fayette Circuit Court from 2006-2016. In December of 2016, she became Chief Judge of the Fayette Circuit Court. From 2011 to 2018, Judge Goodwine volunteered to preside over a Kentucky Specialty Court to help individuals battling addiction overcome its stigma.

In November of 2018, Judge Goodwine was elected to the Kentucky Court of Appeals for the 5th Appellate District, which covers 11 counties, including Anderson, Bourbon, Boyle, Clark, Fayette, Franklin, Jessamine, Madison, Mercer, Scott and Woodford counties.



Trisha Clement-Montgomery

Acting Dean of Students

(She/Her/Hers)

Trisha Clement-Montgomery has spent the past 15 years working to create environments that promote undergraduate student success. She has seen firsthand the benefits of collaborative leadership, particularly between student affairs and academic units. She has completed both her Master's and Ed.D degrees while working in the Office of Residence Life. She currently serves as the acting Dean of Students at the University of Kentucky.



OUR EVENING PROGRAMMING SPEAKERS

Session 4



Amanda Humphrey

Maker's Mark

Bio coming soon!



Jackie Hanson

Health Coach/Wellness Specialist

Jackie's passion is to encourage people to see and live in their truest essence as it relates to health and well-being. She encourages people to nourish body, mind and spirit and to live freely and lightly as our souls were meant to live.



GETTING TO KNOW THE SESSION SPEAKERS



Joe Labianca (He/Him/His)

Session 1

Giuseppe (Joe) Labianca earned his Ph.D. at Penn State University, where he was a research fellow in the Center for Research on Conflict and Negotiation. Joe's main research stream focuses on conflict and negotiations within a network of ongoing relationships. Joe consults and teaches on a wide variety of negotiation situations, including job offers. Joe provides pro bono consulting on negotiations throughout campus, focusing on female faculty and staff. He serves as a board member and instructor in UK's Women's Executive Leadership Development (WELD) program. Joe served previously on UK's President's Commission on Women and the Work-Life Advisory Council.



Summer Eglinski (She/Her/Hers)

Summer has been passionate about intercultural communication for years. She studied abroad three times as a student, and taught English in France for a year after her bachelor's degree. She has more than 10 years of experience working in higher education including advising, mentoring, and teaching. She has been at UK since 2011 and has served as the Director of Gatton Global Initiatives since 2015. Her credentials include a MEd in Higher Education Administration and a BA in Theatre, both from the University of Kansas.



Martina Vasil (She/Her/Hers)

Martina Vasil, PhD, is Assistant Professor of Music Education and Division Coordinator—Department of Music Education and Music Therapy at the University of Kentucky. She teaches collegiate courses in general music, popular music education, and qualitative research and music preK–6 at Lexington Montessori School. After losing her sister in 2017, Martina has spent the last three years experiencing and striving to better understand grief, stress, anxiety, OCD, and depression.



Melanie Miller (She/Her/Hers)

Session 2

Melanie Miller, is currently a PHD student in Counseling Psychology. In all areas of her work as a researcher, clinician, teacher, and advocate she specializes in access to satisfactory employment and mental health treatment for underserved groups.

GETTING TO KNOW THE SESSION SPEAKERS



Amanda Schagane (She/Her/Hers)

Amanda Schagane has been at UK in career services since 2010. Amanda earned the Certified Career Counselor (CCC) and Certified Clinical Supervisor of Career Counseling (CCSCC) credentials from the National Career Development Association and has served as past-president for the Kentucky chapter of the organization. Amanda served 3+ years writing for the Business Monday section of the Lexington Herald-Leader sharing expertise on job-related topics for working professionals. She earned a Certificate in Business Administration, MEd in Counseling Psychology, and BA in Psychology from UK.



Natalie Jones (She/Her/Hers)

As a health and fitness professional, Natalie Jones believes in lifestyle balance. Natalie takes pride in motivating others to achieve their health goals, in return allowing them to live more fully on every level of life. Natalie has experience working with a wide variety of populations through many different health domains; including strength and conditioning programming, corporate wellness, health and wellness coaching, and student health services



Emily DeWitt (She/Her/Hers)

Emily DeWitt is a Registered Dietitian and Extension Associate at the University of Kentucky where she primarily works on the CDC High Obesity Program project in the Department of Family and Consumer Sciences. With a background working in both rural and urban areas, she enjoys working with communities to establish positive attitudes toward nutrition and health. Through policy, systems, and environmental (PSE) strategies, she believes we can impart change and create healthier lifestyles for generations to come.



