

# LANCASTER AQUATIC CENTER

## RED CROSS LIFEGUARD COURSE SCHEDULE

416 Complex Drive, 40506  
859.257.7940

University of Kentucky

Questions?? Email [uky.lgi@gmail.com](mailto:uky.lgi@gmail.com)

### COURSE DETAILS

#### Lifeguarding

Lifeguard candidates must demonstrate excellent skills and knowledge to the objectives of the American Red Cross Guidelines. Participants will be proficient in the knowledge and skills necessary to perform skills pertaining to the following American Red Cross Certifications:

- Lifeguard Training
- CPR/AED for the Professional Rescuer
- First Aid
- Blood-borne Pathogens Training
- American Red Cross Lifeguarding manual will be provided to each participant and is included in cost of course
- Final examinations must be passed with a score of eighty percent or above.

### PREREQUISITES

- Candidates must be fifteen years of age on or before final scheduled session of the course.
- Swim 300 yards continuously using 100 yards freestyle (front crawl), 100 yards breast stroke and 100 yards of either breaststroke or freestyle
- Timed 20 yard brick retrieval in 1:40

## Spring 2018

### COURSE

### DATES

#### LG #1

2/16 (5pm-9pm)  
2/18 (9am-5pm)  
2/23 (5pm-9pm)  
2/25 (9am-5pm)

#### LG #2

3/2 (5pm-9pm)  
3/4 (9am-5pm)  
3/9 (5pm-9pm)  
3/11 (9am-5pm)

#### LG #3

3/30 (5pm-9pm)  
4/1 (9am-5pm)  
4/6 (5pm-9pm)  
4/8 (9am-5pm)

#### LG #4

4/13 (5pm-9pm)  
4/14 (9am-5pm)  
4/15 (12pm-5pm)  
4/22 (9am-5pm)

### General Information

#### FEES

Lifeguarding Certification:

UK Affiliate—\$250  
Non-UK Affiliate—\$270

#### SCHEDULING

Refer to each individual class for the schedule. Class times vary with each course.

#### MISSED CLASS

There are no make up lessons if a participant must miss class due to his or her scheduling conflicts.

#### PAYMENT

Payment must be made at the time of registration. Credit Card payments via phone are accepted.

#### LOCATION

All swim courses take place at the Lancaster Aquatic Center.

#### CLASS SUPPLIES

For Lifeguard and Lifeguard Review classes, bring a swimsuit, goggles, and a towel each day.

#### REGISTRATION

Participants may register for course via phone or in person at the Membership Sales desk in the Lancaster Aquatics Center. Registration closes the Thursday prior to the start of the

#### CANCELLATION/REFUNDS

All courses require at least 3 participants to run. Cancellations made a week prior to the first day of class will be honored. After the first day of class, no refunds will be given. If there is an extenuating circumstance, the participant will speak with the Graduate Assistant.

#### PARKING INFO

Fridays use Parking Deck #7 (Sports Center Dr.) Sat/Sun Deck #1 on Cooper

*All dates are flexible upon the discretion of the Lifeguarding Course Instructor. If a schedule conflict occurs for a date arrangements may be made upon the approval of the Instructor.*