Rachel Gillespie (She/Her/Hers)

Rachel Gillespie joined the Department of Family Consumer Sciences and works primarily on the CDC High Obesity Program project focusing on community programming and implementation of evidence-based strategies to target obesity. As a University of Kentucky alumna with both a Bachelor's Degree in Dietetics and a Master's Degree in Nutrition and Food Systems, Rachel developed a niche in research and community nutrition work, with a particular focus on food environments and systems. She has worked extensively with rural areas and food insecure communities and actively works to improve health status and chronic disease prevalence with innovative approaches in these communities

GETTING TO KNOW THE SESSION SPEAKERS



Chelsea Brislin (She/Her/Hers)

Chelsea L. Brislin currently serves as the Associate Director of the Gaines Center for the Humanities. Dr. Brislin graduated from the University of Kentucky in 2011 with a Bachelor of Arts degree in Art History and French before beginning her Master of Arts at New York University, where she graduated in 2013. She went on to earn her PhD from the University of Kentucky, focusing her dissertation on representations of Appalachia in North American media. She is an affiliate faculty with the UK Appalachian Center and regularly teaches upper-level coursework on Appalachian Women, Appalachian Literature and Visual Literacy.



Nicole Martin (She/Her/Hers)

Dr. Martin completed her doctorate at the University of Texas at Austin in performance studies and African & African Diaspora studies. She is currently an Assistant Professor of Gender and Women's Studies (Adjunct Series) and a faculty affiliate for the African American and Africana Studies program here at the University of Kentucky. She joins IEDE having worked previously as Director of Academic Affairs and Lecturer for the Lewis Honors College, and as a faculty instructional consultant in the University of Kentucky's teaching and learning center (CELT) to advance inclusive pedagogy in the classroom. In her role as director, Dr. Martin hopes to be a catalyst for collective organizing around the ideas and practices that demand our attention toward justice.



Amy DiLorenzo (She/Her/Hers)

Session 3

Amy DiLorenzo serves as the Graduate Medical Education Assistant Dean for Educational Innovation and Scholarship and is a Senior Lecturer for the Department of Anesthesiology at the University of Kentucky. Amy has a Ph.D. in Educational Leadership Studies and her doctorate research focused on servant leadership and supporting medical resident well-being. She is an Education Specialist with experience in quality improvement, simulation, and curriculum development. Amy has been a co-investigator on several grants related to resident knowledge acquisition, educational development, and patient safety. She has been featured for multiple speaking engagements on quality improvement, learning techniques, and educational methodology.



Asha Shenoi (She/Her/Hers)

Dr. Asha Shenoi is an Associate professor of Pediatrics, Division of Pediatric critical care and Assistant Dean, Clinical Learning Environment for Graduate Medical Education at the University of Kentucky. Dr. Shenoi's research interests include Physician wellbeing, ICU Quality and safety, and critical care education initiatives in resource-limited settings. Since joining UK Healthcare in 2013, Shenoi has served on various local, regional and national committees. She also serves on various national task forces and was the past chair of the SCCM Pediatric Online Education Committee.

GETTING TO KNOW THE SESSION SPEAKERS



Jillian Faith (She/Her/Hers)

Jillian spent 10 years as a housing and residence life professional before making the career leap to alumni affairs in the fall of 2019. In her previous roles in student affairs she regularly coached students and professionals on how to establish career paths that would ignite passions, honor values, and bring joy. Jillian used that same advice to land a position as the first Alumni Coordinator for the University of Kentucky College of Public Health. Jillian is a proud Appalachian, Hufflepuff, and first-generation alumna. In her free time she enjoys traveling, crafting, and hanging out with her partner and two cats.



Kristie Colón (She/Her/Hers)

Kristie Colón has a passion for the “it can’t be done” marketing challenges. She has worked with healthcare professionals and industry experts from Seattle to Silicon Valley, helping companies develop their marketing strategies and effectively hone their messages. Her efforts have resulted in product features in O, The Oprah Magazine, Business Insider, and The Doctor’s television show. Kristie is currently the Communications Director and Co-Chair of the DEI Taskforce at the UK College of Pharmacy.



Azetta Beatty (She/Her/Hers)

Azetta is a native of Tuskegee, AL. She is a wife and mother of three. She has a B.S in Human Development and a M.S. in Family Studies. As the HR Manager in the HR Office of Work-Life, she really enjoys supporting UK employees. Some of her roles over the last 20 years include career development, training and development, human resources, management, cooperative extension services and nonprofit development. She has completed many professional trainings and certifications. Her main goal in life is to always be true to herself while positively impacting the lives of others



Christina Walker (She/Her/Hers)

Session 5

Christina S. Walker is a licensed attorney and doctoral student in Communication. Her research addresses pertinent issues intersecting law/regulation, communication, and culture. Her recent publications focus on sexual harassment policies, and stereotypes surrounding domestic violence related to race and same-sex couples. Full-time, Christina analyzes compliance, regulation and policy. Part-time, Christina engages in private legal practice. Formerly, Christina served in the U.S. Army where she led logistical operations and trained personnel while deployed in support of Operation Iraqi Freedom. Christina has worked in government and successfully served as a judicial clerk for the Honorable Judge Pamela R. Goodwine.

GETTING TO KNOW THE SESSION SPEAKERS



Davin Hausley (She/Her/Hers)

Davin has been a community health and wellness beacon in the Central Kentucky region since her first wellness class in college in 2008 and taking that passion to lead the community and corporate wellness classes as a student at the University of Louisville to local neighborhoods. COVID-19 Pandemic caused a quick pivot leaving the sunshine skies of -Los Angeles, California behind upon accepting a position at the University of Kentucky Healthcorps as a Wellness Connector. Davin brings the light, the expertise, passion, resourcefulness, and education to contribute to solutions to adapt to the new normal of what work + life balance looks like today.



Candace Owens (She/Her/Hers)

Candace has worked for UK for 16 years. She has been through many challenges but always manages to succeed. Candace had 9 abdominal surgeries; one where she died on the operating table in 2016. She is a single mom to an awesome little boy who saved her. She loves writing poetry and spreading joy and happiness and was recently elected for a 3-year term on the Staff senate engagement committee. Her goal is to spread happiness and hope to the ones who need it. Candace hopes that today you can learn to be resilient and that ANYTHING is possible! You can make your dreams come true, everything is up to you.



Vanessa P. Jackson (She/Her/Hers)

Vanessa Prier Jackson is chair and professor in the Department of Retailing and Tourism Management in the College of Agriculture, Food, and Environment at the University of Kentucky. She also serves as the director of faculty diversity and inclusion in the college. Her current research focuses on soft skill development for student competitiveness in entry-level positions in the human sciences. Dr. Jackson has conducted and published research on African American women in leadership and the barriers they experience.



RayeCarol Cavender (She/Her/Hers)

Dr. RayeCarol Cavender holds a B.S. in Merchandising Management with a minor in Spanish from Virginia Tech, a M.S. in Consumer Affairs with a minor in International Studies from Auburn University, and a Ph.D. in Apparel Business from Virginia Tech. She also has extensive experience in customer service in the hotel and restaurant industries. Dr. Cavender is an Assistant Professor in the Department of Retailing and Tourism Management at the University of Kentucky. Her research interests include the brand management of luxury fashion goods, sustainable development in the retail sector, and pedagogical best practices for fostering diversity, equity and inclusion.

GETTING TO KNOW THE SESSION SPEAKERS



Lisa Long (She/Her/Hers)

Session 6

Lisa G. Long is a criminal justice adjunct professor at North Carolina A&T State University, Elizabeth City State University (NC), and Greenville University (IL). Lisa earned her PhD in criminal justice with a concentration in behavioral science from Nova Southeastern University. Her master's degree is in Justice Administration from Methodist University. She also has a Bachelor of Arts degree with a double major in Sociology and Print Journalism from the University of Kentucky. Previously, she worked as a criminal intelligence analyst. She has conducted workshop and training events surrounding the topics of sex trafficking and effective communication and active listening.



Heather Jeffries (She/Her/Hers)

Heather Jeffries is a 15-year veteran in the field of social work, experienced in working with a variety of populations, ranging from very young children to older adults. Heather is a licensed social worker, and earned her master's degree from UK. She is currently a Social Work Case Manager at UK Hospital. Her previous work includes providing services to older adults in an independent living setting, teaching a parenting program to inmates at a local minimum-security prison, and working on the frontlines as a Child Protective Services worker. She was a co-author of an article on senior bullying published in 2018.



Domonique Cudjo (She/Her/Hers)

Domonique Cudjo is a Resident Director for the Office of Residence Life at the University of Kentucky. Prior to beginning her work at UK, she earned her B.A. in English with minors in Creative Writing and World Literature from Florida Gulf Coast University, and her M.Ed. in College Student Personnel from Ohio University. Her passion lies in helping others find their voice and being their best possible selves. Domonique's professional favorites are: mentorship, personal development, mindfulness, and storytelling. If anyone ever needs a pick me up, she is there with a quote to turn their day around. In her free time she enjoys decorating her planner, writing poetry, and going to local coffee shops.



Fran Belvin (She/Her/Hers)

Fran Belvin is a Licensed Professional Art Therapist at UK since 2014. She treats patients at Chandler Hospital and Eastern State Hospital. Practicing art therapy since 1997, Fran has served families, children, adolescents and adults. Previously she provided bereavement services through hospice, practiced in the substance abuse field, and was in private practice. Fran also served as a member of the Kentucky Board of Licensure for Professional Art Therapists 2000-2004 and as chair of the Board from 2007 to 2012.

GETTING TO KNOW THE SESSION SPEAKERS



Caroline Francis (She/Her/Hers)

Caroline Francis, Ed.S., Director of the University of Kentucky Alumni Career Services program is a Certified Career Counselor (CCC), Certified Career Services Provider (CCSP), Global Career Development Facilitator (GCDF), and Board Certified Coach (BCC) with over 20 years of experience working with adults and students in all stages of career transition. In her Alumni Career Services role with the University of Kentucky, she assists individual clients, develops career-related programming, and writes regular columns for the UK Alumni magazine. In 2013, she co-founded the Central Kentucky Job Club, which is still going strong. Caroline has an Ed.S., M.S. and B.B.A. from the University of Kentucky.



Ashley Murphy-Gei (She/Her/Hers)

Ashley is an alumna of the University of Kentucky and worked as a Social Media and Recruitment Intern in the College of A&S during her time in graduate school for a master's in social work. Her collegiate experiences ignited her passion to support student's access to services and career options to help students succeed and achieve their higher education goals. After leaving for a position working with community college students, Ashley was thrilled when her dream position in Career Advising became available at her alma mater and has been with you UK for 2.5 years.



Colene Elridge (She/Her/Hers)

Session 7

Colene Elridge, aka Coach Colene's decade-plus of HR experience, led to her being known as "the fixer"- she's called to help organizations and leaders create better workplaces, productive teams, and aligned results. Her career in government focused on successfully investigating harassment and discrimination complaints and implemented strategies that resulted in more diverse and inclusive workplaces. She was also called on to lead a nationally recognized leadership development program that resulted in 80% promotions among graduates. She is the CEO of Be More Consulting.



Carol Taylor-Shim (She/Her/Hers)

Carol Taylor-Shim is a nationally known equity and inclusion practitioner, advocate, and consultant with more than 15 years of experience in the arena of social and racial justice. Carol serves as the Director of Office of Equity, Inclusion and Social Justice, a unit within Student Success, at the University of Kentucky (UK). She has worked with universities, colleges, community organizations, and state and local governmental agencies as they work to embrace anti-racist, anti-oppression practices. Carol is the recipient of the UK NAACP Intentional Excellence Award, UK Inclusive Excellence Staff Award, Sister Circle Fearless Award, Dr. Evelyn J. Black Award for Outstanding Staff Achievement, Martin Luther King Center Women's History Honoree Award and a Bluegrass Black Pride Trailblazer Award. Carol is also a 2019 Lexington Fairness Hall of Fame inductee. She was a finalist for the 2019 University of Kentucky Outstanding Staff Award Staff Recognition.

GETTING TO KNOW THE SESSION SPEAKERS



Nicole Keenan (She/Her/Hers)

Nicole Keenan is a career counseling expert with a flair for fun. When she's not helping young professionals discover their strengths, you'll find her advocating for well-being and personal growth. In her current role as Director of Student Success & Career Development at the UK College of Pharmacy, she combines her unique education, positive attitude, encouraging spirit, and 17 years of career counseling to help students pave their own way to have a fulfilling career. Her career background includes; teaching, designing and teaching online courses, recruiting, counseling, career development, academic advising, mentoring, and leading and supervising teams.



Trenika Mitchell (She/Her/Hers)

Dr. Trenika Mitchell received her Doctor of Pharmacy degree from the University of Mississippi. Upon graduation, she completed a Pharmacy Practice Residency at the University of Kentucky Chandler Medical Center. She is currently a clinical associate professor in the University of Kentucky's Pharmacy Practice and Science Department and is the Assistant Dean for Diversity and Inclusion for the College of Pharmacy.



Becky Arce & Billie Swanner (She/Her/Hers)

Becky and Billie are the Co-Founders and Co-CEOs for Fourward Progress Solutions. Becky received her Bachelors Degree in Business Management with a focus on Project Management from the University of Phoenix and has spent over 18 years in the Financial Services Industry with a deep expertise in Project Management and Executive Coaching. Billie received her Bachelor's Degree in Communications from Eastern Kentucky University and has worked at the executive level for a human services company for the past eight years as well as a major role in Learning and Development. Their true passion is helping others achieve their highest level of success through coaching, mentorship and leadership development. They both started Fourward Progress with their husbands who both play major roles within the company. Will and Becky have a son who is graduating from UK this semester. Go Cats! Richie and Billie have a daughter who is a Freshman at ECU and a daughter in 5th grade.

